



Re-accredited with A ++ Grade (CGPA 3.65) by NAAC  
Category- I University Status awarded by UGC

No. AAMS\_UGS/ICC/2024-25/220

Date: 31<sup>st</sup> January, 2025

**CIRCULAR:-**

Attention of all the Principals of the Affiliated Colleges, Directors of the Recognized Institutions and the Head University Departments is invited to this office Circular No. AAMS\_UGS/ICC/2024-25/04 dated 11<sup>th</sup> June, 2023 relating to the NEP UG & PG Syllabus.

They are hereby informed that the recommendations made by the Board of Studies in Psychology at its meeting held on 10<sup>th</sup> December, 2024 and subsequently passed by the Board of Deans at its meeting held on 30<sup>th</sup> December, 2024 **vide** item No. 5.1 (N) have been accepted by the Academic Council at its meeting held on 27<sup>th</sup> January, 2025 **vide** item No. 5.1 (N) and that in accordance therewith to introduce 4 Credit Minor Course for B.A. (Psychology) M1-M2 (Scheme-II) for Sem II as per appendix (NEP 2020) with effect from the academic year 2024-25.

(The said circular is available on the University's website [www.mu.ac.in](http://www.mu.ac.in)).

  
(Dr. Prasad Karande)  
REGISTRAR

MUMBAI – 400 032

31<sup>st</sup> January, 2025

To,

The Principals of the Affiliated Colleges, Directors of the Recognized Institutions and the Head, University Departments.

**AC 5.1 (N) /27/01/2025**

Copy forwarded with Compliments for information to:-

- 1) The Chairman, Board of Deans,
- 2) The Dean, Faculty of Humanities,
- 3) The Chairman, Board of Studies in **Psychology**,
- 4) The Director, Board of Examinations and Evaluation,
- 5) The Director, Department of Students Development,
- 6) The Director, Department of Information & Communication Technology,
- 7) The Director, Centre for Distance and Online Education (CDOE), Vidyanagari,
- 8) The Deputy Registrar, Admissions, Enrolment, Eligibility & Migration Department (AEM).

<b>Copy forwarded for information and necessary action to :-</b>	
1	The Deputy Registrar, (Admissions, Enrolment, Eligibility and Migration Dept)(AEM), <a href="mailto:dr@eligi.mu.ac.in">dr@eligi.mu.ac.in</a>
2	The Deputy Registrar, Result unit, Vidyanagari <a href="mailto:drresults@exam.mu.ac.in">drresults@exam.mu.ac.in</a>
3	The Deputy Registrar, Marks and Certificate Unit,. Vidyanagari <a href="mailto:dr.verification@mu.ac.in">dr.verification@mu.ac.in</a>
4	The Deputy Registrar, Appointment Unit, Vidyanagari <a href="mailto:dr.appointment@exam.mu.ac.in">dr.appointment@exam.mu.ac.in</a>
5	The Deputy Registrar, CAP Unit, Vidyanagari <a href="mailto:cap.exam@mu.ac.in">cap.exam@mu.ac.in</a>
6	The Deputy Registrar, College Affiliations & Development Department (CAD), <a href="mailto:deputyregistrar.uni@gmail.com">deputyregistrar.uni@gmail.com</a>
7	The Deputy Registrar, PRO, Fort, (Publication Section), <a href="mailto:Pro@mu.ac.in">Pro@mu.ac.in</a>
8	The Deputy Registrar, Executive Authorities Section (EA) <a href="mailto:eau120@fort.mu.ac.in">eau120@fort.mu.ac.in</a>  He is requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to the above circular.
9	The Deputy Registrar, Research Administration & Promotion Cell (RAPC), <a href="mailto:rapc@mu.ac.in">rapc@mu.ac.in</a>
10	The Deputy Registrar, Academic Appointments & Quality Assurance (AAQA) dy.registrar.tau.fort.mu.ac.in <a href="mailto:ar.tau@fort.mu.ac.in">ar.tau@fort.mu.ac.in</a>
11	The Deputy Registrar, College Teachers Approval Unit (CTA), <a href="mailto:concolsection@gmail.com">concolsection@gmail.com</a>
12	The Deputy Registrars, Finance & Accounts Section, fort <a href="mailto:draccounts@fort.mu.ac.in">draccounts@fort.mu.ac.in</a>
13	The Deputy Registrar, Election Section, Fort <a href="mailto:drelection@election.mu.ac.in">drelection@election.mu.ac.in</a>
14	The Assistant Registrar, Administrative Sub-Campus Thane, <a href="mailto:thanesubcampus@mu.ac.in">thanesubcampus@mu.ac.in</a>
15	The Assistant Registrar, School of Engg. & Applied Sciences, Kalyan, <a href="mailto:ar.seask@mu.ac.in">ar.seask@mu.ac.in</a>
16	The Assistant Registrar, Ratnagiri Sub-centre, Ratnagiri, <a href="mailto:ratnagirisubcentre@gmail.com">ratnagirisubcentre@gmail.com</a>
17	The Director, Centre for Distance and Online Education (CDOE), Vidyanagari, <a href="mailto:director@idol.mu.ac.in">director@idol.mu.ac.in</a>
18	Director, Innovation, Incubation and Linkages, Dr. Sachin Laddha <a href="mailto:pinkumanno@gmail.com">pinkumanno@gmail.com</a>
19	Director, Department of Lifelong Learning and Extension (DLLE), Dlleuniversityofmumbai@gmail.com

