UNIVERSITY OF MUMBAI No.UG/ 386



A reference is invited to the Ordinances, Regulations and Syllabi relating to the Bachelor of Physical Education (B.P.Ed.) degree course and the Principals of the affiliated colleges in Physical Education are hereby informed that the recommendation made by the Board of Studies in Education at its meeting held on 23rd February,2005 has been accepted by the Academic Council at its meeting held on 2nd April,2005, vide item No. 4.13 and subsequently approved by the Management Council at its meeting held on 16th April,2005 vide item No.11 and that in accordance therewith the syllabus and list of reference books for the Bachelor of Physical Education (B.P.Ed.) degree course is revised as per Appendix and that the same has been brought into force with effect from the seademic year 2005-2006.

Further that in exercise of powers conferred upon the Management Council under Section 54(1) and Section 55(1) of the Maharashtra Universities Act, 1994, it has made the Ordinances 3320 and Regulations 5102, 5103, 5104, 5105, 5106, 5017, 5108,5109, 5110, 5111, 5112 and 5113 relating to the Bachelor of Physical Education (B.P.Ed.) degree course has been revised as per Appendix.

MUMBAI-400 032

19th September, 2005

To.

The Principals of the affiliated colleges in Physical Education

AC/4.13/02.04.05 MC/11/16.04.05

No.UG/ 386-A

of 2005, MUMBAI-400 032

19th September, 2005

for REGISTRAR

Copy forwarded with compliments for information to :-

The Dean, Faculty of Arts

The Chairman, Board of Studies in Education 2)

Copy to :-

The Director, Board of College and University Development, the Deputy Registrar (Eligibility and Migration Section), the Director of Students Welfare, the Personal Assistants to the Vice-Chancellor, the Pro-Vice-Chancellor, the Registrar and the Assistant Registrar, Administrative sub-center, Ratnagiri for information.

The Officer on Special Duty-cum-Controller of Examinations (10 copies), the Finance and Accounts Officer (2 copies), Record Section (5 copies), Publications Section (5 copies), the Deputy Registrar, Enrolment, Eligibility and Migration Section (3 copies), the Deputy Registrar, Statistical Unit (2 copies), the Deputy Registrar (Accounts Section), Vidyanagari (2 copies), the Deputy Registrar, Affiliation Section (2 copies), the Director, Institute of Distance Education, (10 copies) the Director V Computer Center (IDE Building), Vidyanagari, (2 copies) the Deputy Registrar (Cell), the Deputy Registrar, (PRO) . the Assistant Registrar, Academic Authorit. copies) and the Assistant Registrar, Executive Authorities Unit () coning)

18/01/05
Enclosure to Item No. 4:13
2|5|05

UNIVERSITY OF MUMBAI

Ordinances and Regulations

Relating to The Revised Course

For the Degree of the Bachelor of Physical Education (B.P.Ed.) (with effect from academic year 2005-2006)

REVISED B.P.ED. SY ABUS

UNIVERSITY OF MUMBAI

EFFECTIVE FROM JUNE 2005

GOAL OF THE B.P.ED. COURSE

To prepare effective secondary teachers of physical education and academic subjects, who are capable of responding to the changing needs of the Modern Indian Society with the challenges and opportunities available therein.

GENERAL OBJECTIVES OF THE B.P.ED. COURSE

- 1. To enable teachers to understand the nature, purpose and philosophy of education and physical education at the secondary stage;
- 2. To prepare teachers of physical education with broader educational perspective;
- 3. To develop potentialities for planning and organizing physical education programmes and activities;
- 4. To develop capacity to organize leisure and recreational activities;
- 5. To empower them to inspire their students to actively participate in physical and yogic exercises, games and sports.
- 6. To enable teachers to develop personality, character, will-power, democratic values and positives attitude towards life among their students.
- 7. To make teachers capable of imparting basic knowledge about health, hygiene and nutrition.
- 8. To develop skills and competencies to organize school and community games and sports.
- 9. To cultivate the spirit of sportsmanship, mental and physical alertness, scientific temper and optimism.
- 10. To promote mental health, power of self-decision and self-control, correct judgment and action, emotional stability and equanimity, respect for other and acceptance of authority and rules.
- 11. To promote appreciation and interest for indigenous games, sports and yogic exercises, and
- 12. To create awareness about health and hygiene in the community.

ORDINANCES AND REGULATIONS RELATING TO THE DEGREE OF THE BACHELOR OF PHYSICAL EDCUATION (B.P.Ed.) (Revised Course) Effective From June 2005.

3320

- O.___A candidate for the degree of Bachelor of Physical Education (B.P.Ed.) must have passed a Bachelor's degree examination of this university in any faculty or a corresponding degree examination of any other university recognized as equivalent there to and in addition must have subsequent to his passing the Bachelor's degree examination.
 - Kept-two consecutive terms for the full time B.P.Ed. course separated over a maximum period of two consecutive years in a College of Physical Education.
 - 2. Completed practicum extending over two terms to the satisfaction of the Principal of the Institution in which the candidate is studying consisting of:
 - a) Attendance at Demonstration lessons.
 - b) Teaching practice of not less than 20 lessons distributed over different standards from Vth to IXth of recognized Secondary schools selected by the Principal as practicing schools. In addition to these 20 lessons there will be:
 - 5 micro teaching lessons in Physical Education and 5 micro teaching lessons in academic subject.
 - ii) 5 other simulated lessons in Physical Education and 5 simulated lessons in academic subject.
 - c) Observations of Lessons.
 - d) The practical and project work conducted related to ICT and other Physical Education activity.
 - e) Internship of atleast one weeks duration in second term.
 - f) One essay per section in each theory paper.
 - g) Participation in social/community work of not less than 15 hours.

	'Part Asses	xamination for the degree of B.P.Ed. shall consist of A'- Theory - (External Assessment) and 'Part B' - Practicum - (Internal sement), details are given in RSIOR and R
00	102	
		The examination for Part A and B can be taken after two consecutive terms attendance by student enrolled for the course.
~ C	103 D.	
`		A candidate for the examination in Parts A and B must apply to the Registrar with certificates required by O through the Principal of the College of Physical Education in which he/she has received training.
RS	104	The Internal Assessment in Part B comprising of Practice Teaching, Practical work, Year's work and practical work shall be evaluated as per the scheme in R The aggregate of marks obtained out of 500 shall be converted into

Grades as per the scheme in R. University the Grades awarded to every cand also forward to the University the original rec Practice teaching, Practical work, Year's wo which the Grades are awarded for scruting appointed under: O.3320 The revaluation shall not be permitted.

rincipal shall forward to the in Part B. The Principal shall under the four main headingnd Project work on the basis of y the co-ordination committee ne scripts of internal assessment

There shall be two Terminal Examinations for each paper. Both the sections in each paper will be covered by the examination, which shall be evenly spread over two consecutive terms of the B.P.Ed. course.

For the purpose of co-ordination of Internal Assessment in Part B there shall be a co-ordination committee consisting of :-

Chairperson, Board of Studies in Education, i)

Chairperson, B.P.Ed. Examination of the concerned year, ii)

Two Principals, who are not the members of the Board of studies in iii) Education, nominated every year by the B.O.S. in education.

