# University of Mumbai



No. AAMS(UG)/49 of 2022-23

#### CIRCULAR:-

Attention of the Principals of the Affiliated Colleges, the Head of the University Departments and Directors of the Recognized Institutions in Faculty of Humanities is invited to this office circular No. UG/116 of 2019-20 dated 18<sup>th</sup> September, 2019 relating to the revised syllabus of Post Graduate Diploma Course in Mysticism.

They are hereby informed that the recommendations made by the Ad-hoc Board of Studies in Sanskrit, Pali and Prakrit at its meeting held on 4<sup>th</sup> February, 2022 and subsequently passed by the Board of Deans at its meeting held on 2<sup>nd</sup> May, 2022 vide item No. 5.18(R) have been accepted by the Academic Council at its meeting held on 17<sup>th</sup> May, 2022 vide item No. 5.18(R) and that in accordance therewith, the revised syllabus of One year Post-graduate Diploma Course in Mysticism, has been brought into force with effect from the academic year 2022-23. (The same is available on the University's website www.mu.ac.in).

MUMBAI – 400 032 27<sup>th</sup> June, 2022

To

(Dr. Vinod Patil)

The Registron

2.7<sup>th</sup> June, 2022

The Principals of the Affiliated Colleges, the Head of the University Departments and Directors of the Recognized Institutions in Faculty of Humanities.

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### A.C/5.18(R)/17/05/2022

No. AAMS(UG)/ 49 -A of 2022-23

Copy forwarded with Compliments for information to:-

- 1) The Dean, Faculty of Humanities,
- 2) The Chairman, Ad-hoc Board of Studies Sanskrit, Pali and Prakrit,
- 3) The Director, Board of Examinations and Evaluation,
- 4) The Director, Board of Students Development,
- 5) The Director, Department of Information & Communication Technology,

6) The Co-ordinator, MKCL.

(Dr. Vinod Patil)
The Registrars

#### Copy to:-

- 1. The Deputy Registrar, Academic Authorities Meetings and Services (AAMS),
- 2. The Deputy Registrar, College Affiliations & Development Department (CAD),
- 3. The Deputy Registrar, (Admissions, Enrolment, Eligibility and Migration Department (AEM),
- 4. The Deputy Registrar, Research Administration & Promotion Cell (RAPC),
- 5. The Deputy Registrar, Executive Authorities Section (EA),
- 6. The Deputy Registrar, PRO, Fort, (Publication Section),
- 7. The Deputy Registrar, (Special Cell),
- 8. The Deputy Registrar, Fort/ Vidyanagari Administration Department (FAD) (VAD), Record Section,
- 9. The Director, Institute of Distance and Open Learning (IDOL Admin), Vidyanagari,

They are requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to in the above circular and that on separate Action Taken Report will be sent in this connection.

- 1. P.A to Hon'ble Vice-Chancellor,
- 2. P.A Pro-Vice-Chancellor,
- 3. P.A to Registrar,
- 4. All Deans of all Faculties,
- 5. P.A to Finance & Account Officers, (F.& A.O),
- 6. P.A to Director, Board of Examinations and Evaluation,
- 7. P.A to Director, Innovation, Incubation and Linkages,
- 8. P.A to Director, Board of Lifelong Learning and Extension (BLLE),
- 9. The Director, Dept. of Information and Communication Technology (DICT) (CCF & UCC), Vidyanagari,
- 10. The Director of Board of Student Development,
- 11. The Director, Department of Students Walfare (DSD),
- 12. All Deputy Registrar, Examination House,
- 13. The Deputy Registrars, Finance & Accounts Section,
- 14. The Assistant Registrar, Administrative sub-Campus Thane,
- 15. The Assistant Registrar, School of Engg. & Applied Sciences, Kalyan,
- 16. The Assistant Registrar, Ratnagiri sub-centre, Ratnagiri,
- 17. The Assistant Registrar, Constituent Colleges Unit,
- 18. BUCTU,
- 19. The Receptionist,
- 20. The Telephone Operator,
- 21. The Secretary MUASA

for information.

# **UNIVERSITY OF MUMBAI**



Revised Syllabus for One Year Post-graduate
Diploma Course in Mysticism

(With effect from the academic year 2022-23)

## **UNIVERSITY OF MUMBAI**



# **Syllabus for Approval**

| Sr.<br>No. | Heading                              | Particulars   |
|------------|--------------------------------------|---|
| 1          | Title of the Course                  | One Year Post-graduate<br>Diploma Course in Mysticism |
| 2          | Eligibility for<br>Admission         | Bachelor's Degree in Any Faculty                      |
| 3          | Passing Marks                        | Minimum 40% individual Passing                        |
| 4          | Ordinances / Regulations ( if any)   | As per university rules                               |
| 5          | No. of Years /<br>Semesters          | One Year  |
| 6          | Level                                | P.G. / <del>U.G</del> ./ Diploma / Certificate        |
| 7          | Pattern                              | Yearly / Semester                                     |
| 8          | Status                               | New / Revised   |
| 9          | To be implemented from Academic Year | From Academic Year 2022-23                            |

Signature of BOS Chairperson:

Signature of Dean:

#### Syllabus for the One Year Post-graduate Diploma Course in Mysticism

- 1) Eligibility: A candidate to be eligible for the Post graduate Diploma Course in Mysticism should be a graduate from any faculty from an institution which is recognized by the UGC or equivalent.
- 2) Every student admitted to the course for the Post graduate Diploma in Mysticism shall first register himself as such with the University
- 3) Duration: 3 hrs a week (once a week, I Academic year, Approx 90 hrs)
- **4)** Fees: Rs. 3,000/- per student (for the whole/entire course) + examination fees as per University Rule
- 5) Passing: Minimum 40% individual Passing

Bertrand Russell, a philosopher who cannot be suspected of sentimentality, or of soft-headedness, or of a bias in favour of mysticism, wrote in a famous essay as follows: The greatest men who have been philosophers have felt the need both of science and of mysticism (Russell: 1921). The union of Mystic and the man of Science inspires whatever is best in a human being. Greatest of poets saints like Dnyaneshvar, Mirabai, Kabir and poet laureates like Rabindranath Tagore, saintly thinkers like Sri Aurobindo, Gurudev Ranade have been Mystics.

