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University Sports Pavilion,
Marine Lines, Mumbai-20.

No. Sp./ 133 of 2022

Date : 28th March, 2022

CIRCULAR :

To,
The Principals of Colleges participating in the
Selection Trials of All India Inter University
Power Lifting (M&W) Championship 2021-22.

Sub:- Selection Trials of All India Inter University Power Lifting (Men & Women) Championship 2021-22.

**Venue:- J.S.S.P.'s College of Arts, Commerce & Science College, At Goveli,
Post – Rayate, Tal.- Kalyan, Dist.: Thane – 421 301.**

Date of Competition:- 30th & 31st March, 2022

Dear Sir/Madam,

The Principals of colleges participating in the **Selection Trials of All India Inter University Power Lifting (Men & Women) Competition 2019-20** are hereby informed that the said competition will be held on **30th & 31st March, 2022 at the above Venue.**

Further, informed that as per directives of Association of Indian Universities and NADA; Dope Test will be conducted for the 1st, 2nd and 3rd position holder and other two competitors randomly. The starting poundage for the Inter-Collegiate Powerlifting Competition and qualifying standard for Inter-University Selection will be put up on the notice board before the championship.

The program of the Championship will be as under:

<u>Date</u>	<u>Section</u>	<u>Weighing & Championship Start</u>
30/03/2022	Men	Weighing – 5.00 pm onwards
31/03/2022	Women	Weighing – 10.00 am onwards
31/03/2022	Men	Competition - 7.00 am onwards
31/03/2022	Women	Competition – 12.00 nn onwards

Therefore, you are requested to advice the Eligible of Power Lifter of their college students to report with your College Sports Director/In-charge/Representative of your college at the above mention venue on **Wednesday – 30th March, 2022 at 5.00 pm** with college Identity card.

The Principals of colleges are requested to bring the contents of this circular to the notice of the competitors concern from their respective for your information.

Contact :

Shri Mohnish Deshmukh - 97631 54554

Smt. Darshana Magar - 93268 08162

Director of Sports & Phy. Edu.

University of Mumbai
Sports Department

Selection Trials for All India Inter University Power Lifting (M & W)
Championship 2021-22

N.B.:- Starting poundage for women for all weight categories shall be declare at venue.

Qualifying Weight for Inter-University Power Lifting Selection

Men		Women	
Weight Category	Weight	Weight Category	Weight
59 Kg	527.5	47 Kg	267.5
66 Kg	607.5	52 Kg	335
74 Kg	687.5	57 Kg	370
83 Kg	680	63 Kg	317.5
93 Kg	747.5	69 Kg.	New Class
105 Kg	652.5	76 Kg.	New Class
120 Kg	622.5	84 Kg.	347.5
+ 120 Kg	380	+84 Kg.	392.5

Mumbai,
28/03/2022


Director of Sports & Phy. Edu.