





## University of Mumbai, Thane Sub Campus and Inner Wheel Club of Bombay Film City

**Organizes** 

## PANEL DISCUSSION ON STRESS MANAGEMENT DURING AND POST COVID-19



Dr. Sunita
Magre
Prof. and I/C Director University of

Mumbai, Thane Sub campus



Dr. Saurabh

Talekar

Founder Director, Wholistic

Care Center



Vakharia
DC, IWC District 314
(2019-20)



Bhugra
President IWC, Bombay
Film City



Vaidya
Secretary ,IWC,
Bombay Film City

Dr. Frances



Dr. Chinmay
Kulkarni
MBBS,
DPM(Psychiatry)



Yogi Sakha Wholistic Health & Happiness Coach

Certificate of participation for all attendees!



9th May 2020, Saturday



11:30 AM - 12:45 PM

Moderator: Dr. Frances Vaidya, Secretary IWC BFC & Assistant Professor Gandhi Shikshan Bhavan's Smt. Surajba College of Education

The session will be conducted on Zoom









