

## ARTICLES

- 25 **The Impact of Climate Change on Mental Health of Nomadic and Denotified Tribes**

DEEPA PAWAR

- 42 **The Role of Social Media Addiction on Immediate Gratification and Self-Esteem Among Youth**

NILESH THAKRE, ARMEEN LALANI, GATHIKA BHARDWAJ & KRITHIKA KUMAR

- 59 **A Chip Here, A Crack There: Implications of Cultural Ideals, Gendered Stereotypes, and unrealistic standards of Perfectionism on the Mental Health of Young Adults**

SANSKRITI SINHA & SUCHARITA BELAVADI

- 84 **The Luxury of Leisure: Understanding Work and Rest from the Lens of Women Informal Economy**

ANEYSHA ROY & AASTHA JAIN

- 96 **Navigating Anxiety using Narrative Ideas and Practices**

JEHANZEB BALDIWALA & JILL SANGHVI

106 **The Mental Healthcare Act,2017: A juristic critique of its statutory structure in the light of exposition by the Supreme Court on the anvil of human rights jurisprudence**

VIRENDRA KUMAR

148 **Disability, (In)Accessibility and Mental Health Pandemic: Philosophical Reflections**

BIRAJ MEHTA RATHI

172 **Enhancing Mental Health Services in India: Why Numbers is not the Whole Story**

MEGHA DEUSKAR

183 **Mental Health and Female Well – Being: A Critical Analysis of Shanta Gokhale’s *Rita Welinkar***

SAMRITA SINHA

198 **Mapping Mental Landscapes: Amruta Patil’s *Kari* and Anoushka Khan’s *Still Life* as Interrogations of the Capitalist Fetish of Mental Health**

NISHTHA DEV

## BOOK REVIEW

- 210 **Patel, V and Hanlon, C (2018) Where There is No Psychiatrist : A Mental Health Care Manual, Second Edition RCPsych Publications, Cambridge University Press.**  
KAREN ALMEIDA FERNANDES

## REPORT REVIEW

- 217 **Trans Affirmative Mental Health Care Guidelines: Results of a Mixed – Method Inquiry in Three Cities of India by Ranade, K., Kumar, N., Raju, M.S., Somaiya, A., Pai, P., Roychowdhuri, I., Singh, A. (2023), TISS, Mumbai.**  
WILBUR GONSALVES

## MOVIE REVIEW

- 227 **Bell, F. and Sanandaji, D. (2022). Breaking the Silence. Golden Rule Media, Freddie Bell and Dara Sanandaji.**  
TINA CHAKRAVARTY

## OBITUARIES : GEETA RAMANA

Professor and former Head, Department of Philosophy,  
University of Mumbai

234 **In Memoriam of Professor Geeta**

ARCHANA MALIK-GOURE

239 **Professor Geeta Ramana – The Guru who  
made me Fly**

HARSHITA JHALA WADHWA

241 **Glimpses of Professor Geeta Ramana**

JIVITESH PATIL

## CONTRIBUTORS' BIONOTES

## STYLE GUIDE