

UNIVERSITY OF MUMBAI
No.UG. 229 of 2004

CIRCULAR

Attention of Principals of the affiliated colleges in the Faculty of Arts and the Director, Institute of Distance Education is hereby invited to the syllabus at the B.A. degree course under the revised pattern vide this office Circular No.UG-265 of 2003, 26th June, 2003 and they are hereby informed that the recommendation made by the Board of Studies in Psychology at its meeting held on 16th January, 2004 has been accepted by the Academic Council at its meeting held on 2nd April, 2004 vide item No.4.16 and that in accordance therewith, the guidelines for setting questions for the revised syllabus in the subject of Psychology Paper-I General Psychology at the F.Y.B.A. examination which was brought into force with effect from academic year 2003-2004 is as per Appendix.

MUMBAI-400 032

5th June, 2004

To,

for REGISTRAR

The Principals of affiliated colleges in Arts and the Director, Institute of Distance Education.

AC/4.16/2.04.2004

No.UG/ 229-A of 2004.

MUMBAI-400 032.

5th June, 2004

Copy forwarded with compliments for information to :-

1. The Dean, Faculty of Arts
2. The Chairman, Board of Studies in Psychology

for REGISTRAR

Copy to :-

The Director, Board of College and University Development, the Controller of Examination, the Deputy Registrar (Eligibility and Migration Section), the Director of Students Welfare, the Personal Assistants to the Vice-Chancellor, the Pro-Vice-Chancellor, the Registrar and the Assistant Registrar, Administrative sub-center, Ratnagiri for information.

The Controller of Examinations (10 copies), Finance and Accounts Officer (2 copies), Record Section (5 copies), Publication Section (5 copies), Deputy Registrar, Enrolment, Eligibility and Migration (3 copies), Deputy Registrar, Statistical Unit (2 copies), Deputy Registrar, Accounts Section, Vidyanagari (2 copies), Deputy Registrar, Affiliation Section, (2 copies), The Director, University Computer Center (IDE Building), Vidyanagari, Assistant Registrar, Academic Authorities Unit (2 copies) He is requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to in the above Circular and that no separate Action Taken Report will be sent in this connection. Assistant Registrar, Constituent Colleges Unit (2 copies), BUCTU (1 copy), Deputy Accountant, Unit V (1 copy), In-charge Centralized Computing Facility (1 copy), Receptionist (1 copy), Telephone Operator (1 copy), Secretary MUASA (1 copy), Superintendent, Post-Graduate Section (2 copies).

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UNIVERSITY OF MUMBAI



Revised Syllabus

for

F.Y.B.A. (Psychology)

Paper - I

Suggestions for setting questions

(with effect from the academic year June 2003)

UNIVERSITY OF MUMBAI

Suggestions for setting questions

Revised syllabus in the subject of Psychology – Paper 1 -“General Psychology” at the F.Y.B.A., which was brought into force from June 2003 -

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Term 1 (Topics 1 to 5) 50 hours, 10 hours per topic

Topic 1. The Nature of Psychology (Chapter 1)

- a) The Scope of Psychology. *
- b) The Historical Origins of Psychology
- c) Contemporary Psychological Perspectives *
- d) How Psychological Research Is Done? *
- e) Psychology in India #

Topic 2. Biological Foundations of Psychology (Chapter 2)

- a) Neurons, the Building Blocks of the Nervous System. *
- b) Neurotransmitters #
- c) The Organization of the Nervous System. *
- d) The Endocrine System
- e) Evolution, Genes and Behavior. *

Topic 3. Consciousness (Chapter 6)

- a) Aspects of Consciousness. *
- b) Sleep and Dreams. *
- c) Meditation
- d) Hypnosis
- e) Psychoactive Drugs #
- f) PSI Phenomena *

Topic 4. Learning and Conditioning (Chapter 7)

- a) Perspectives on Learning #
- b) Classical Conditioning. *
- c) Instrumental Conditioning. *
- d) Complex Learning
- e) The Neural Basis of Behaviour: Learning & Conditioning#

Topic 5. Memory (Chapter 8)

- a) Three Important Distinctions
- b) Sensory memory. *
- c) Working Memory. *
- d) Long-Term Memory. *
- e) Implicit Memory
- f) Constructive Memory #
- g) Improving Memory

Term 2 (Topics 6 to 10) 50 hours, 10 hours per topic

Topic 6. Motivation (Chapter 10)

- a) Reward and Incentive Motivation. *
- b) Homeostasis and Drives
- c) Hunger. *
- d) Gender and Sexuality #
- e) Social motives – Achievement and affiliation
- f) Intrinsic and Extrinsic Motivation
- g) Maslow's hierarchy of motives

Topic 7. Emotion (Chapter 11)

- a) Components of Emotion short note
- b) Cognitive appraisal and Emotion *.
- c) Subjective experiences and Emotion
- d) Bodily Changes and Emotion *
- e) Facial Expression and Emotion
- f) Responses to Emotion: Emotion Regulation
- g) Emotions, Gender & Culture #
- h) Aggression . *

Topic 8. Intelligence (Chapter 12)

- a) Assessment of Intellectual Abilities *
- b) Contemporary Theories of Intelligence. *
- c) Genetics and Intelligence
- d) Extremes of Intelligence #

Topic 9. Personality (Chapter 13)

- a) The Assessment of Personality
- b) The Psychoanalytic Approach *
- c) The Behaviorist Approach
- d) The Cognitive Approach. *
- e) The Humanistic Approach. *
- f) The Evolutionary Approach #
- g) The Genetics of Personality #

Topic 10. Stress, Health and Coping (Chapter 14)

- a) Characteristics of Stressful Events
- b) Psychological Reactions to Stress. *
- c) The Neural Basis of Behaviour: Physiological Reactions to Stress
- d) Psychological Factors and Stress Responses #
- e) Coping Skills. *
- f) Managing Stress. *.

Suggestions-

1. * Essay-type, full-length questions are to be asked on these sub-topics
2. # These sub-topics are only for awareness through classroom discussion, poster exhibitions, student presentations;
The remaining sub-topics are for short notes only.

Book for Study:

Smith, E. E., Nolen-Hoeksema, S., Fredrickson, B., Loftus, G. R. (2003).
Atkinson & Hilgard's Introduction to Psychology. (14th ed.). Thomson Learning
India.