Two Members of Board of Studies in Education who are not included in iv) the above categories, nominated every year by the Board of Studies in Education,

The committee shall go through internal assessment marks and the grades awarded to students of different colleges of physical education. discrepancy is found in the standard of marking and / or of grading by college from the norms framed by the Board of Studies in Education, the Principal concerned would be required to accordingly modify the marks as per the directions given by the co-ordination committee. The committee is authorized to check all the internal work of the students of the college to verify the marks awarded by the college and make necessary changes wherever required.

A candidate who has kept terms for the B.P.Ed. degree examination but who has either not appeared for Part A or failed in Part A, will be permitted at his option to carry forward the grade obtained in 'Part B' to three subsequent examinations. Candidates exercising this option shall not be eligible for a first or second class.

- ii) A candidate who has kept terms for the B.P.Ed. Degree examination but who has either not appeared for 'Part A' or failed in Part A will be eligible for class provided he completes additional practical work of 'Part B' as specified in R.
- A candidate who has passed in 'Part A' but fails in 'Part B' will be iii) permitted at his option to carry forward the marks obtained in 'Part A' to three subsequent examinations. The candidate be required to revise his grade in 'Part B' as specified in R.____ Candidate exercising this option shall not be eligible for a first or second class.
- iv) A Candidate who has passed in 'Part A' but fails in 'Part B' will be eligible for class provided he puts in regular attendance for two additional terms at the college from which he appeared for the University examination and

- completes the entire work of 'Part B and reappears in 'Part A' examination conducted by the University.
- v) A candidate who fails in 'Part A' and fails in 'Part B', will be required to put in regular attendance for two additional consecutive terms at the college from which he appeared for the university examination and completes the entire work of 'Part B and reappears in "Part A' examination conducted by the University, will be eligible for the class.

R.______:- Structure of the B.P.Ed. syllabus will comprise of 'Part A'- TheoryExternal Assessment and 'Part B- Practicum- Internal Assessment as
follows:-

RPART A	PART B
THEORY - EXTERNAL ASSESSMENT	PRACTICUM - INTERNAL ASSESSMENT
(500 Marks)	(500 Marks)
I) 5 Papers X 100 marks each	
II) Candidates will be examined in the following	I) PRACTICE LESSONS 250 Marks
subjects.	
	a) 10 Practice lessons in Academic subjects.
PAPER I: Education, Physical Education, Sports	(10 marks each) 100 Marks
& Recreation in emerging Indian	b) 10 Practice lessons in Physical Education.
Society.	(10 marks each) 100 Marks
	c) 5 other simulated lessons in academic
PAPER II: Psychology of Education, Physical	subject 25 marks
Education and Sports.	(Bridge/Integrated and other innovative
DADED III. M	methods of teaching of 5 marks each)
PAPER III: Management, Measurements, Evaluation and	d) 5 officiating lessons/simulated lessons in
Statistics in Physical Education	Physical Education 25 marks (5 marks each)
PARED IV: Anatomy Physiology of Eversion	1
PAPER IV: Anatomy, Physiology of Exercise,	e) 5 micro teaching lesson in academic subject and 5 micro teaching lessons in Physical
Kinesiology and Health Education and Officiating and Coaching	Educations. (compulsory)
Officialing and Coaching	II) YEARS WORK 200 Marks
PAPER V: Teaching Methods	a) Two terminal theory examinations 50 marks
1. Physical Education (Compulsory)	b) Two terminal Physical Education Practical
AND	Examinations. 150 marks
2. Any one method out of the following	III) PRACTICAL WORK /PROJECT WORK 50 Marks
(Optional Method)	a) Information & communication Technology
1. Marathi	25 Marks
2 . Hindi	b) Play fields marking 10 Marks
3. English	c) Value Education 05 Marks
4. History	d) Recreative games/lead up games 05 Marks
5. Geography	e) Test & Measurement 05 Marks
6. Science	, and a marke
7. Mathematics	

- [Note:- i. In case of PART-A there shall be a minimum of 40 periods per section per paper. (excluding internal examinations) Each period shall be of 50 minutes duration.
 - ii. In case of PART-B there shall be a minimum of 4 periods per day for Physical Education practicals. (excluding internal examinations) Each period shall be of 60 minutes duration.

Practical Work – (150 Marks)

The practical work comprises of Major games and sports, Athletics, Rhythmics, The practices, yoga and developmental exercises. The activities, Rhythmics, activities included in the said formal activities, yes according to the secondary school syllabus of the Maharashtra

The details of the activities for practical work and their distributions of mark is as

follows: group !

Major games and sports (Any twelve)

(60 Marks)

	(60 M
Compulsory games/ sports	Optional games/sports (any four) 1. Cricket
1. Kabaddi	1. Cricket
2. Kho-Kho	2. Badminton
3. Football	3. Table Tennis
4. Volleyball	4. Teniquite
5. Basketball	5. Softball
6. Hockey	6. Wrestling
7. Handball	7. Judo
8. Gymnastics	8. Malkhamb
•	S. Mainiailli

Group II:

Athletics (30 Marks)

Any two events each from running, jumping and throwing events

Group III:

Rhythmic Activities (20 Marks).

Including Baroda Lezium, Dakhhani Lezium, Folk Dance, Aerobics, Band

Training etc.

Formal Activities (20 Marks) Group IV:

Including Wands, Dumbells, Table of Exercises and Drill & Marching etc.

Group V:

Yoga and Developmental Exercises (20 Marks)

Including Yoga, Suryanamaskar, Situps and Pushups (women), Dands

and Baithkas (men), Weight Training etc.

R: Information and Communication Technology (25 marks).

To facilitate each student to acquire ICT competencies, at least 20 hours of hands- on experience must be provided.

The details of the Practical work is as follows:

- 1. Fundamental of Computer Switching On/Off/Restart, C.P.U., Monitor. Key-board, Mouse etc.
- 2. Basic features of Windows The desktop, the Icons, Taskbar, Start button and its different element, Basic Mouse operation, Starting programme through windows.

- 3. Desktop setting of windows Wallpaper, Screen saver, Shut down process of windows.
- 4. Activation of programmes Paint, Notepad, Basic editing operation like cut, copy, paste, saving files, naming a file, save as etc. Floppy drive, CD-ROM drive, running, selecting, copying files, explorer- creating a folders and files, loading of software.
- 5. Introduction of MS word Editing facilities Bold, Italic, Underline, type of font, Alignment, Color, Spelling checking, Working with page set-up, preview, Insertion of text, working with tables.
- 6. Starting Excel Editing worksheet, function (Mathematical & Statistical)
- 7. Power Point Preparation of slides, Slide show.
- 8. Internet Logging on to Internet, Internet Explorer, Search engines, Using Outlook express, Browsing the WWW.
- 9. Communication Types of Communication (Verbal/Nonverbal), online and offline satellite communication.

Note: The present syllabus should be subject to revision as per the hardware and software changes, on the condition that the Board Of Studies should communicate the same to all B.P.Ed. Colleges at the beginning of the academic year.

