

UNIVERSITY OF MUMBAI

No.UG/ 145 of 2008

CIRCULAR :-

A reference is invited to the Ordinances, Regulations and Syllabi relating to the B.A. degree course vide this office Circular No.UG/229 of 2004 dated 5th June, 2004 and the Principals of the affiliated colleges in Arts and Professor-cum-Director, Institute of Distance Education are hereby informed that the recommendation made by the Board of Studies in Psychology at its meeting held on 10th January, 2008 has been accepted by the Academic Council at its meeting held on 27th February, 2008 vide item No.4.8 and that, in accordance therewith, the syllabus and pattern of question paper in the subject of Psychology Paper-1- "General Psychology" at the F.Y.B.A. examination is revised as per Appendices 'A' and 'B' and the same will be brought into force with effect from the academic year 2008-2009.

MUMBAI-400 032

4th April, 2008

for I/c. REGISTRAR

To,

The Principals of the affiliated colleges in Arts, and the Professor-cum-Director, Institute of Distance Education.

A.C./4.8/27.02.2008

No.UG/145 - A of 2008, MUMBAI-400 032 4th April, 2008

Copy forwarded with compliments for information to :-

- 1) The Dean, Faculty of Arts,
- 2) The Chairperson, Board of Studies in Psychology
- 3) The Controller of Examinations,
- 4) The Co-Ordinator, University Computerization Centre,

for I/c. REGISTRAR

Copy to :-

The Director, Board of College and University Development, the Deputy Registrar (Eligibility and Migration Section), the Director of Students Welfare, the Executive Secretary to the Vice-Chancellor, the Pro-Vice-Chancellor, the Registrar and the Assistant Registrar, Administrative sub-center, Ratnagiri for information.

The Controller of Examinations (10 copies), the Finance and Accounts Officer (2 copies), Record Section (5 copies), Publications Section (5 copies), the Deputy Registrar, Enrolment, Eligibility and Migration Section (3 copies), the Deputy Registrar, Statistical Unit (2 copies), the Deputy Registrar (Accounts Section), Vidyamagari (2 copies), the Deputy Registrar, Affiliation Section (2 copies), the Director, Institute of Distance Education, (2 copies), the Deputy Registrar, Computer Center (IDE Building), Vidyamagari, (2 copies) the Deputy Registrar.



UNIVERSITY OF MUMBAI



Revised Syllabus
at the F.Y.B.A.
(Paper-I- General Psychology)

in the subject of
Psychology

(With effect from the academic year 2008-2009)

Appendix A

Revised syllabus in the subject of Psychology - Paper 1 - "General Psychology" at the F.Y.B.A. to be brought into force with effect from the academic year 2008-2009.

Objectives: -

1. To impart knowledge of the basic concepts and modern trends in Psychology
2. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology
3. To make the students aware of the applications of Psychological concepts in various fields so that they understand the relevance of Psychology in different areas of life.

Term 1 (Topics 1 to 5)

4 lectures per week; 48 lectures per term; 9 lectures per topic and 3 lectures for computer-assisted demonstrations/ quiz/ administration of Psychological scales

Topic 1. The Science of Psychology

- a) What is Psychology?
- b) Psychology then: History of Psychology
- c) Psychology now: Modern Perspectives
- d) Types of Psychological professionals
- e) Psychology: The Science
- f) Ethics of Psychological Research
- g) Critical thinking
- h) Applying Psychology – Does astrology work?
- i) Psychology in India*

Topic 2. The Biological Perspective

- a) Neurons and nerves: Building the Network
- b) The Central Nervous System
- c) The Peripheral Nervous System
- d) Inside the brain and structures of the brain
- e) The chemical connection: the Endocrine glands
- f) Applying Psychology – Differences between male and female brains

Topic 3. Consciousness: Sleep, Dreams, Hypnosis, and Drugs

- a) What is Consciousness?
- b) Altered states - Sleep
- c) Dreams
- d) Altered states - Hypnosis
- e) Altered states - Psychoactive Drugs
- f) Applying Psychology – Sleep deprivation

Topic 4. Learning

- a) Definition of Learning
- b) Classical Conditioning
- c) Operant Conditioning

- d) Cognitive Learning Theory
- e) Observational Learning
- f) Applying Psychology – Behaviour modification of a developmentally challenged child

Topic 5. Memory

- a) Memory: Encoding, Storage, Retrieval
- b) Models of memory – LOP and PDP
- c) The information-processing model – sensory, short-term and long-term memory
- d) Retrieval of Long-Term Memories
- e) The reconstructive nature of Long-Term Memory Retrieval
- f) Forgetting
- g) Memory and the brain – the physical aspects of memory
- h) Applying Psychology – Current research in Alzheimer's disease

Term 2 (Topics 6 to 10)

4 lectures per week; 48 lectures per term; 9 lectures per topic and 3 lectures for computer-assisted demonstrations / quiz/ administration of Psychological scales