These Mystic personalities have undoubtedly derived their inspiration from the Upanisads, Vedanta and Agamic traditions composed or encoded in Sanskrit. The metaphysical speculations regarding God, Atman and Brahman, Maya, embodied Soul i.e. the Jivataman have been thoroughly discussed in the Sanskrit sources, which have inspired the thought-processes of many a Mystic.

Apart from Sanskritic Indian traditions, mysticism has been a mode of practice in different cultures. The beatified saints in Christianity, the Sufi saints of Islam, Zen Buddhist tradition have embedded mysticism in their practices. Apart from this, a variety of meditative techniques used for self-realisation have firm roots in Mysticism. One of the greatest role played by Mysticism is that, it has provided a Spiritual Background to the Renaissance and Reformist movements during the British Rule.

This course in Mysticism throws light on Mystics as well as Mysticism theories of India and also of different cultures. The Diploma course offered by the Department of Sanskrit, University of Mumbai is one of its kind in India.

#### **Syllabus Details:**

#### One Year Post-graduate Diploma Course in Mysticism

#### Paper I: Essentials of Mysticism

#### Topics:

- 1) Understanding Mysticism: Marks 25
  - a. Its definition and characteristics,
  - b. Principles of Mysticism,
  - c. Scope of Mysticism,
  - d. Mysticism and Language,
  - e. Symbolism in Mysticism
  - f. Mysticism and Religious Experience,
  - g. Nature-Mysticism,
  - h. Soul Mysticism and Intuitive Mysticism;
  - i. Extrovertive Mysticism and Introvertive Mysticism
- 2) Sanskrit, Pali and Prakrit texts and Mysticism: Marks 25
  - a. Vedic ritual and Spiritual literatures
  - b. Special stress on
    - i. Upanishads;
    - ii. Bhagavadgita,
    - iii. Yogavasishta,
    - iv. Stotra and
    - v. Other Bhakti literature
    - vi. Jainism
    - vii. Buddhism
- 3) Sufism: and Islam Marks 25
  - a. Personal Interpretation of Divine,
  - b. Concept of *fana*, (notion of oneself in the Divinity)
  - c. *dhikr* (Remembrance of God)
  - d. Different stages to achieve Mystical state
- 4) Objective Reference and Mysticism: Marks 25
  - a. Trans-subjectivity,
  - b. Feeling of Objectivity,

- c. Universal Self and Vacuum- Plenum,
- d. Status of Universal Self, Self-Realization

#### Paper II: Multi-dimensional World and Mysticism

#### Topics:

- 1) Mysticism in the West: Marks 25
  - a. Mysticism in Greek thought –
  - b. Metaphysical speculation;
  - c. Logical differentiation of Mystical experiences,
  - d. Christian Mysticism Mystics like following will be covered;
    - i. St Teresa,
    - ii. Thomas Acquinas
    - iii. St John of the Cross
    - iv. Chiara Lubich
- 2) Mysticism and Psychology: Marks 25
  - a. Neurological Research
  - b. Morality
  - c. Visions and Voices,
  - d. Raptures,
  - e. Trances and
  - f. Hyper-emotionalism
- 3) Mysticism and Saint Literature: Marks 25
  - a. Compositions of Saint poets
    - i. Varkari Saints,
    - ii. Alvars,
    - iii. Meerabai and Kabir
    - iv. Mysticism in Gaudiya tradition
- 4) Mysticism in Arts and Modern Indian Mystics Marks 25
  - I) Mysticism in Arts

- a. Sculpture
- b. Painting
- c. Dance and Music

#### II )Modern Indian Mystics:

- d. Ramakrishna Paramahansa,
- e. Sri Aurobindo,
- f. Gurudev Ranade

#### Paper-pattern

#### A. Paper I (Marks 100 Duration3 hrs)

(Out of six questions any four are to be attempted)

- 1. General Question on the Understanding of Mysticism---- Marks 25
- 2. General Question on Sanskrit Texts and Mysticism---- Marks 25
- 3. General Question on Sufism---- Marks 25
- 4. General Question on Objective reference and Mysticism --- Marks 25
- 5. Critical notes on any two out of four topics prescribed for Paper I --- Marks 25
- 6. Critical notes on any two out of four topics prescribed for Paper I ----Marks 25

## **B. Paper II (Marks 100 Duration 3 hours)**

(Out of six questions, any four are to be attempted)

- 1. General question on Mysticism in the West---- Marks 25
- 2. General question on Mysticism and Psychology--- Marks 25
- 3. General Question on Mysticism and Saint Literature---- Marks 25
- 4. General Question on Mysticism and Arts and Modern Indian Mystics---Marks 25
- 5. Critical notes on any two out of four topics prescribed for Paper II--- Marks 25
- 6. Critical notes on any two out of four topics prescribed for Paper II ----Marks 25

**Dissertation**: Marks 50

#### **Bibliography:**

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- 15. William James, The Varieties of Religious Experience: A Study in Human Nature, New York, 2002
- 16.Underhill, Evelyn, Mysticism: A Study in the Nature and Development of Man, Metheun and Co, UK, 1945
- 17.Staal, Fritz, Exploring Mysticism: A Methodological Essay, MLBD, Delhi, 2013