



Re- accredited with A ++ Grade (CGPA 3.65) by NAAC
Category- I University Status awarded by UGC

No. AAMS_UGS/ICC/2024-25/226

Date: 05th February, 2025

CIRCULAR:-

Attention of all the Principals of the Affiliated Colleges, Directors of the Recognized Institutions and the Head, University Departments is invited to this office Circular No. AAMS_UGS/ICC/2024-25/04 dated 11th June, 2023 relating to the NEP UG & PG Syllabus.

They are hereby informed that the recommendations made by the Board of Studies in Psychology at its meeting held on 10th December, 2024 and subsequently passed by the Board of Deans at its meeting held on 30th December, 2024 vide item No. 5.1 (N) have been accepted by the Academic Council at its meeting held on 27th January, 2025 vide item No. 5.1 (N) and that in accordance therewith to introduce 4 Credit Minor Course for B.A. (Psychology) M1-M2 (Scheme-II) for Sem I as per appendix (NEP 2020) with effect for the academic year 2024-25.

(The said circular is available on the University's website www.mu.ac.in).

MUMBAI – 400 032
05th February, 2025


(Dr. Prasad Karande)
REGISTRAR

To,

The Principals of the Affiliated Colleges, Directors of the Recognized Institutions and the Head, University Departments.

AC 5.1 (N) /27/01/2025

Copy forwarded with Compliments for information to:-

- 1) The Chairman, Board of Deans,
- 2) The Dean, Faculty of Humanities,
- 3) The Chairman, Board of Studies in **Psychology**,
- 4) The Director, Board of Examinations and Evaluation,
- 5) The Director, Department of Students Development,
- 6) The Director, Department of Information & Communication Technology,
- 7) The Director, Centre for Distance and Online Education (CDOE), Vidyanagari,
- 8) The Deputy Registrar, Admissions, Enrolment, Eligibility & Migration Department (AEM).

Copy forwarded for information and necessary action to :-	
1	The Deputy Registrar, (Admissions, Enrolment, Eligibility and Migration Dept)(AEM), dr@eligi.mu.ac.in
2	The Deputy Registrar, Result unit, Vidyanagari drresults@exam.mu.ac.in
3	The Deputy Registrar, Marks and Certificate Unit,. Vidyanagari dr.verification@mu.ac.in
4	The Deputy Registrar, Appointment Unit, Vidyanagari dr.appointment@exam.mu.ac.in
5	The Deputy Registrar, CAP Unit, Vidyanagari cap.exam@mu.ac.in
6	The Deputy Registrar, College Affiliations & Development Department (CAD), deputyregistrar.uni@gmail.com
7	The Deputy Registrar, PRO, Fort, (Publication Section), Pro@mu.ac.in
8	The Deputy Registrar, Executive Authorities Section (EA) eau120@fort.mu.ac.in He is requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to the above circular.
9	The Deputy Registrar, Research Administration & Promotion Cell (RAPC), rapc@mu.ac.in
10	The Deputy Registrar, Academic Appointments & Quality Assurance (AAQA) dy.registrar.tau.fort.mu.ac.in ar.tau@fort.mu.ac.in
11	The Deputy Registrar, College Teachers Approval Unit (CTA), concolsection@gmail.com
12	The Deputy Registrars, Finance & Accounts Section, fort draccounts@fort.mu.ac.in
13	The Deputy Registrar, Election Section, Fort drelection@election.mu.ac.in
14	The Assistant Registrar, Administrative Sub-Campus Thane, thanesubcampus@mu.ac.in
15	The Assistant Registrar, School of Engg. & Applied Sciences, Kalyan, ar.seask@mu.ac.in
16	The Assistant Registrar, Ratnagiri Sub-centre, Ratnagiri, ratnagirisubcentre@gmail.com
17	The Director, Centre for Distance and Online Education (CDOE), Vidyanagari, director@idol.mu.ac.in
18	Director, Innovation, Incubation and Linkages, Dr. Sachin Laddha pinkumanno@gmail.com
19	Director, Department of Lifelong Learning and Extension (DLLE), Dlleuniversityofmumbai@gmail.com

Copy for information :-

1	P.A to Hon'ble Vice-Chancellor, vice-chancellor@mu.ac.in
2	P.A to Pro-Vice-Chancellor pvc@fort.mu.ac.in
3	P.A to Registrar, registrar@fort.mu.ac.in
4	P.A to all Deans of all Faculties
5	P.A to Finance & Account Officers, (F & A.O), camu@accounts.mu.ac.in

To,

1	The Chairman, Board of Deans pvc@fort.mu.ac.in
2	Faculty of Humanities, Dean 1. Prof.Anil Singh Dranilsingh129@gmail.com Associate Dean 2. Dr.Suchitra Naik Naiksuchitra27@gmail.com 3.Prof.Manisha Karne mkarne@economics.mu.ac.in
	Faculty of Commerce & Management, Dean 1. Dr.Kavita Laghate kavitalaghate@jbims.mu.ac.in Associate Dean 2. Dr.Ravikant Balkrishna Sangurde Ravikant.s.@somaiya.edu 3. Prin.Kishori Bhagat kishoribhagat@rediffmail.com