The practical assessment of ICT (of 25 marks) will comprises of project work related to the following areas -

- 1. Managing the student fitness data by using MS Excel and creating the graphs.
- 2. Develop the Physical Education lesson plan with the help of MS Word.
- 3. Creating unit support materials with the help of WWW.
- 4. Creating student multimedia presentation (Teaching aids)
- 5. Any other innovative method related to computer application.

THE FOLLOWING RECORDS ARE REQUIRED TO BE MAINTAINED AND CERTIFIED BY THE PRINCIPAL OF THE INSTITUTION

- i) A file containing notes of lessons given and criticism made thereon.
- Note book of observation of at least 20 lessons each in special method and Physical Education method out of which in case of special method 10 lessons of own method and remaining 10 lessons from other methods.
- iii) A journal of experiments in Educational Psychology.
- iv) The note books of the project work.
- v.) Record of internship.

The Principal of the institution in which the candidate is studying will be required to keep a record of all the work done in the college and practicing school / Junior college, and certify that the work has been completed satisfactorily.

The additional practical work required for candidate appearing under O.___ ii) and iii) will be as follows :-

a) Put in regular attendance for a period of at least one additional term at the college from which they appear for the University examination.

b) Give 15 additional lessons (8 in Physical Education and 7 in Optional Method) under the supervision of the college authorities.

c) Appear for one terminal examination (Theory and Practical)

d) Write at least five essays.

The revised grade in 'Part B' to be awarded to the candidates appearing under O. ii) and iii) shall be on the basis of average of the marks obtained in 'Part B' Practicum (Internal Assessment) in the first year and marks obtained in 'Part B' Practicum (Internal Assessment) in the additional term. The marks obtained in practical work (out of 50) be carried forward for averaging.

R. ____S STANDARD OF PASSING THE EXAMINATION

> To pass the examination, a candidate must obtain in 'Part A' - 35 percent of the total marks in each paper and 40 percent on the aggregate, and in 'Part B' 35 percent in each of the four sub-head (Practice lessons, Practical Work, Project work and Year's work) 40 percent on the aggregate.

With respect to the total marks gained by the candidate in Part A (out of 500) and Part -B (out of 500) one of the following grades and corresponding grade points will be accorded to the candidate as follows:

PART A		PART B		
Percentage of marks	Grade points	Percentage of marks	Grade points	Grade
70% &above	5	70% & above	5	0
60% to 69%	4	60% to 69%	4	Α
50% to 59%	3	50% to 59%	3	В
40% to 49%	2	40% to 49%	2	С
Below 40 %	1	Below 40%	1	D

Note. To pass the examination with class the candidates will have to earn the total credit points including Part A and Part B as follows:-

1 st class with distinction	10
Ist class	8&9
II nd class	6&7
Pass class	4&5
Less than 4 credit points	Declared Fail

Note: If a candidate gets less than 2 grade points in either Part A or Part B he/ she will be declared 'Fail' inspite of total credits being 4 or more.

PAPER - I EDUCATION, PHYSICAL EDUCATION, SPORTS AND RECREATION IN EMERGING INDIAN SOCIETY

OBJECTIVES:-

- 1. To understand the relationship between Philosophy, Education and Physical Education.
- 2. To understand ancient goals of education, meaning, scope and functions of education.
- 3. To acquaint the student with the modern goals of education and Physical Education.
- 4. To enable the student to understand and appreciate the teachers role in shaping the emerging Indian society.
- 5. To become acquainted with the role of different agencies of Education and Physical Education
- 6. To understand the contribution of philosophers of Education and Physical Education.
- To acquaint the student with History of Physical Education
- 8. To understand the modern development and social aspects of Physical Education.

Section - I Education In Emerging Indian Society

Unit I Education, Physical Education and Philosophy

- a) Meaning and nature of Philosophy.
- b) Meaning and Scope of Education, Physical Education, philosophy and their interdependence
- c) Role of education and Physical Education in emerging Indian society-Economical, political, social and cultural.

Unit II Goals of Education and Physical Education

- a) Ancient Indian goals: Dharma, Artha, Kama and Moksha
- b) Modern Indian goals
 - i) The goals of Education derived from constitution of India 1950.
 - ii) Secondary education commission 1952-53
 - iii) Education Commission 1964-66.
 - iv) National policy on education, 1986.
 - v) Policy on education and Physical Education, 1992

Unit III Curriculum

- a) Concept, principles and determinants of curriculum design.
- b) Types of curriculum: knowledge, activity, core curriculum.
- c) Role of the teacher and state in curriculum construction.

Agencies of Education and Physical Education

Types of agencies

Role of the following agencies in Education and Physical Education

i) Family

ii) Peer group

iii) Community

iv) School

v) Voluntary organizations

vi) Mass media

Contributions of Educational Thinkers

Unit V Rabindranath Tagore

b) Mahatma Jyotirao Phule

mahatma Gandhi

d) John Dewey

Marshi Dhondo Keshav Karve

Unit VI Role of the teacher in changing society

a) Professional Ethics

b) Roles of the teacher.

Reference Books

Unit IV

a) b)

- 1. Adams, William.C Foundation of Physical Education Exercise and Sports Science, Lea and Febigor, Philadelphia, 1991.
- 2. Bhatia, K.K. & Narang, C.L Philosophical & Sociological Bases of Education, Prakash Bros., Ludhiana, 1984.
- 3. Bhatia, K.K. & other- Modern Indian Education and its problems, Prakash Bros., Ludhiana, 1985.
- 4. Bokil, V.P. Foundation of Education, Pune University, Pune,1970.
- 5. Bucher, Charles Foundation of Physical Education, The C.U. Mosby Saint Louis, 1975.
- 6. Chaube, S.P.- Great Indian Educational Philosophers, Pustak Mandir, Agra, 1987.
- 7. Dash, B.N. Principles of Education, Neelkamal publication, Hyderabad, 2003.
- 8. Harper William and other Physical Process in Physical Education, 3rd Ed., Philadelphia, 1979
- 9. Mittal, S.C. Compendium of Educational Statistics (School Education), NCERT, New Delhi, 2003.
- 10. N.C.E.R.T. teacher and education in emerging Indian society, New Delhi.
- 11. Nanda, S.K. Indian Education and its Problems Today, Kalyani Publications, New Delhi ,1977.
- 12. National Council for Teacher Education. Gandhi on Education, NCTE, New Delhi ,1998.
- Pandey, R.S.-Philosophical & Sociological foundation of education, Vinod Pustak Mandir, Agra, 1991.
- 14. Sampat, Gayatonde, &S, Ganapathy Education in Changing Indian Society
- Saxena, Swaroop Philosophical & Sociological Foundation of Education, Surya Publication, Meerut, 1998.

