

CIRCULAR:-

A reference is invited to the scheme of papers at the B.A. degree course under the revised pattern vide this office Circular No.UG/130 of 2000 dated 16th May, 2000 and the Principals of the affiliated colleges in Arts and Professor-cum-Director, Institute of Distance Education are hereby informed that the recommendation made by the Board of Studies in Logic and Philosophy at its meeting held on 9th March, 2005 has been accepted by the Academic Council at its meeting held on 14th June, 2005 vide item No.4.31 and that in accordance therewith the syllabus in the subject of Philosophy Paper VI-Yoga-Its Philosophy and Applications and Paper IX-Living Ethical Issues at the T.Y.B.A. examination is modified as per Appendix and that the same has been brought into force with effect from the academic year 2005-2006.

MUMBAI-400 032

3rd August, 2005

AC/4.31/14.06.05

To,

The Principals of the affiliated colleges in Arts , and Prof-Cum-Director, Institute of Distance Education .

for REGISTRAR

No.UG/ 305 -A of 2005, MUMBAI-400 032

3rd August, 2005

Copy forwarded with compliments for information to :-

- 1) The Dean, Faculty of Arts
- 2) The Chairman, Board of Studies in Logic and Philosophy

Copy to :-

for REGISTRAR

The Director, Board of College and University Development, the Deputy Registrar (Eligibility and Migration Section), the Director of Students Welfare, the Personal Assistants to the Vice-Chancellor, the Pro-Vice-Chancellor, the Registrar and the Assistant Registrar, Administrative sub-center, Ratnagiri for information .

The Officer on Special Duty-cum-Controller of Examinations (10 copies), the Finance and Accounts Officer (2 copies), Record Section (5 copies), Publications Section (3 copies), the Deputy Registrar, Enrolment, Eligibility and Migration Section (3 copies), the Deputy Registrar, Statistical Unit (2 copies), the Deputy Registrar (Accounts Section), Vidyarnagari (2 copies), the Deputy Registrar, Affiliation Section (2 copies), the Director, Institute of Distance Education. (2 copies) the Director University Computer Center (IDE Building), Vidyarnagari, (2 copies) the Deputy Registrar (Special Cell), the Deputy Registrar, (PRO) . the Assistant Registrar, Academic Authorities Unit (2 copies) and the Assistant Registrar, Executive Authorities Unit (2 copies) . They are requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to in the above Circular. separate Action Taken Report will be submitted.

14.6.05

UNIVERSITY OF MUMBAI

SYLLABUS FOR PHILOSOPHY

**PAPER VI – YOGA –ITS PHILOSOPHY
AND APPLICATIONS,**

**PAPER IX - LIVING ETHICAL
ISSUES AT THE T.Y.B.A.**

(with effect from the academic year 2005-2006)

PHILOSOPHY – Paper VI (Applied Component)

The title of the paper will be YOGA – ITS PHILOSOPHY AND APPLICATIONS

Unit I:

1. Yoga – its meaning and aim – Concepts and misconnects of yoga.
2. Types of yoga:
 - a. Janan Yoga / Karma yoga / Bhakti yoga / Mantra yoga / Japa yoga.
 - b.
 - i) The nature and role of 'AUM' (pranava- the mystic syllable
 - ii) Reflections on 'WHO AM I?' (with reference to the yoga- sutra of patanjali, Chandogya upanishad and Mandukya Upanishad).

Unit II:

3.
 - a) Nature of chitta and chitta vrttis - Five kinds of vrittis
 - b) Nature of chitta – matri / karuna / mudita / upeksha.
 - c) Purification of chitta – maitri / karuna / mudita / upeksha
 - d) Five chitta-bhumis.
4. Kriya yoga – its function and importance.

Unit III:

5. Yama and niyama - their nature and types- their ethical and spiritual significance in yoga philosophy
6. Asanas – Pranayama – Pratyahara – their description and advantages.
7. Dhyana / dharana / Samadhi – meditational techniques/process of contemplation and concentration – Type of Samadhi.

Unit IV:

8. The place of God in Patanjali yoga – concept of Kaivalya.
9. Applications of yoga:
 - a. For memory and personality development.
 - b. For dealing with ailments and psychosomatic disorders.
 - c. For relaxation (techniques) and stress management.

The question paper will consist of none question of twenty marks each the student will have to attempt four questions in all, choosing one from each unit. Question no.9 will be to write notes on two out of four options.

Note:

Student will be required to visit the Yoga unit at the University's Department of Philosophy at the Kalina campus for practicals, consisting of two sessions in each term. Each session will be of four hours. This will be a part of the students' internal assessment/project consisting of 20 marks, and a certificate from the university's department to this effect will be mandatory. (The University Department will organize the practicals to groups of colleges in each term in consultation with colleges).

T.Y.B.A. – PHILOSOPHY (paper IX – Applied component)

The title of the paper shall be **Living ethical issues** OR **Current ethical issues**
OR **Contemporary ethical issues.**

Unit I:

- 1 a) A general outline of the current philosophical issues in general and ethical issues in particular.
- b) Importance of the study of:
 - i) Bio-socio ethics;
 - ii) Environmental ethics;
 - iii) Professional ethics.
- 2 Professional and vocational ethics:
Principles of business ethics.
 - a) Code of conduct for:
 - i) Legal profession.
 - ii) Politicians.
 - iii) Police force.
 - C) Freedom of thought and expression.

Unit II:

- 3 a) Suicide – is it justified?
- b) Euthanasia – its advantages and disadvantages.
- 4 a) Abortion – sex determination tests – is abortion and its Legalization justifiable?
- b) Surrogate motherhood – its moral implications.

Unit III:

5. Human attitude to nature – A general outline of the following viewpoints:
 - i) Hindu
 - ii) Jaina
 - iii) Buddhist
 - iv) Judaic-Christian
 - v) Industrial and Post-industrial society

- 7 Moral responsibility of man towards: i) Nature
ii) Animal and vegetable kingdom.
iii) Future generations.

Unit IV:

- 8 Cloning and organ transplant – the ethical implications involved.
9 Contemporary trends in environmental philosophy:
i) Ecofeminism.
ii) Land ethics.
iii) Deep ecology.
iv) Animal liberation (movements against cruelty to animals).

The question paper will consist of nine questions of twenty marks each and the students will have to attempt four questions in all, choosing one from each unit. Question no.9 will be to write notes on two out of four options. The students will also be expected to do a project /internal assessment of 20 marks.

Books:

- 1 Ethics Today – Harold Titus.
- 2 Living Issues in Philosophy – Harold Titus.
- 3 Encyclopedia of Bio-Socio Ethics -4 volumes.
- 4 Encyclopedia of Bio-ethics-Warren T Reich (The Free Press, N.York, 1978).
- 5 Taking Sides: Clashing views on controversial bio-ethical issues-Lavine Carol (The Dushkin publishing Group, Guilford (USA).

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