



# University of Mumbai Department of Philosophy

Celebrates

International Yoga Day 2024



Workshop on Perspectives on Yoga

Friday, 21 June 2024, (3.15 pm - 4.45 pm)

Venue: First Floor, Jnaneshwar Bhavan,  
Vidya Nagari, Kalina, Mumbai- 400098

1. Dr. Narayan S. Gadade

Swami Vivekananda and Four Yoga

2. Dr. Sharmila Virkar

Patanjali Yoga Sutras: a novel  
approach

3. Prof. Meenal Katarnikar

Contemporary Understanding of  
Jaina Yoga

4. Prof. Priya M. Vaidya

Sri Aurobindo on Integral Yoga

5. Dr. Raksha Vadhaiya

Yoga Techniques for Transformation

Prof (Dr) Priya M. Vaidya  
Professor & Head  
Department of Philosophy  
University of Mumbai

Prof (Dr) Namita Nimbalkar  
Co-ordinator of The Workshop  
Department of Philosophy  
University of Mumbai

ALL ARE WELCOME