- 16. Sonu & Brubacher, Modern Philosophies of Education-4th Ed., Tata Mc.Grow Hill publication Co. Pvt. Ltd., Bombay, 1969.
- 17. Torcatto, Lourenco C. Education, its history and philosophy, Research Institute of Education & Philosophy & Religion, Mumbai, 1970.
- 18. गद्रे, गीता, गद्रे,ल.रा. शिक्षणाचा इतिहास भाग-१, २, नूतन प्रकाशन, पुणे, १९७६.
- 19. गाजरे/ महंत उदयोन्मुख भारतीय समाजातील शिक्षण भाग -१,२, नुतन प्रकाशन, पुणे, १९९२.
- 20. आळंदकर, ज.ज्ञा. -िक्सिणाचे आणि अध्यापनाचे शास्त्र, श्रीलेखनवाचन भांडार, पुणे,१९६८.
- 21. अहेर हिरा उदयोन्मुख भारतीय समाजातील शिक्षण व शिक्षक, विदया प्रकाशन, नागपुर,१९८५
- 22. अकोलकर,ग.वि. शैक्षणिक समाजशास्त्राची रूपरेषा, श्रीविद्या प्रकाशन, पुणे, १९७३.
- 23. अकोलकर, ग.वि. शैक्षणिक तत्वज्ञानाची रूपरेषा, श्री. विदया प्रकाशन, पुणे, १९७३.
- 24. अकोलकर, ज.ज्ञा.-शिक्षणाचे आणि अध्यापनाचे शास्त्र, श्रीलेखनवाचन भांडार, पुणे, १९६८
- 25. जैन, कपूरचंद भारतीय शिक्षा का इतिहास, विनोद पुस्तक मंदिर, आग्रा, १९९१.
- 26. चौबे, सरयु प्रसार शिक्षा के समाज शास्त्रीय आधार, विनोद पुस्तक मंदिर, आग्रा, १९९१.
- 27. वर्मा, रामपाल सिंह शिक्षा में नवचिंतन, विनोद पुस्तक मंदिर, आग्रा,१९९१
- 28. दुनाखे, अरविंद, देशपांडे, लीना शिक्षणाचे समाजशास्त्र एक-रूपरेषा, नूतन प्रकाशन, पुणे,१९७७
- 29. सोहोनी, गो.प्र. आदर्श शिक्षक, नुतन प्रकाशन, पुणे, १९७७.
- 30. प्राध्यापक गण शिक्षा के सिध्दांत तथा तकनिकी, विनोद पुस्तक मंदिर, आग्रा १९९१
- 31. प्रा. प्रभारक वीरकर/ डॉ. प्रतिभा वीरकर उदयोन्मुख भारतीय समाजातील शिक्षण व शिक्षक, द्वारका प्रकाशन, पुणे, १९८५
- 32. पवार, ना.ग. उदयोन्मुख भारतीय समाजातील शिक्षण, नुतन प्रकाशन, पुणे, १९९२
- 33. पवार, ना.ग. उदयोन्मुख भारतीय समाजातील शिक्षण तज्ञ, नुतन प्रकाशन, पुणे, १९९०.
- 34. पवार, ना.ग. शिक्षण क्षेत्रातील विचारवंत, नुतन प्रकाशन, पुणे, १९९५.
- 35. पाटील, लिला आजचे शिक्षण आजच्या समस्या, श्री. विदया प्रकाशन, पुणे, १९७४.
- 36. माणकीकर, श्रा.प्र. शिक्षणशास्त्राची मूलतत्वे, श्रीलेखन-वाचन भांडार, पुणे, १९६२.
- 37. मराठे, रा.रा. शिक्षणाची मूलतत्वे, मोघे प्रकाशन, कोल्हापूर,१९७८.
- 38. कुंडले, म.बा. शैक्षणिक तत्वज्ञान व शैक्षणिक समाज शास्त्र, श्री. विदया प्रकाशन, पुणे,१९७३.
- 39. बोरोले, जे.के. शैक्षणिक तत्वज्ञान आणि मानसशास्त्र, उषा प्रकाशन, औरंगाबाद,१९९१
- 40. बोकील, वि.पा. शिक्षणाचे तत्वज्ञान, चित्रशाळा प्रेस, पुणे, १९६०.
- 41. धारूरकर य.ज. शैक्षणिक तत्वज्ञान, व्हीनस प्रकाशन, पुणे, १९७३.

Section - II

Physical Education, Sports And Recreation In Emerging Indian Society

Physical Education Unit I

- Meaning, Definition and Role of Physical Education. a)
- Aims and objectives of Physical Education b)
- Scope and interpretation of physical education c)
- Contribution of Physical Education to general Education. d)

Unit II

Various Commission, Thinkers & their Contribution to Physical Education

- Dr. Kunzaru Committee a)
- Kaul-kapoor Committee b)
- Report on physical education by Kothari commission 1966 c)
- Swami Kuvalayanand d)
- Baren de Caubertin e)
- Prof.Manikrao f)

Unit III

History of Physical Education

- Indian Physical Education a)
- Contribution of Greece, U.S.A. Germany and Russia to the development b) of physical education and sports
- History of Ancient and modern Olympic games. c)
- Asian games d)

Unit IV a)

Modern Development of Physical Education in India.

- L.N.I.P.E. (Gwalior) i)
- ii) Y.M.C.A.
- iii) N.S.N.I.S.
- Scouting and Guiding iv)
- S.A.I. V)
- Awards and trophies of Sports at various level vi)
 - Shivchhatrapati, Arjun, Dadoji Konddev, Dronacharya, 1) Eklavya, Rajiv khel Ratna Purskar
 - Trophies Ranaji, Santosh, Agakhan Gold cup, Devis cup. 2)
 - Various scheme of State and Central Government to 3) promote Physical Education.

Social aspects of Physical Education b)

- Meaning and Nature of social change. i)
- Social change through Physical Education ii)
- Factors affecting social change through Physical Education iii)

Unit V

Yogic Education & recreation

- Meaning, Scope and Elements of Yoga a)
- Misconceptions about yoga b)
- Difference between physical education exercises and yogic exercises c)
- Meaning, Definition and scope of Recreation d)
- Principles of Recreation e)

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PAPER - II PSYCHOLOGY OF EDUCATION, PHYSICAL EDUCATION AND SPORTS

OBJECTIVES:

- To develop an understanding of the nature, scope and methods of Psychology of Education, Physical Education and sports.
- To acquire knowledge of the stages of growth and development with special emphasis on "childhood and adolescence and its importance in Physical Education and Sports.
- 3. To understand the process of development and its different dimensions and the factors affecting them.
- 4. To understand the nature, extent and causes of individual difference.
- 5. To understand the role of teacher in fostering creativity among pupils.
- 6. To understand the significance of the concept of personality and adjustment of personality with special reference to Physical Education and Sports.
- 7. To understand the nature, process and factors facilitating and obstructing learning.
- 8. To understand group structure and group dynamics as relevant to classroom situations.
- 9. To understand the significance of Psychological experiments.

Section - I Psychology Of The Learner

Unit I Educational Psychology

- a) Meaning and nature of Psychology
- b) Psychology of education, physical education and sports, nature, scope and limitations.
- c) Methods of Educational Psychology and their importance in Physical Education and Sports.
 - i) Introspection
 - ii) Observation
 - iii) Experimental
 - iv) Clinical Method

Unit II Psychology of development

- a) The concept and principles of development
- b) Stages of development and their importance in Physical Education and Sports (with special reference to childhood & Adolescence stage)

Individual Differences Unit III

Meaning and significance of intra and inter individual difference in a) Education, Physical Education and Sports.

