## No.UG / 150 of 2009

A reference is invited to the Ordinances, Regulations and syllabi relating to A reference course <u>vide</u> this office Circular No.UG/202 of 1999 dated 4th B.A. degree degree of the affiliated colleges in Arts and Professor-cumInstitute of Distance Education are hereby in a Institute of Distance Education are hereby informed that the pirector, made by the Board of Studies in Psychology at its meeting held phonomenoauch, 2009 has been accepted by the Academic Council at its meeting held in 13th February, 2009 vide Item No.4.26 and that in a surface that the January, 2009 <u>vide</u> Item No.4.26 and that, in accordance therewith, held on 13 held on 13 syllabi for Psychology Papers II and III at S.Y.B.A. examination is as the revised syllabi for Psychology Papers II and III at S.Y.B.A. examination is as the revised sy and that the same has been brought into force with effect from the leaving year 2009-2010. per sure year 2009-2010.

MIMBAI-400 032 12th May, 2009

PRINK VENKATAR AMANI REGISTRAR

The Principals of the affiliated colleges in Arts and Professor-cum-Director, Institute of Distance Education.

## A.C./4.26/13.02.2009

No.UG/150 - A of 2009, MUMBAI-400 032

12th May, 2009

Copy forwarded with compliments for information to: -

- 1) The Dean, Faculty of Arts
- 2) The Chairperson, Board of Studies in Psychology.
- 3) The Controller of Examinations,

4) The Co-Ordinator, University Computerization Centre

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# UNIVERSITY OF MUMBAI



Revised Syllabus
in the Subject of
Psychology (Paper II &III)
at the S.Y.B.A.

(With effect from the academic year 2009-2010)

Revised syllabus in the subject of Psychology Paper II - 'Social Psychology' at the S.Y.B.A. to be brought into force with effect from the academic year 2009-2010

Objectives: -

To impart knowledge of the basic concepts and modern trends in Social Psychology

2 To foster interest in Social Psychology as a field of study and research

3. To make the students aware of the applications of the various concepts in Social psychology in the Indian context

(3 lectures per week; 36 lectures per term; 7 lectures per topic and 1 lecture for orientation to the paper and discussion of Question paper pattern)

Term 1 (Topics 1 to 5)

#### Topic 1: The Field of Social Psychology

- a) Social Psychology: what it is and what it does
- b) Social Psychology: its cutting edge
- c) A brief look at history: the origins and early development of Social Psychology
- d) Research as the route to increased knowledge
- e) The role of theory in Social Psychology
- f) The Quest for Knowledge and Rights of Individuals: Seeking an Appropriate Balance

#### Topic 2: Social Cognition

- a) Schemas: Mental Frameworks for Organising and Using Social Information
- b) Heuristics: How We Reduce Our Effort in Social Cognition
- c) Automatic and controlled processing: two basic modes of social thought
- d) Potential Sources of Error in Social Cognition
- e) Affect and Cognition: how feelings shape thought and thought shapes feelings

#### Topic 3: Social Perception

- a) Nonverbal Communication: The unspoken Language of Expressions, Gazes and Gestures
- b) Attribution: Understanding the Causes of Others' Behaviour
- c) Impression Formation and Impression Management

#### Topic 4: Attitudes

- a) Attitude Formation: How Attitudes Develop
- b) When and why do Attitudes Influence Behaviour?
- c) How do attitudes guide behaviour?
- d) The Fine Art of Persuasion: how Attitudes are changed
- e) Resisting Persuasion attempts
- f) Cognitive Dissonance: What it is and how we manage it?

## Topic 5: Stereotyping, Prejudice and Discrimination

- a) How members of different groups perceive inequality
- b) The Nature and Origins of Stereotyping
- c) Prejudice and Discrimination: feelings and actions toward Social groups
- d) Why Prejudice Is Not Inevitable: Techniques for Countering Its Effects

Term 2 (Topics 6 to 10)

## Topic 6: Interpersonal Attraction and Close Relationships

- a) Internal determinants of attraction: the Need to Affiliate and the basic role of Affect
- b) External determinants of attraction: Proximity and others' Observable Characteristics

Factors based on interacting with others: Similarity and Mutual Liking Relationships: family and friends c) Factors Relationships: family and friends

1001c 7: Social Influence Conformity: Group Influence in Action

b) Compliance: To Ask – Sometimes - Is to Receive

b) Compliance: how we are influenced by others even when they are not there Obedience to Authority

Topic 8: Prosocial Behaviour

Why people help: motives for Prosocial Behaviour

Responding to an Emergency: Will Bystanders help?

e) External and internal influences on helping behaviour

d) Long-term commitment to prosocial acts

Topic 9: Aggression

a) Perspectives on Aggression: In Search of the Roots of Violence

b) Causes of Human Aggression: Social, Cultural, Personal, and Situational

c) Aggression in Long-Term Relationships: Bullying and Aggression at Work

d) The Prevention and Control of Violence: Some Useful Techniques

Topic 10: Groups and Individuals

a) Groups: When we join and when we leave

b) The benefits of joining: what groups do for us

c) Effects of the presence of others: from task performance to behaviour in crowds

d) Social Loafing: letting others do the work

e) Coordination in Groups: Cooperation or Conflict?

f) Perceived Fairness in Groups: Its nature and effects

g) Decision Making by Groups: How it occurs and the pitfalls it faces

**Book for Study:** 

Baron, R. A., Branscombe, N. R., & Byrne, D. (2008). Social Psychology. (12th ed.). New Delhi: Pearson Education, Indian subcontinent adaptation 2009