Topic 6. Cognition: Thinking, Intelligence and Language

- a) How people think
- b) Intelligence
- c) Language
- d) Applying Psychology – Mental exercises for better cognitive health

Topic 7. Motivation and Emotion

- a) Approaches to understanding Motivation
- b) Hunger
- c) Emotion
- d) Applying Psychology – The how-to of happiness

Topic 8. Stress and Health

- a) Stress
- b) Factors in the Stress Reaction
- c) Coping with stress
- d) Applying Psychology – Focus on wellness

Topic 9. Theories of Personality

- a) Sigmund Freud and Psychoanalysis
- b) The Behaviorist view of Personality
- c) The Social Cognitive view of Personality
- d) Humanism and Personality
- e) Trait Theories
- f) The biology of Personality: Behavioral Genetics
- g) Assessment of Personality
- h) Applying Psychology – Personality testing on the internet

Topic 10. Statistics in Psychology (Appendix section of the Textbook)

- a) Why do psychologists use statistics?
- b) Descriptive Statistics – Frequency distributions, the Normal curve, other distribution types, skewed distributions
- c) Measures of central tendency – mean, median, mode
- d) Measures of variability – range and SD; z scores
- e) Inferential Statistics – statistical significance
- f) The correlation coefficient

Important Notes –

1. The following points can be covered in sub-topic 1-i 'Psychology in India' - The history of Psychology in India; Current trends and fields of applications; Indian Psychologists and their contributions; Indian institutions and NGOs related to Psychology; Educational and career options for graduates and post-graduates in Psychology. (This sub-topic is only for students' awareness, not for examination.)
2. In order to enrich learning, the contents of the CD 'Live!Psych' that accompanies the textbook (interactive media simulations, animations and experiments) should be integrated with teaching through demonstrations and discussions.
3. While teaching Topic 10 'Statistics in Psychology', raw scores can be generated by administering some simple Psychological scales/ Personality questionnaires available online on the websites mentioned in the textbook or included in some books like 'Comprehensive Stress Management' by Greenberg (2002), 'Psychology Applied to Modern Life: Adjustment in the 21st century' (Weiten, & Lloyd, 2003), 'Applied Industrial/Organizational Psychology' (Aamodt, 2004), 'Training Instruments in HRD and OD' (Pareek, 2003). Or, the scores obtained by students on the Quiz given in each chapter can be used for data analysis.

Book for Study

Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian subcontinent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd (South Asian Edition)

Books for Reference

- 1) Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- 2) Ciccarelli, S. K. & Meyer, G. E. (2006). Psychology. Pearson Education inc. and Dorling Kindersley Publishing inc. New Delhi; first Indian reprint 2007
- 3) Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways to Mind and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 2007
- 4) Feldman, R. S. (2008). Understanding Psychology. (8th ed.). McGraw- Hill Publications, New York
- 5) Kalat, J. W. (2005). Introduction to Psychology. (7th ed.). Wadsworth- Thomson Learning Publications, Belmont, USA.

- 6) Lahey, B. B. (2007). Psychology: An Introduction. (9th ed.). McGraw- Hill Publications, New York
 - 7) Passer, M. W., & Smith, R. E. Psychology: The Science of Mind and Behaviour. (3rd ed.) McGraw- Hill Publications, International edition, New York (2007)
 - 8) Wade, C. & Tavis, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi
 - 9) Wood, S.E., Wood, E. G., & Boyd, D. (2008). The world of Psychology. (6th ed.). Pearson Education inc., Allyn and Bacon
 - 10) Zimbardo, P. G., Johnson, R. L., & Weber, A. N. (2008). Psychology: Core Concepts. (5th ed.). Pearson Education inc., Allyn and Bacon
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UNIVERSITY OF MUMBAI



Pattern of Question Paper
at the
F.Y.B.A. examination

(Paper-I –General Psychology)

(With effect from the academic year 2008-2009)

Appendix B

F.Y.B.A. Paper I – (Revised syllabus) General Psychology

Pattern of Question Paper to be brought into force with effect from the academic year 2008-2009.

Duration of examination = 2 hours

Marks = 50 (per term)

- Question no. 6 is compulsory; any three more questions to be attempted out of the remaining five questions.
- The first 5 questions carry 12 marks each, and the Question no. 6 carries 14 marks.
- Q. No. 1,2,3,4, and 5 will be on the 5 topics covered in the term.
- Question No. 6- Write 4 short notes out of 5, each of 3 ½ marks; One short note to be given from each of the 5 topics.
- The Question on Topic 10- Statistics in Psychology will have 2 parts, A and B.

A. Theoretical Question for 5 marks.

B. Calculation of Mean, Median and Mode of given raw scores for 7 marks. Number of scores should be between 9 and 12. Scores can be 2-digit or 3-digit. Use of calculators is not allowed. The marks for Mean, Median and Mode will be 4, 2 and 1 respectively.

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