Influence of heredity and environment in the development of an individual. b)

Intelligence and Creativity Unit IV

Concept of intelligence a)

Gardner's theory on intelligence b)

Measurement of intelligence

c) Uses of Intelligence tests. d)

Meaning of creativity and characteristics of a creative person. e)

Process of creativity. f)

Teachers role in fostering creativity. g)

Personality and Adjustment Unit V

Concept and types of personality a)

- Personality development through Education, Physical Education and b) Sports.
- Mental health and hygiene-meaning and importance c)

Types of conflicts d)

Frustration e)

Defence Mechanism f)

Maladjustment, its causes and preventive measures g)

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Section - II Processes Of Learning In Education & Physical Education

Unit I Concept and Nature of learning in Education & Physical Education

- a) Concept, Nature and process of learning
- b) Psychological factors affecting learning
 - Maturation: Concept and importance i)
 - ii) Attention : Types and Educational implication.
 - iii) Fatigue : Causes, types and prevention
 - iv) Motivation: Concept, Types and Importance in Education, Physical Education & Sports.

Unit II Theories of learning applied to Physical Education

- Theories of learning a)
 - Thorndike's Trial and error i)
 - ii) Pavlov's Theory of Conditioning
 - iii) Learning by insight
- b) Transfer of learning
 - Meaning, types, theories of transfer and their educational implications.
 - Transfer of learning applied to Physical Education. ii)
- Learning curve applied to Physical Education. c)

Unit III Learning and its related mental processes applied to Physical Education Mental Processes.

- Sensation & perception i)
- Memory Concept, types, factors affecting memory, how to ii) develop memory.
- Forgetting Nature, causes iii)
- Thinking Perceptional, conceptual, ideational, iv)
- Imagery and Imagination V)

Unit IV **Group Dynamics**

- Characteristics of a group a)
- b) Types of Group
- Leadership and sociometry. c)

EXPERIMENTS TO BE CONDUCTED AND RECORDED IN JOURNAL:-

- i) Association
- ii) Attention.
- Transfer of learning iii)

- iv) Fatigue v) Perception vi) Imagination
- vii) Memory
- viii) Learning curve
- ix) Intelligence x) Perseveration

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PAPER - III MANAGEMENT, MEASUREMENTS, EVALUATION AND STATISTICS IN PHYSICAL EDUCATION

OBJECTIVES:

- 1. To understand the importance of management of Physical Education
- 2. To gain knowledge regarding management of Physical Education and Sports at different level.
- 3. To gain knowledge regarding the organization of various Physical Education programmes.
- 4. To acquire knowledge regarding development of infrastructure and maintenance of facilities needed for Physical Education and Sports.
- 5. To gain knowledge of various schemes and plans of State/Central Government.
- 6. To understand the importance of measurement and evaluation in field of Physical Education.
- 7. To gain knowledge regarding selection, construction and administration of tests.
- 8. To acquire the knowledge of various tests regarding physical fitness components and motor fitness.
- 9. To understand the use of sports skill tests
- 10. To acquire the knowledge of evaluation procedures of Physical Education as per school curriculum
- 11. To understand the use and method of statistics in evaluation

Section – I Management of Physical Education

Unit I Introduction

- a) Meaning, Need and scope of management of Physical Education
- b) Elements, Functions, Principles of Sports Managment
- c) Organization of Physical Education department at
 - i) School
 - ii) College
 - iii University level
- d) Organization of Sports at National, State, District, Taluka and Village level by the State Government & other voluntary organization of sports.

Unit II Management of facilities

- a) Construction, marking and maintenance of play grounds, track & field, gymnasium, swimming pool and athletic track.
- b) Equipment Purchase, care and maintenance.
- c) Maintenance of records and registers.

- Related to pupil welfare- Attendance, Examination, Health, Sports i) achievement, cumulative and special
- Concerned with school administration-general administration, ii) equipment, dead stock, recurring, non-recurring expenditure Human Resources management.
- responsibilities and inter relationships-, Head Master, Supervisor, i) Physical Education teachers, subject teachers, Managerial staff, Pupil leaders and parents
- Qualities of good manager. ii)

Physical Education Programmes and Planning

- Unit III Physical Education programmes for school children- Primary, secondary
 - Physical Education and Sports programmes for special awareness b) demonstration, play days, sports rallies, sports exhibitions.
 - Time table Factors influencing the preparation of Physical Education c)
 - Physical Education Budget: d) Need and Importance, procedure and principles of budget making, Income and expenditure details, administration, accounting and auditing.

Public Relation in Physical Education Unit IV

- Meaning, Aim, Need & Importance of Public Relation in Physical a) Education.
- Sources of public relation. b)
- Principles of public relation. c)
- Role & Responsibilities of Physical Education teacher in public relation. d)

Organization of co-curricular activities and various programmes. Unit V

- Organization of National days (15th August & 26th January). a)
- Organization of competition for masses, mass Athletics and Cross country. b)
- Organization of sports day, hiking, trekking, camping and picnics. c)
- Ceremonies in competition Opening, closing and victory ceremony. d)

Supervision in Physical Education Unit VI

- Meaning & Scope of Supervision a)
- b) Principles of Supervision
- Techniques of Supervision c)
- d) Qualities of a supervisor

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Section - II

Measurements, Evaluation And Statistics In Education and Physical Education.

Introduction

- Unit I Meaning of Test, Measurement and Evaluation in Education and Physical a) Education.
 - Need and importance of Test, Measurement and Evaluation in Physical b) Education.

Selection, Construction and Administration of Test Unit II

Criteria of test selection. a)

- Construction of knowledge test b)
- Administration of test c)

Physical and Motor Fitness and Sports skill tests Unit III

Strength test a)

- Sergeant test i)
- Kraus weber test ii)
- Cardic-vascular test b)
 - Harvard step test i)
 - Cooper's 12 minute run and walk test ii)
- General Motor fitness test c)
 - AAPHER youth fitness test i)
 - J.C.R. test ii)
 - SAI Battéry of tests iii)
- Sports Skill Tests d)
 - Lokhart and Mc B.herson Badminton Test i)
 - Miller Volleyball test ii)
 - Johnson Basketball test iii)
 - Lei Lich Basketball test iv)

Evaluation of Physical Education Unit IV

- Curriculum of Physical Education for Std. Vth to XIIth of Maharashtra a) State
- Evaluation procedures of the Physical Education subject in school b) curriculum.

Unit V Statistical methods and interpretation of scores.

- a) Need
- b) Tabulation of data
- Graphical representation Histogram & Frequency Polygon. c)
- Measures of Central tendency Mean, Median, Mode. d)
- Measures of variability Range, Quartile deviation, Standard deviation. e)
- f) Percentile and percentile ranks
- Coefficient of Correlation Spearman's rank rule method g)

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PAPER - IV ANATOMY, PHYSIOLOGY OF EXERCISE, KINESIOLOGY and HEALTH EDUCATION AND OFFICIATING AND COACHING.

