

UNIVERSITY OF MUMBAI

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UNIVERSITY BOARD OF SPORT & PHYSICAL EDUCATION

No.Sp./ 19 / 2021

Date: 13/12/2021

CIRCULAR:-

To,
The Principals & Head
of affiliated Colleges/Institutions
to University of Mumbai.

**Sub: Selection Trials for All India Inter-University Weight Lifting
(Men & Women) Competition for the year 2021-22.**

Dear Sir/Madam,

The Principals of colleges are hereby informed that the Eligibility documents verification held at B. K. Birla College of Arts, Sci. & Com., Kalyan on 10th December, 2021 at 11.00 onwards.

The Eligible students/players participating of Weight Lifting (Men & Women) Selection trials program is as under:-

Name of Selection Trials :- Weight Lifting (Men & Women)
Date of Selection Trials :- 15th December, 2021
Reporting Time :- 9.00 a.m.
Weighing Time :- 10.00 a.m.
**Venue of Selection Trials :- Recreation Vyayamshala,
Near Acharya Aatre Hall,
Subhash Maidan,
Kalyan (West), Kalyan – 421 306.**

Therefore, you are requested to advice the Eligible of Weight Lifter of their college students (copy of eligible players list enclosed) to report with your College Sports Director/In-charge/Representative of your college at the above mention venue on **Wednesday – 15th December, 2021 at 9.00 am** with college Identity card.

The Principals of colleges are requested to bring the contents of this circular to the notice of the competitors concern from their respective for your information.

Director,
Sports & Physical Education

Contact No: Shri Yadneshwar Bagrao – 797774033 / 9960764653

UNIVERSITY OF MUMBAI



(Sports Department)

Inter-Collegiate Weight Lifting (M & W) Competition 2021-22

Starting Weight for Weight Lifting (Men & Women)

For Men				For Women			
Weight Category	Snatch	Clean & Jerk	Total	Weight Category	Snatch	Clean & Jerk	Total
55 Kg.	40	50	90	45 Kg.	20	22	42
61 Kg.	45	55	100	49 Kg.	20	22	42
67 Kg.	50	60	110	55 Kg.	22	25	47
73 Kg.	55	65	120	59 Kg.	25	27	52
81 Kg.	60	70	130	64 Kg.	27	30	57
89 Kg.	65	75	140	71 Kg.	30	32	62
96 Kg.	70	80	150	76 Kg.	32	34	66
102 Kg.	70	80	150	81 Kg.	32	34	66
109 Kg.	70	80	150	87 Kg.	34	36	70
+109 Kg.	70	80	150	+87 Kg.	34	36	70

Qualifying Weight for Selection of Inter-University Weight Lifting (Men & Women) 2021-22

Men				Women			
Weight Category	Snatch	C & Jerk	Total	Weight Category	Snatch	C & Jerk	Total
55 Kg.	90	116	206	45 Kg.	50	68	118
61 Kg.	96	129	225	49 Kg.	65	80	145
67 Kg.	105	135	240	55 Kg.	65	78	143
73 Kg.	112	144	256	59 Kg.	72	85	157
81 Kg.	118	147	265	64 Kg.	64	82	146
89 Kg.	120	155	275	71 Kg.	64	84	148
96 Kg.	121	155	276	76 Kg.	45	60	105
102 Kg.	120	146	266	81 Kg.	65	84	149
109 Kg.	118	163	281	87 Kg.	71	93	164
+109 Kg.	125	160	285	+87 Kg.	53	62	115

Sd/-

Director of Sports & Phy. Edun.

