

A REPORT ON



University of Mumbai
NAAC A++

Department of Education

Organises
A Lecture on

*The Teacher Within:
Vedantic Wisdom for Tomorrow's Educators*

The Sculptors of Young Minds and Hearts

Discover the timeless wisdom of Vedanta for educators!



Speaker: Mr. Sameer Jadhav

Founder, Arsha Sanskar Gurukulam at USA

Deeply engaged in Vedantic studies &
Bhagavad Gita teachings

Wed, 2nd
April, 2025

Venue: Conference Hall,
Department of Education

From
2.00 to 4.00 pm

We welcome student-teachers, teachers and educators to join us in exploring the teacher within and embracing the wisdom that lasts a lifetime!

2nd April 2025

THE TEACHER WITHIN: VEDANTIC WISDOM FOR TOMORROW'S EDUCATORS

On April 2, 2025, the Department of Education, University of Mumbai organized a talk titled '*The Teacher Within: Vedantic Wisdom for Tomorrow's Educators, Shaping Young Minds and Hearts*', an insightful session by Mr. Sameer Jadhav, Engineer by profession and Founder of Arsha Sanskar Gurukulam, USA. The interactive talk invited participants to explore Vedantic teachings and awakened the teacher within. Held in the Conference Hall from 2:00 PM to 4:30 PM, the event was graced by the presence of 54 participants including student-teachers, teachers, teacher educators and principals from various teacher education institutions. The session encouraged deep reflection on self-awareness and its role in shaping not only educators but also the young minds they guide.

The event commenced with the ceremonial lighting of the lamp, followed by the university song and a warm welcome address by Dr. Ashwini Karwande, Head, Dept. Of Education, University of Mumbai. The lecture delved into fundamental Vedantic principles, emphasizing the importance of objective thinking – seeing and dealing with situations as they are, without attaching meaning or judgement. The speaker urged attendees to detach from desires, recognize emotions as transient, and cultivate a state of balance and contentment that comes from within. It was also emphasized that religion is nothing but a way of living rightly, guiding us to make ethical choices in life.

A key takeaway was the need for self-inquiry – learning about ourselves beyond our thoughts and emotions. The discussion highlighted how identification with the mind rather than the body brings clarity, and how our thoughts, actions, and behavior should be consciously guided. The speaker also introduced the idea of unlearning and unwinding as pathways to restoring our natural state of happiness and mental equilibrium. Above all, the reason we study Vedanta, as the speaker explained, is to remove suffering from human life and uncover a deeper sense of peace.

The session concluded with the compelling story of the *Princess of Kashi*, which carried a profound message: true happiness doesn't reside in the external world but within us. The world we chase for joy is an illusion, much like the princess, and what we truly long for is our inner self – a source of pure, unchanging happiness. The story served as a powerful reminder to look inward for lasting fulfillment.

A reflective exchange followed the talk, allowing participants to share their thoughts and questions with the speaker. As the discussion unfolded, it became clear that this was more than just an academic discourse – it was a call to embrace teaching as a path of inner growth. Light refreshments added to the warmth of the gathering, making space for meaningful conversations. The event concluded with a heartfelt vote of thanks, appreciating the efforts of everyone who made the session possible and a group picture captured the essence of the day.

Glimpses of the Talk







Thank You!!