OBJECTIVES :-

- 1. To enable the student to understand the basic structure and function of human body.
- 2. To acquire the knowledge regarding effect of exercise on the body as a whole.
- 3. To understand the importance of normal movements of the human body and kinesiological analysis.
- 4. To acquire the knowledge regarding the basic Physiological and Mechanical principles involved in the efficient body movements.
- 5. To enable the students to understand the need and importance of health education and community health.
- 6. To acquaint the students with school health programme.
- 7. To acquire the knowledge regarding awareness, precaution & understanding HIV/ AIDS preventive education.
- 8. To understand the basic concept and principles of officiating and coaching of different games and sports.
- 9. To enable the students to understand the rules, regulations and officiating of different games and sports.
- 10. To acquaint the students with the duties and responsibilities of an officials and coaches.
- 11. To acquaint the students with dimensions and actual markings of different play fields, courts and arenas.
- 12. To understand the methods of conditioning exercises, planning and periodisation of training.

Section - I

Anatomy, Physiology of Exercise, Kinesiology and Health Education

Unit – I Introduction to human body

- a) Meaning of Anatomy and Physiology
- b) Need and importance of the study of human body.

Unit II Body systems – Structure, functions and effect of exercise. a) Musculo-skeletal system.

- i) Types and Characteristics of muscle.
- ii) Types of contractions.
- iii) Classification, structure and functions of bones.
- iv) Postural defects and corrective measures.
- v) Effect of exercise on musculo-skeletal system.

b) Cardio-respiratory system

- i) Heart- structure and function.
- ii) Blood -constituents and functions
- iii) Circulation of blood
- iv) Mechanism, control and types of respiration.
- v) Effect of exercise on cardio-respiratory system

c) Digestive System

- i) Digestion and effect of digestive juice and enzyme on food.
- ii) Balance diet and diet for athlete.
- iii) Effect of exercise on digestive system.

d) Nervous System

- i) Central nervous system structure and function.
- ii) Autonomic nervous system structure and function.
- iii) Effect of exercise on nervous system.

e) Endocrine System

- i) Hormones, Role of following endocrine glands on growth, development and regulation of body activities..
 - 1) Pituitary

3) Adrenal

2) Thyroid

4) Islets Langerhans

Unit III Applied and structural Kinesiology

- a) Scope and importance of kinesiology in physical education and sports..
- b) Aim, objectives and need of Kinesiology.
- c) Terminology of various types of movements around the joints.

Unit IV Principles concerning human movements.

- a) Motion, law of motion, equilibrium.
- b) Force, centripetal and centrifugal force, gravity.
- c) Classification of lever, utility of lever in the sports.
- d) Application of basic mechanical principles to the fundamental skills in running, jumping and throwing.

Health Education

Unit V
Health – meaning and principles.

a) Objectives of school health programme, necessity of teaching health education in school.

- Role of community with special reference to HIV/AIDS and STD, behavioural approach toward HIV people.
- d) Environmental pollution-type, causes and preventive measures.
- d)
 Role of physical education teacher in pollution and AIDS awareness.

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Section - II Officiating And Coaching

Unit I a) b) c) d) e)	Theory of officiating Meaning and purpose of officiating. Basic principles of officiating Duties and responsibilities of officials. Qualification and qualities of officials. Professional growth of officials.
unit II a) d) g) j)	Officiating, rules and regulations of the following games and sports. Badminton b) Basketball c) Cricket Football e) Handball f) Hockey Kabaddi h) Kho-Kho i) Table Tennis Volleyball k) Athletics
Unit III a) b) c) d) e)	Theory of Coaching Meaning, purpose and Philosophy of coaching Principles of coaching and training Duties and responsibilities of coach Qualification and qualities of coach Difference between coaching, teaching and training Planning and periodisation.
Unit IV a) b) c) d) e)	Coaching of individuals and team games: Fundamental skills Techniques and tactics. Lead-up games. Positional play and system of play Selection of team Promoting interest in the games and sports.
Unit V a) b) c) d) e)	Conditioning Exercise for individuals and team games and sports. Warm-up — Meaning, importance and types Meaning and importance of conditioning exercise Methods of conditioning exercise Limbering down exercises. Training methods

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PAPER - V TEACHING METHODS

Section – I Physical Education (Compulsory)

OBJECTIVES:

- 1. To understand the place of Physical Education in the National curriuclum.
- To acquaint the students with planning, presentation technique and class management of teaching various activities in Physical Education.
- 3. To acquaint the students with different methods of teaching physical activities.
- 4. To acquaint the students with the principles of teaching physical activity.
- 5. To acquaint the students with planning, objectives of different types of lessons.
- 6. To acquaint the students with organizing and conducting various types of tournaments and athletic meet.
- 7. To acquaint the students with the constructions and marking of track and field events.

Unit I Curriculum of Physical Education

- a) Place & Importance of Physical Education in the school curriculum
- b) Objectives of Teaching Physical Education at Secondary & Higher Secondary Education
- c) Curriculum of Physical Education for Secondary & Higher Secondary Education in Maharashtra State

Unit II Methods and Techniques of teaching Physical Education

- a) Methods of Teaching Command, Orientation, Lecture, Demonstration, Discussion, Progressive part method, At-will method, whole-part-whole.
- b) Planning Personal preparation, technical preparation
- c) Presentation Steps of presentation
- d) Class management Principles of class management
- e) Classification of Pupils
- f) Steps in Effective teaching
- g) Principles of teaching

Unit III Teaching and Planning of various Physical Education activities.

- a) Teaching of Formal & informal activities, major and minor games, Track and field events, Rhythmic activities, Yoga.
- b) Objectives of lesson plan
- c) Types of lesson plan
- d) Preparation of lesson plan
- e) Year plan, Unit plan

Unit IV Teacher of Physical Education

- a) Qualities, qualifications and professional growth of Physical Education teacher.
- Challenges faced by the Physical Education teacher in the present day context.

Unit V Organisation of Tournaments/Competitions and Co-curricular activities

- a) Need & Importance of Tournaments
- b) Types of Tournaments
- c) Organisation of Intramural, Extramural and Co-curricular Activities (National days, National Sports days, Hiking, Trekking, Picnic & Camping etc)

Unit VI Evaluation in Physical Education

- a) Meaning & Importance of Evaluation
- b) Methodology of Evaluation (as per school curriculum)
- c) Preparation and Maintenance of records
- d) Tools of Evaluation

Unit VII Information and Communication Technology

- a) Importance of the information and communication technology
- b) Computer application in teaching of Physical Education.
- c) Methods of using Power-Point presentation in teaching of Physical Education.
- d) Uses of Internet facility in teaching of Physical Education

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3.

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SECTION - II SPECIAL METHODS LANGUAGES (MARATHI, ENGLISH, HINDI)

Objectives :

- To understand the importance of language as a subject and in life.
- To understand the Psychology of the language teaching
- To acquire knowledge of the approaches of language teaching.
- 4. To understand the methods and techniques of teaching various aspects of language teaching.
- To acquire knowledge of pedagogical analysis of various concepts of different aspects of language teaching.
- 6. To develop language competencies.
- 7. To acquire knowledge of effective use of instructional material.
- 8. To develop an awareness of the role of a teacher.