**Copy for information :-**

1	P.A to Hon'ble Vice-Chancellor, <a href="mailto:vice-chancellor@mu.ac.in">vice-chancellor@mu.ac.in</a>
2	P.A to Pro-Vice-Chancellor <a href="mailto:pvc@fort.mu.ac.in">pvc@fort.mu.ac.in</a>
3	P.A to Registrar, <a href="mailto:registrar@fort.mu.ac.in">registrar@fort.mu.ac.in</a>
4	P.A to all Deans of all Faculties
5	P.A to Finance & Account Officers, (F & A.O), <a href="mailto:camu@accounts.mu.ac.in">camu@accounts.mu.ac.in</a>

**To,**

1	The Chairman, Board of Deans <a href="mailto:pvc@fort.mu.ac.in">pvc@fort.mu.ac.in</a>
2	<b>Faculty of Humanities,</b> <b>Dean</b> 1. Prof.Anil Singh <a href="mailto:Dranilsingh129@gmail.com">Dranilsingh129@gmail.com</a> <b>Associate Dean</b> 2. Dr.Suchitra Naik <a href="mailto:Naiksuchitra27@gmail.com">Naiksuchitra27@gmail.com</a> 3.Prof.Manisha Karne <a href="mailto:mkarne@economics.mu.ac.in">mkarne@economics.mu.ac.in</a>
	<b>Faculty of Commerce &amp; Management,</b> <b>Dean</b> 1. Dr.Kavita Laghate <a href="mailto:kavitalaghate@jbims.mu.ac.in">kavitalaghate@jbims.mu.ac.in</a> <b>Associate Dean</b> 2. Dr.Ravikant Balkrishna Sangurde <a href="mailto:Ravikant.s.@somaiya.edu">Ravikant.s.@somaiya.edu</a> 3. Prin.Kishori Bhagat <a href="mailto:kishoribhagat@rediffmail.com">kishoribhagat@rediffmail.com</a>

	<p><b>Faculty of Science &amp; Technology</b></p> <p><b>Dean</b></p> <p>1. Prof. Shivram Garje  <a href="mailto:ssgarje@chem.mu.ac.in">ssgarje@chem.mu.ac.in</a></p> <p><b>Associate Dean</b></p> <p>2. Dr. Madhav R. Rajwade  <a href="mailto:Madhavr64@gmail.com">Madhavr64@gmail.com</a></p> <p>3. Prin. Deven Shah  <a href="mailto:sir.deven@gmail.com">sir.deven@gmail.com</a></p>
	<p><b>Faculty of Inter-Disciplinary Studies,</b></p> <p><b>Dean</b></p> <p>1. Dr. Anil K. Singh  <a href="mailto:aksingh@trcl.org.in">aksingh@trcl.org.in</a></p> <p><b>Associate Dean</b></p> <p>2. Prin. Chadrashekhhar Ashok Chakradeo  <a href="mailto:cachakradeo@gmail.com">cachakradeo@gmail.com</a></p>
3	Chairman, Board of Studies,
4	The Director, Board of Examinations and Evaluation, <a href="mailto:dboee@exam.mu.ac.in">dboee@exam.mu.ac.in</a>
5	The Director, Board of Students Development, <a href="mailto:dsd@mu.ac.in@gmail.com">dsd@mu.ac.in@gmail.com</a> DSW <a href="mailto:direcotr@dsw.mu.ac.in">direcotr@dsw.mu.ac.in</a>
6	The Director, Department of Information & Communication Technology, <a href="mailto:director.dict@mu.ac.in">director.dict@mu.ac.in</a>

AC – 27/01/2025

Item No. – 5.1 (N) (b)

# University of Mumbai



<b>Syllabus for Basket of Minor (M1-M2) Scheme 2</b>	
<b>Board of Studies in Psychology</b>	
<b>UG First Year Programme</b>	
<b>Semester</b>	<b>II</b>
<b>Title of Paper</b>	<b>Credits 4</b>
<b>I) Introduction to Psychology III</b>	
<b>From the Academic Year</b>	<b>2024-25</b>