	<p>Faculty of Science & Technology</p> <p>Dean</p> <p>1. Prof. Shivram Garje ssgarje@chem.mu.ac.in</p> <p>Associate Dean</p> <p>2. Dr. Madhav R. Rajwade Madhavr64@gmail.com</p> <p>3. Prin. Deven Shah sir.deven@gmail.com</p>
	<p>Faculty of Inter-Disciplinary Studies,</p> <p>Dean</p> <p>1. Dr. Anil K. Singh aksingh@trcl.org.in</p> <p>Associate Dean</p> <p>2. Prin. Chadrashekhhar Ashok Chakradeo cachakradeo@gmail.com</p>
3	Chairman, Board of Studies,
4	The Director, Board of Examinations and Evaluation, dboee@exam.mu.ac.in
5	The Director, Board of Students Development, dsd@mu.ac.in@gmail.com DSW directotr@dsw.mu.ac.in
6	The Director, Department of Information & Communication Technology, director.dict@mu.ac.in

University of Mumbai



Syllabus for Basket of Minor (M1-M2) Scheme 2

Board of Studies in Psychology

UG First Year Programme

Semester

I

Title of Paper

Credits 4

I) Introduction to Psychology II

From the Academic Year

2024-25 (Only for this
academic year)

Sr. No.	Heading	Particulars
1	Description the course : Including but Not limited to :	The course contains introductory aspects of psychology for the students who are opting the course in M2 format for M1-M2 scheme. The course offers 6 units of which any four units can be taught by the college. Introductory topics are covered in this course. This syllabus is only for the academic year 2024-25.
2	Vertical :	Major/Minor/Open Elective/Skill Enhancement/Ability Enhancement/Indian Knowledge System (Choose By ✓)
3	Type :	Theory
4	Credit:	4 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester) IMPORTANT NOTE: College has to SELECT ANY FOUR Units out of six units for teaching of this course.
5	Hours Allotted:	60 Hours
6	Marks Allotted:	100 Marks
7	Course Objectives: (List some of the course objectives) <ol style="list-style-type: none"> 1) To learn about basic concepts in psychology 2) To explore scientific methods in psychology 3) To learn about Individual differences. 4) To build an awareness of the study of brain behaviour link 5) To enhance understanding of different phases of Human Development 6) To orient students about issues related to mental & psychological health 7) To increase awareness about stressors, coping mechanisms and therapies 8) To know basic ideas about learning to understand different types of learning and research is done on it 9) To know biological, cognitive aspects of learning relationship. 10) To understand social or vicarious learning. 11) To know how human memory works. 12) To understand theories of memory and to know and understand forgetting. 	

8	<p>Course Outcomes: (List some of the course outcomes)</p> <ol style="list-style-type: none"> 1) Describe psychology as science. 2) Describe and Give examples of individual differences. 3) Evaluate role of individual differences and biological basis. 4) Appraise the biological basis of behavior. 5) Describe, and summarize the steps of development across life span. 6) Discuss issues about aspects of psychology. 7) Define learning, and understand its characteristics, highlight the main aspects in learning theories. 8) Explain the relationship between biology, cognition, and learning, understand observational learning, explore the effects of violence on aggression. 9) Understand the importance of studying the topic of memory, how memories are formed and stored, and how memorization can be improved 10) Understand how explicit and implicit memories are stored in the brain, how retrieval takes place, causes of forgetting, the techniques to improve memory
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9	<p>Modules:- Per credit One module</p>
	<p>Module 1: Psychology: What is it?</p>
	<ol style="list-style-type: none"> a. Psychology- Definition, Goals, Perspectives b. Psychology as a Science c. Individual differences and Intelligence d. Professionals in Psychology e. Frequently asked questions in Psychology
	<p>Module 2: Biological Psychology</p>
	<ol style="list-style-type: none"> a. Neuron and Neurotransmitters b. Endocrine system c. Brain and Behaviour d. Neuroplasticity and Brain Computer Interface e. Hemispheric specialisation and language
	<p>Module 3: Development across the lifespan</p>

- a. Studying human development
- b. Stages of development: prenatal, infancy and childhood
- c. Classic studies in Psychology
- d. Indian Adolescents
- e. Late adulthood and ageing

Module 4: Stress and Health

- a. Stress and stressors
- b. Physiological factors
- c. Psychological factors
- d. Emotional factors
- e. Coping with stress

Module 5: Learning

- a. How do we learn?
- b. Classical conditioning and operant conditioning
- c. Biology, cognition and learning
- d. Learning by observation

Module 6: Memory

- a. Studying Memory and Building memories
- b. Memory systems: Sensory memory, Working memory, and Long-Term memory
- c. Memory storage
- d. Retrieval and Forgetting
- e. Memory construction errors
- f. Improving Memory

10 Text Books:

1. Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
2. Ciccarelli, S. K., White, J. N. & Misra, G. (2015). Psychology.5th edi. New Jersey: Pearson education.
3. Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

11	Reference Books:	
12	Internal Continuous Assessment: 40%	External, Semester End Examination Individual Passing in Internal and External Examination : 60%
13	Continuous Evaluation through: Quizzes, Class Tests, presentation, project, role play, creative writing, assignment etc.(at least 3)	
14	Format of Question Paper: for the final examination As per the University guidelines for all M2 papers in M1-M2 scheme.	

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Chairman
Name of the BOS**

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Name of the Associate
Dean
Name of the Faculty**

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