Unit I Understanding the role of language

- a) Importance in life as a medium of development
 - i) Intellectual
 - ii) Emotional
 - iii) Social
 - iv) Cultural
 - v) Literary
- i) As a subject in the Secondary and Higher Secondary Syllabus.
 ii) Importance of language for non-mother tongue speaking students.
 - ii) Importance of language for non-mother torigue's Objectives of teaching language at Higher/Lower level.
- d) Objectives of teaching language at Higher/Lower level.

 Correlation Internal and External with other school subjects.

Unit II Teaching of language

- a) Psychology of learning
- b) Maxims and Principles of language teaching.
- c) Approaches -

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- i) Grammar translation
- ii) Audio-lingual
- iii) Direct
- iv) Structural (English only)
- v) Communicative (English only)

Aspects of language teaching Unit III

- Prose a)
 - Techniques Discussion, Narration, Questioning i)
 - Methods Story telling, Dramatization, Simulation. ii)
 - Methods of teaching Reading Alphabetic, Phonetic. iii)
 - Types of Reading Intensive, Extensive, Supplementary iv)
- Poetry b)
 - Methods Recitation, Song/Action, Dramatization, Discussion. i) Appreciation.
- C) Grammar
 - Methods Inductive & Deductive, Playway interactive. i)
 - Types Functional & Formal ii)
- d) Composition
 - Types Guided, Free, Creative i)
 - Correction of Composition. ii)

Unit IV Pedagogical Analysis

In relation to core elements as given in NEP 1986

(On any topics from prose, poetry, grammar and composition)

- **Unit-analysis** i)
- Instructional objectives and specifications ii)
- **Activities and Procedures** iii)
- **Evaluation techniques** iv)

Strategies for developing language competencies **Unit V**

- Developing basic competencies a)
 - Listening pronunciation, expression, phonetic stress & intonation
 - Speaking conversation, drill ii)
 - Reading loud, silent, chorus, expressive, speed. iii)
 - Writing hand writing skills, poetic & non-poetic
- Language Practice Assignments, games, competitions, club. b)
- Use of multiple intelligence in language teaching. c)

Unit VI Materials of instruction for language teaching

- Use of technology a)
 - O.H.P. Video, tape-recorder
- Use of Media b)
 - T.V. i)
 - ii) News paper, Advertisements.
- (c) Use of Library
 - i) Koshas, Dictionaries.

Unit VII Teacher and text book

a)

Teacher

- i) Qualities
- ii) Roles and responsibilities
- iii) Professional growth
- iv) Diagnostic testing and remedial teaching

b) Text book

- i) Characteristics of a text book
- ii) Critical analysis of a text book (V to XII std.)

Unit VIII Information and Communication Technology.

a) Importance of the information and communication technology

b) Computer application in teaching of languages.

c) Methods of using Power-Point presentation in teaching of languages.

d) Uses of Internet facility in teaching of languages.

Reference Books (English Method)

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HISTORY METHOD

Objectives:

- 1. To understand the significance of history in school curriculum
- To understand the methods of teaching history.
- To understand the principles and organization of curriculum construction.
- To acquire knowledge of pedagogical analysis of various concepts in history.
- To understand critical analysis of textbook
- To understand the importance of co-curricular activities in the teaching of history.
- To develop skills in the preparation and use of instructional materials.
- To understand the role of history teacher in the present context.

Unit I Place of history in school curriculum and life

- a) Concept of history
- b) Place and importance of teaching the subject.
- c) Objectives of teaching at secondary and higher secondary levels of education.

Unit II Methods of teaching

- a) Story telling
- b) Lecture cum discussion
- c) Dramatization and role play
- d) Project

- e) Discussion
- f) Self study, assignments, supervised study.
- g) Source method
- h) Social inquiry method.

Unit III Pedagogical Analysis: In relation to core elements as given in NEP 1986.

- a) Unit analysis
- b) Instructional objectives and specifications
- c) Activities and procedures.
- d) Evaluation techniques

Unit IV Enhancing the teaching of the subject

- Maxims of teaching known to unknown, simple to complex, concrete to abstract.
- b) Correlation with other school subjects-Geography, Literature, Science, Mathematics, Craft.

: Unit V Curriculum and textbooks

- a) Organization of subject matter in history Concentric approach and regressive approach.
- b) Characteristics of a good textbook
- c) Critical analysis of a textbook (Std. V to XII)
- d) Importance and organization of co-curricular activities clubs, visits, museums celebration of days of national importance and festivals.

Unit VI Equipment and Facilities

- a) Instructional materials and teaching aids:
 - Visual: C.B., Charts, Pictures, Graphs, Maps, Globes, Objects, Models, Specimens and Flannel Board.
 - ii) Auditory: Radio, Tape Recorder.
 - iii) Audio-Visual: Television, Motion Pictures, Filmstrips, Films.
 - iv) Miscellaneous: Booklets, Newspapers, Magazines.
- b) History room Need, equipments, maintenance.

Unit VII The role of the teacher

- a) Qualities and qualifications,
- b) Professional growth
- c) Challenges faced by the history teacher in the present day context.
- d) Diagnostic testing and remedial teaching.

Unit VIII Information and Communication Technology.

- a) Importance of the information and communication technology
- b) Computer application in teaching of History.
- c) Methods of using Power-Point presentation in teaching of History.
- d) Uses of Internet facility in teaching of History.

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GEOGRAPHY METHOD

Objectives:

- 1. To understand the nature, scope and significance of teaching geography.
- 2. To understand the aims of teaching geography at the secondary level.
- 3. To develop an understanding of methods of teaching geography.
- 4. To acquire skills in preparation and use of various instructional materials.
- 5. To acquire knowledge of pedagogical analysis of various concepts in geography.
- 6. To critically analyze the text book of geography.
- 7. To understand the principles and approaches of arranging the course content.
- 8. To understand the importance of co-curricular activities in the teaching of geography.
- 9. To understand the role of geography teacher in the present context.

Unit I Place of geography in the curriculum and life

- a) Nature and scope of geography.
- b) Aims of teaching geography
 - i) Practical
 - ii) Social and cultural
 - iii) Economic
 - iv) National integration
 - v) International understanding

Unit II Methods of teaching

Importance, procedures, advantages and limitations of following methods-

- a) Project
- b) Journey
- c) Regional
- d) Self study
- e) Demonstration
- f) Discussion
- g) Comparative

Unit III Pedagogical analysis – In relation to core elements as given NEP 1986

- a) Unit analysis
- b) Instructional objectives and specifications.
- c) Activities and procedures.
- d) Evaluation techniques.

Unit IV Enhancing the teaching of the subject

Maxims of teaching: a) Known to unknown, simple to complex, concrete to abstract, particular to general, Psychological to logical, analysis to synthesis, empirical to rational.

Co-relation with other school subjects- history, literature, science, b)

mathematics, craft

Unit V Curriculum and text books

Organization of content as the basis of concentric and regressive a) approach - its advantages and limitations.

