



UNIVERSITY of MUMBAI
Department of Physical Education
organizes



National Seminar cum Workshop

In association with
C4 Lifestyle and Diagnostics

on

Longevity

&

**Sports Preventive
Science**



Friday, 24th March, 2023

: Venue :

Department of Physical Education,
University of Mumbai,
Sports Complex, Vidyanagari, Santacruz (East),
Mumbai – 400098, Maharashtra, India.

Email Id: info.dpeum@gmail.com

Chief Patron

Prof. (Dr.) D. T. Shirke
Offg. Hon. Vice Chancellor,
University of Mumbai

Patron

Prof. Ajay Bambhre
I/c Hon. Pro. Vice-Chancellor,
University of Mumbai

Prof. Sunil Bhirud
I/c Registrar,
University of Mumbai

Dr. A. K. Singh
I/c Dean, Interdisciplinary Studies,
University of Mumbai

Convener

Prof. Vasanthi Kadhiravan
Head
Department of Physical Education,
University of Mumbai

Organizing Secretary

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Department of Physical Education,
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Dr. Vishal Madavi
Assistant Professor
Department of Physical Education,
University of Mumbai

Organizing Committee Members

Dr. Manohar Mane, Associate Professor
Dr. Madhuri Sadgir, Assistant Professor
Dr. Prashant Dabhane, Assistant Professor
Dr. Shonan Padte, Assistant Professor
Dr. Swapnil Madke, Assistant Professor

UNIVERSITY OF MUMBAI

The University of Mumbai (known earlier as University of Bombay) is one of the oldest and premier Universities in India. It was established in 1857 consequent upon "Wood's Education Dispatch", and it is one amongst the first three Universities in India. It is abbreviated as MU for Mumbai University. The University is accorded with A++ by the National Assessment and Accreditation Council (NAAC). It has been granted University with Potential for Excellence (UPE) status by UGC and PURSE Scheme by DST. The University of Mumbai offers Bachelor's, Master's and Doctoral courses apart from diplomas and certificates in many disciplines. More than 900 colleges in and around Mumbai are affiliated to MU and the campus located in Fort carries out administrative work only. Several institutes in Mumbai previously affiliated to the university are now autonomous institutes or deemed universities. The University of Mumbai is one of the largest universities in the world in terms of the number of students and has recently completed 167 years.

DEPARTMENT OF PHYSICAL EDUCATION

The Department of Physical Education was established under University of Mumbai, in the year 2005-2006. The Department of Physical Education is established in order to create resourceful and eminent Teachers and Masters in the field of Physical Education. Since its inception, this Department has successfully produced more than 1000 Teachers, Masters and PhD holders who are currently serving in various field of Physical Education. Many students have cleared SET/NET examinations. The Department of Physical Education is located in Kalina Campus of University of Mumbai and it is aptly situated in the Sports Complex, which caters to all the training needs of the students.

Courses offered by the Department:

- B.P.Ed. (2 years)
- M.P.Ed. (2 Years)
- Ph.D.
- Certificate course in Fitness Centre Management(6 months)
- Teacher Training Certificate Course in Yoga (6 months)

C4 LIFESTYLE & DIAGNOSTICS :

We believe in the concept of offering Complete Care to Cure under one roof. The company aims to get the global community healthy and fit without the need for surgery. We provide service programs ranging from Wellness Program, Lifestyle Management, Weight Loss Management, Sports Injury Management, Mental Stress Management, Aesthetics, Advanced Physiotherapy, PRP (Platelet-Rich Plasma) .Technique for Hair and Skin Rejuvenation and Pain management, with the aim of providing wellness services between OPD and surgery. Our reach largely covers corporates, schools, colleges, universities, townships, clubs, and the general population for complete physical and mental wellness. C4 Integrated Wellness has till date reached out to 10 Lac + individuals and recently received the award "Fastest Growing Brands 2018" by Asia One in Singapore. Dr. Shilpa Desai, Founder & Managing Director of C4 Lifestyle Integrated Wellness is recognized internationally and her aim is to get our whole global community healthy. We have given our Scientific sport service of IDPP (COVID-19) to Mumbai Cricket Association, SRPF & MSP.

About the Seminar and Workshop:

The seminar is designed to cater the needs of the physical education teachers, research scholars and postgraduates in the field of Physical Education. Keeping in view the importance of the seminar and workshop is aimed to explore the basic dimensions of physical education, sports sciences

OBJECTIVE OF THE SEMINAR CUM WORKSHOP

- To develop new thought process in the field of Physical Education, Sports Sciences.
- To make the Sports Persons, Scientist, Coaches, Researchers and Students aware about issues relating to modernism in Physical Education, and Sports Sciences.
- To encourage physical, mental, social, emotional and spiritual growth of the citizen in a suitable environment

SUB THEMES OF THE SEMINAR AND WORKSHOP:

- Strategy of customized sports
- Sports inventory and demonstration
- Sports of India
- Sports injuries and its prevention

For Whom

- Academicians who are working as teaching faculty in various schools, universities and other professional colleges of Physical Education.
- Professionals of Physical Education working as director/sports Officers/ Coaches/ Physical Education Teachers in various Universities, colleges, Institutions and schools.
- Researchers in the field of Physical Education and Sports Sciences.
- PhD scholars in Physical Education.

For details please Contact :

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DEPARTMENT OF PHYSICAL EDUCATION
Santacruz (East), Mumbai-400098.

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Registration form

1. Name (in capital) _____
2. Designation _____ Male/Female : _____
3. Institution _____
4. Address _____

5. City : _____ State: _____
6. Mobile No : _____
7. Email Id : _____
8. Delegates as: Local Student / Local Delegate / Outstation Student / Outstation Delegate / Research Scholar.

9. Registration Fee

Date	Amount
Teacher/Professionals	1,000/-
Research Scholar	500/-
Student	300/-

Registration Fee Amount _____ D.D.No./ Cash _____

Date of issue : _____ Draw on Bank _____

Date: _____ Place: _____

Signature and Seal of Head of Dept. / Institution

Signature of Delegate

Mode of payment : DD may be drawn in favour of :

“Finance & Accounts Officer”, University of Mumbai, Payable at Mumbai.

**For Further Details Please Contact on Email Id : info.dpeum@gmail.com

*** Kindly note that Accommodation will not be provided.

REGISTRATION & COMMUNICATION

- **To Register Tap the Google Form Link Given Below**

<https://forms.gle/kbeRtfzpgUr9GKqj9>

- **For Further Communication, Updates and More details
Join the Whatsapp Group via link provide below**

<https://chat.whatsapp.com/l8vDTkWu7U0EXwSDLdPFCf>