



V. P. M's K.G. JOSHI COLLEGE OF ARTS &  
N. G. BEDEKAR COLLEGE OF COMMERCE  
(AUTONOMOUS) - THANE &  
UNIVERSITY OF MUMBAI



University of Mumbai

*The Department of Philosophy, Department of Psychology & Counselling Cell  
in collaboration with The Department of Philosophy, University of Mumbai  
Organizes a Value Added Course in*

# PHILOSOPHICAL PRAXIS THROUGH ART

*A course aiming towards developing the link  
between art & mental realm; cultivating  
virtues and meaning in our lives*

**08/03/2021- 18/03/2021 | 2:00 PM - 5:00 PM  
FEES- 1,000 RS | GOOGLE MEET**

**Dr. (Mrs) Suchitra Naik**

Principal, HOD Philosophy  
Chairperson Counselling Cell

**Prof. Vedavati Parajanpe**

Head Of Department  
Psychology

**Dr. Namita Nimabalkar**

Department Of Philosophy  
University Of Mumbai

**Dr. Priya Vaidya**

Department Of Philosophy  
University Of Mumbai

# REGISTER TODAY !

## What will you learn

- Introduction to various aspects of Philosophical Praxis
- Importance of Aesthetic endeavors in building motivation & resilience in life
- Learning various methods of using art as a mode of therapy

**Prof. Supriya Dive**  
**9004337693**

**Prof. Aaditya Jadhav**  
**7021340539**

**Ms. Anupama Helbi**  
**9769959190**

E-Certificates will be provided to the participants upon completion of the course and evaluation, as well as fulfilling the attendance criteria.



**V. P. M.'s K. G. Joshi College of Arts and N. G. Bedekar College of Commerce**  
**(Autonomous) Thane**

**Department of Philosophy, Department of Psychology and Counseling Cell organize**

**A Value Added Course in *'Philosophical Praxis through Art'***

Ever imagined how art might've come into existence? Narration of the courageous fight between man and an animal might have been the germ of storytelling, listening and imitating the beautiful sound of nature might've gave birth to music and the dream of being immortal on a surface through depiction might be where paintings were born. In every such attempt, man carved out a part of his being in his compositions and in turn those creations added a taste in his living. In this run towards money making business with the help of Art, we present you a course which aims towards developing the link between Art and the mental realm; to study Art in a way that it becomes a part of life and gives meaning to our existence and cultivates virtues in us.

**DETAILS OF THE COURSE:**

**Name of the course: Certificate in 'Philosophical Praxis through Art'**

**Dates: 8<sup>th</sup> March to 18<sup>th</sup> March**

**Duration: 30hrs**

**Time: 2pm to 5pm**

**Venue: Google Meet**

**Fees: Rs. 1,000/- (One thousand rupees only)**

**TOPICS:**

**AESTHETICS AND PRAXIS**

- What is Aesthetics?
- Aesthetics and philosophical praxis
- Aesthetic pleasures as therapeutic measures

**VIEWS ON AESTHETICS**

- Indian views on Aesthetics
- Western views on Aesthetics: Plato, Kant, Heidegger
- Zen and the Art of living

**AESTHETICS AND ITS PSYCHOLOGICAL PERSPECTIVE**

- Psychology and Art therapy
- Humor and counselling

**ART FORMS AND VIRTUE CULTIVATION**

- Dance meditation

- Music, poetic expressions
- Storytelling as a therapeutic technique

#### **PAYMENT PROCEDURE:**

Students should pay their fees from the payment link available on the website.

[www.vpmthane.org](http://www.vpmthane.org)

**Step 1: Click on the website [www.vpmthane.org](http://www.vpmthane.org)**

**Step 2: Click on ‘Unaided Courses payment gateway link’**

**Step 3: Select the category ‘Autonomous Courses’**

**Step 4: Select payment category and make the necessary payment through Internet Banking, Credit Card and UPI**

**Step 5: Fill the Google form for admission and attach your payment screenshot along with other important details mentioned.**

#### **REGISTRATION DETAILS:**

Follow the procedure specified below to register for the course.

Step 1: Pay the fees by following the procedure

Step 2: Take screenshot of your transaction

Step 3: Fill the Google form by clicking the link given below, attaching screenshot of the payment transaction is mandatory.

<https://forms.gle/VN7gWeCFDhiuiAVN7>

Step 4: Once the form is submitted, you will receive through email the link for joining WhatsApp group. Further details will be provided there.

Course related inquiry: Prof. Supriya More: 9004337693

Prof. Aaditya Jadhav: 7021340539

Ms. Anupama Hebli: 9769959190

Payment related inquiries: Mr. Parag Shinde: 7977807920

Mr. Sambhaji Kadam: 8652322450

*Note: E- certificates will be provided to participants upon completion of course and evaluation as well as fulfilling the attendance criteria.*