Characteristics of a textbooks b)

Critical analysis of a textbook (std. V-XII)

Importance and organization of co-curricular activities : clubs, visits, c) museums, festivals, celebration of days of national importance, current events in geography education.

Role of teacher Unit VI

- Qualities and qualifications. a)
- Professional growth b)
- Role of teachers organization C)
- Responsibilities of teacher d)
- Diagnostic testing and remedial teaching e)

Facilities and equipments Unit VII

Instructional materials and teaching aids: a)

- Visual: C.B., Charts, Pictures, Graphs, Maps, Globes, Objects, Models, Specimens and Flannel Board.
- Auditory: Radio, Recorders. ii)
- Audio-Visual: Television, Motion Pictures, Filmstrips, Films. iii)
- Miscellaneous: Booklets, Newspapers, Magazines. iv)
- Geography room b)
 - Need, equipments, maintenance
- Planetorium c)

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Information and Communication Technology. Unit VIII

Importance of the information and communication technology a)

Computer application in teaching of Geography. b)

Methods of using Power-Point presentation in teaching of Geography. c)

Uses of Internet facility in teaching of Geography. d)

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SCIENCE METHOD

Objectives:

- 1. To understand the place of science in the national curriculum
- 2. To develop skills and competencies in teaching science at different stages.
- 3. To understand the challenges faced while teaching science
- 4. To acquire knowledge of pedagogical analysis of various concepts in science
- 5. To critically analyze the text book of science
- To understand the principles and approaches of arranging the course content. 6.
- To understand the importance of co-curricular activities in the teaching of science 7.
- To prepare and use different types of instructional materials in the teaching of 8. science
- To understand and develop skills in the use of innovative techniques in science. 9.

Unit I Place in the curriculum

- Meaning and importance in the curriculum and in life. a)
- Place of science w.r.t. the commissions and policies. b)
- Correlation with the curriculum-Internal & External, other subjects & life. c)

Approaches to teaching Unit II

- Maxims of teaching a)
 - Simple to complex i)
 - Whole to part ii)
 - Empirical to rational iii)
 - Concrete to abstract iv)
 - Known to unknown V)
 - Particular to general vi)
- Methods of teaching b)
 - Lecture cum demonstration i)
 - Laboratory ii)
 - Project iii)
 - Problem solving iv)
 - Inducto-deductive V)
 - vi) Analytic method
 - Heuristic vii)

Pedagogical Analysis in relation to core elements as given in NEP 1986 Unit III

- Unit analysis a)
- Instructional objectives and specifications. b)
- Activities and procedures c)
- Evaluation techniques d)

Unit IV Curriculum

- a) Organization of the content on the basis of concentric and topical approach.
- b) Subject co-curricular activities
 - i) Importance and organization of C.C.A. clubs, forums, games, quiz environmental ramble, exhibitions, visits and excursions.
 - ii) Planning, preparation, maintenance and importance of
 - Science rooms-Laboratory (layout and equipment, including improvised apparatus)
 - Museums (Including herbarium, terrarium, specimens aquarium)
 - Science Centres Botanical gardens and parks

Unit V Instructional materials

- a) Importance and use of teaching aids
 - Visual projected aids-slides, film strips, transparencies
 - ii) Audio-Radio, Tape-recorder
 - iii) Audio-Visual-TV, Video, Film projector
 - iv) Non-Projected charts, models
- b) Print materials
 - i) Text books
 - Importance and use
 - Criteria of a good science textbook
 - Critical analysis of a science textbook (V to XII)
 - ii) Journals, preparation, maintenance and updating.
 - iii) Reference materials Encyclopedia, newsletters, magazines, electronic media.

Unit VI Innovations in Science teaching

- a) Use of computers in science
 - i) Preparation of instructional material for science teaching
 - C.D. and multimedia packages.
 - ii) Use of internet
 - For referencing and exchange of instructional material
 - Upgrading of knowledge base
- b) Use of
 - i) Mobile laboratories
 - ii) Planetarium
 - iii) Scientific toys (in context to rural settings)
- c) Developing global perspectives in science teaching.

Unit VII • Role of the subject teacher

- a) Qualities and qualifications.
- b) Professional growth
- c) Challenges faced by the science teacher in the present day context
- d) Diagnostic testing and remedial teaching.

Unit VIII Information and Communication Technology.

- a) Importance of the information and communication technology
- b) Computer application in teaching of Science.
- c) Methods of using Power-Point presentation in teaching of Science.
- d) Uses of Internet facility in teaching of Science.

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MATHEMATICS METHOD

Objectives:

- 1. To understand the importance of Mathematics in the curriculum
- To develop skills and competencies in teaching Mathematics at different stages.
- 3. To understand the challenges faced while teaching mathematics
- 4. To acquire knowledge of pedagogical analysis of various concepts in mathematics
- 5. To critically analyze the text book of mathematics
- 6. To understand the principles and approaches of arranging the course content
- 7. To understand the importance of co-curricular activities in the teaching of mathematics
- 8. To prepare and use different types of instructional materials in the teaching of mathematics
- 9. To understand and develop skills in the use of innovative techniques in mathematics.

Unit I Nature of mathematics

- a) Meaning and nature of mathematics
- b) Contribution of 4 mathematicians : Aryabhatta, Ramanujan, Euclid & Pythagoras
- c) Importance of mathematics in curriculum
- d) Co-relation of mathematics internal, external.

Unit II Pedagogical Analysis: In relation to core elements as given in NEP 1986

- a) Unit analysis
- b) Instructional objectives and specifications.
- c) Evaluation techniques

Unit III Approaches to teaching of mathematics

- a) Maxims of teaching mathematics
 - i) From known to unknown
 - ii) From simple to complex
 - iii) From particular to generaliv) From concrete to abstract
 - v iv) From concrete to abstra v) From whole to part
- b) Methods/Techniques of teaching mathematics
 - i) Inductive-Deductive
 - ii) Analytic-Synthetic
 - iii) Problem solving

- iv) Programmed learning
- V) Drill
- vi) Assignment
- vii) Graded presentation

Unit IV Role of the subject Teacher

- Qualities and qualifications a)
- b) Professional growth
- Difficulties faced by teacher and suggestive measure to overcome them C)
- Diagnostic testing and remedial teaching. d)

Instructional Material : Types, importance, uses with special Unit V reference to following visual aids.

- Projected aids Slides and transparencies a)
- Non-Projected Charts, models, boards. b)
- Audio-Visual T.V. Video c)

Curriculum and Text book of Mathematics Unit VI

- Organization of content on the basis of topical and concentric approaches a)
- Characteristics of a good text book of mathematics b)
- Evaluation of text book of (V to XII) C)

Co-Curricular activities in mathematics - Recreational mathematics Unit VII

- Games, quiz, puzzles, visits, talks a)
- Organization and importance of mathematics club. b)

Information and Communication Technology. Unit VIII

- Importance of the information and communication technology a)
- Computer application in teaching of Mathematics. b)
- Methods of using Power-Point presentation in teaching of Mathematics. c)
- Uses of Internet facility in teaching of Mathematics. d)

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