Sr. No.	Heading	Particulars
1	<b>Description the course :</b> <b>Including but Not limited to :</b>	The course contains introductory aspects of psychology for the students who are opting the course in M2 format for M1-M2 scheme. Introductory topics are covered in this course.
2	<b>Vertical :</b>	<del>Major/Minor/Open Elective /Skill Enhancement / Ability Enhancement/Indian Knowledge System (Choose By √ )</del>
3	<b>Type :</b>	Theory
4	<b>Credit:</b>	4 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester)
5	<b>Hours Allotted:</b>	60 Hours
6	<b>Marks Allotted:</b>	100 Marks
7	<b>Course Objectives:</b> (List some of the course objectives) <ol style="list-style-type: none"> <li>1) To learn about basic concepts in psychology</li> <li>2) To explore scientific methods in psychology</li> <li>3) To learn about basic concept of psychological approaches.</li> <li>4) To enhance understanding of different Fields of Psychology.</li> <li>5) To orient students about every day life issues related to mental &amp; psychological health.</li> <li>6) To know basic ideas about scientific research and its ethics.</li> <li>7) To know basic ideas about different types of personality.</li> <li>8) To understand sleep wake cycle and stages of sleep.</li> <li>9) To know how hypnosis works.</li> </ol>	

<p><b>8</b></p>	<p><b>Course Outcomes:</b> (List some of the course outcomes)</p> <ol style="list-style-type: none"> <li>1) Describe psychology as science.</li> <li>2) Describe the modern approaches of psychology.</li> <li>3) Evaluate role of scientific method of research in everyday life.</li> <li>4) Appraise the biology of sleep.</li> <li>5) Describe, and summarize the stages of sleep across life span.</li> <li>6) Define personality, and understand its structure, highlight the main aspects in personality theories.</li> <li>7) Understand the importance of studying the topic of hypnosis and how work it.</li> </ol>
<p><b>9</b></p>	<p><b>Modules:-</b> Per credit One module</p> <hr/> <p><b>Module 1: History of Psychology</b></p> <hr/> <ol style="list-style-type: none"> <li>a. Emergence of psychology as a discipline - Wundt, Titchener, and James</li> <li>b. Three Influential Approaches - Gestalt, Psychoanalysis and Behaviourism</li> <li>c. Psychology in India</li> <li>d. American tradition of Psychology</li> <li>e. Psychology as a Profession</li> </ol> <hr/> <p><b>Module 2: Fields of Psychology</b></p> <hr/> <ol style="list-style-type: none"> <li>f. Fields or Branches of Psychology-</li> <li>g. Scientific Research - (The Scientific Approach, Descriptive Methods, Correlations: Finding Relationships, Experimental method)</li> <li>h. Ethics of Psychological Research</li> <li>i. Applying Psychology to Everyday life</li> </ol> <hr/> <p><b>Module 3: Overview of Personality</b></p> <hr/> <ol style="list-style-type: none"> <li>a. Why study Personality?</li> <li>b. Psycho-dynamic Perspective - (Structure of the Mind &amp; Divisions of the Personality) The Social Cognitive View of Personality (Learning Theories Bandura &amp; Rotter)</li> <li>c. The Third Force ( Carl Rogers &amp; Abraham Maslow)</li> <li>d. Modern Trait Theories-: The Big Five Model.</li> <li>e. Personality-: Genetics and Culture, Assessment of Personality (Interviews, Behavioral Assessments, and Personality Inventories)</li> </ol>

<b>Module 4: Consciousness</b>			
	<ul style="list-style-type: none"> <li>j. Why study consciousness?</li> <li>k. Altered states of consciousness</li> <li>l. The Biology of Sleep - Wake cycle and stages of sleep,</li> <li>m. Why do we Dream?</li> <li>n. Hypnosis - How hypnosis work?</li> </ul>		
<b>10</b>	<b>Text Books:</b> <ul style="list-style-type: none"> <li>1 Baron, R. A., &amp; Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon</li> <li>2 Ciccarelli, S. K., White, J. N. &amp; Misra, G. (2015). Psychology.5th edi. New Jersey: Pearson education.</li> <li>3 Ciccarelli, S. K. &amp; Meyer, G. E. (2008). Psychology. (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.</li> </ul>		
<b>11</b>	<b>Reference Books:</b>		
<b>12</b>	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;"><b>Internal Continuous Assessment: 40%</b></td> <td style="width: 50%;"><b>External, Semester End Examination Individual Passing in Internal and External Examination : 60%</b></td> </tr> </table>	<b>Internal Continuous Assessment: 40%</b>	<b>External, Semester End Examination Individual Passing in Internal and External Examination : 60%</b>
<b>Internal Continuous Assessment: 40%</b>	<b>External, Semester End Examination Individual Passing in Internal and External Examination : 60%</b>		
<b>13</b>	<b>Continuous Evaluation through:</b> Quizzes, Class Tests, presentation, project, role play, creative writing, assignment etc.( at least 3 )		
<b>14</b>	<b>Format of Question Paper:</b> for the final examination <b>As per the University guidelines for all M2 papers in M1-M2 scheme.</b>		

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**Name of the Faculty**