Books for Reference

- 1. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). Social Psychology. (6th edi.), New Jersey: Pearson Education Prentice Hall
- 2. Baumeister, R. F., & Bushman, B. J. (2008). Social Psychology and Human Nature. International student edition, Thomson Wadsworth USA
- 3. Delamater, J. D., & Myers, D. J. (2007). Social Psychology. (6th edi.), Thomson Wadsworth International student edition, USA
- 4. Franzoi, S. L. (2003). Social Psychology. (3rd ed.). New York McGraw Hill co.
- 5. Kenrick, D. T., Newberg, S. L., & Cialdini, R. B. (2007). Social Psychology: Goals in Interacton. (4th edi.). Pearson Education Allyn and Bacon, Boston
- 6. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology. (12th edi.). New Delhi: Pearson Education



Revised syllabus in the subject of Psychology - Paper III - Developmental Psychology at the Revised synds. The sychology - Paper III - Developmental Psych 5.Y.B.A. to be brought into force with effect from the academic year 2009-2010

Objectives: -Objectives.

To impart knowledge and understanding of the basic concepts, principles, perspectives and trends in Developmental Psychology To mape 1 To mape 1 To mape 1 To mape 1 To mape 2 To map To foster interest in Developmental Psychology as a field of study and research 2 To note and the students aware of the implications and applications of the various concepts,

3. To make and theories of Developmental Psychology in daily life in the Indian context

(3 lectures per week; 36 lectures per term; 7 lectures per topic and 1 lecture for orientation to (3 lecture the paper and discussion of Question paper pattern)

#### Term 1 (Topics 1 to 5)

Topic 1. Introduction - Beginnings

a) New Conceptions, An Orientation to Lifespan Development

- b) Key Issues and Questions: Determining the Nature and Nurture of Lifespan Development
- c) Theoretical Perspectives on Lifespan Development
- d) Research Methods

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## Topic 2. The Start of Life; Birth and the Newborn Infant

- a) The Future Is Now; Earliest Development
- b) The Interaction of Heredity and Environment
- c) Prenatal Growth and Change
- d) A 22-Ounce Miracle; Birth and Birth Complications; Pre-term infants and the Competent newborn

## Topic 3. Physical Development in Infancy

- a) First Steps; Growth and Stability
- b) Motor Development
- c) The Development of the Senses

#### Topic 4. Cognitive Development in Infancy

- a) Piaget's Approach to Cognitive Development
- b) Information Processing Approaches to Cognitive Development
- c) The Roots of Language

## Topic 5. Social and Personality Development in Infancy

- a) Developing the Roots of Sociability
- b) Forming Relationships
- c) Differences among Infants

#### Term 2 (Topics 6 to 10)

## Topic 6. Physical, Social and Personality Development in the Preschool Years

- a) Physical Development the Growing Body; the Growing Brain; Motor Development
- b) Social and personality development Feeling His Mother's Pain; Forming a Sense of Self; Friends and Family: Preschoolers' Social Lives; Moral Development and Aggression

## Topic 7. Cognitive Development in Pre-school years

- a) Piaget's Approach
- b) Information Processing and Vygotsky's Approach to Cognitive Development
- c) The Growth of Language and Learning

10pic 8 Physical and Cognitive Development in Middle Childhood
10pic 8 Physical Development - the Growing Rody Man pic 8 Physical Development - the Growing Body; Motor Development and Safety; Children a) hth Special Needs with Special Needs

with or Cognitive Development - Intellectual and Language Development; Schooling: The Three Rs (and More) of Middle Childhood; Intelligence: Determining Individual Strengths

Topic 9 Social and Personality Development in Middle Childhood

play Time; The Developing Self

a) Relationships: Building Friendship in Middle Childhood

c) Family Life in Middle Childhood

Topic 10. Adolescence

- a) Physical Development in Adolescence Physical Maturation; Threats to Adolescents' Well-Being
  - b) Cognitive Development in Adolescence Overcoming the Obstacles; Cognitive Development; School Performance
  - c) Social and Personality Development in Adolescence Identity: Asking "Who Am I?"; Relationships: Family and Friends, Dating, Sexual Behavior, and Teenage Pregnancy

Book for study

Feldman, R. S. (2009). <u>Discovering the Life Span.</u> Pearson Prentice Hall

Books for reference

- 1. Berk, L. E. (2006). Child Development. (7th Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 2. Berk, L. E. (2004). Development through the lifespan. (3rd Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 3. Cook, J. L., & Cook, G. (2009). Child Development: Principles and Perspectives. Boston: Pearson Education
- 4. Crandell, T. L., Crandell, C. H., & Zanden, J. W. V. (2009). Human Development. (9th Ed). New York: McGraw Hill co. Inc.
- 5. Dacey, J. S. & Travers, J. F. (2004). <u>Human Development across the lifespan</u>. (5<sup>th</sup> Ed). McGraw Hill co.
- 6. Kail, R. V. (2007). Children and their Development. (4<sup>th</sup> Ed). New Jersey: Pearson Education Inc.
- 7. McDevitt, T. M., & Omrod, J. E. (2007). Child Development and Education. (3<sup>rd</sup> Ed). New Jersey: Pearson Education Inc.
- 8 Papalia, D. E., Olds, S. W., & Feldman, R. (2004). Human Development. (9<sup>th</sup> Ed). McGraw Hill, international Edition
- Shaffer, D. R., & Kipp, K. (2007). Developmental Psychology: Childhood and Adolescence (7th Ed). Thomson Learning, Indian reprint 2007

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Important Note - In view of today's increased multiculturalism, Socio-cultural Dimensions of all topics should be taught and discussed with respect to relevance/applications/implications in the Indian context. Some parts of Topics 10 - Adolescence - may be covered through classroom discussions and student presentations.

