

As Per NEP 2020

University of Mumbai



NEP-2020

Syllabus for Basket of Open Elective (OE) Vertical 3

Faculty of Humanities

Board of Studies in Psychology

UG Second Year Programme

Semester

II

Title of Paper

Credits

Personality: Understanding Human
Nature

2

From the Academic Year

2025-26

Sr. No.	Heading	Particulars
1	Description the course:	The course contains various components of Personality Psychology , for the Open Elective (OE) students. The course offers an engaging exploration of personality theories and their relevance to everyday life. The course covers key perspectives such as the psychodynamic, trait-based (including the Big Five), and biological approaches to personality, helping students understand how personality develops and influences behaviour. The course also explores widely used personality assessments like the NEO-PI-3, BFI, HEXACO, and MBTI, along with online tools such as SAPA and IPIP. Beyond theory and measurement, the course emphasizes real-world applications, examining how personality affects relationships, work, mental health, and personal development.
2	Vertical:	Major/Minor/Open Elective/Skill Enhancement/Ability Enhancement/Indian Knowledge System (Choose By ✓)
3	Type:	Theory
4	Credit:	2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester)
5	Hours Allotted:	30 Hours
6	Marks Allotted:	50 Marks
7	Course Objectives:	1. Introduce the concept of personality and human nature, Personality models and importance of personality in self-growth. 2. To learn about the measures of personality and think of possible use in real life.
8	Course Outcomes:	After completing this course, students will able to ... 1. Describe and compare theories of personality 2. Explain measures of personality and apply the learning of personality to various aspects of life.
9	Modules:- Per credit One module	
	Module 1: What is Personality?	
	1. Defining Personality. 2. Psychodynamic approach and role of unconscious 3. Trait Approach: Big-Five approach. Trait v/s Type 4. Biological basis of Personality: Eysenck; BAS-BIS, Evolution.	

	Module 2: Knowing and Applying Personality																
	1. Measuring personality: NEO-PI-3, BFI, HEXACO, MBTI 2. Online measures: SAPA, IPIP, MUPI, Indian Work. 3. Personality and relationship; Personality and business 4. Personality and mental and physical health.																
10	Text Books: 1. Whiteley, C. (2021). Personality Psychology and Individual Differences. Cgd Publishing. 2. Gaines, S. Jr. (2019). Personality Psychology: The Basics. Routledge.																
11	Reference Books: • https://www.sapa-project.org/survey/start.php • https://ipip.ori.org • https://hexaco.org • https://m-opc-onlinepsychometrics.share.connect.posit.cloud/home.html																
12	Internal Continuous Assessment: 40%	External, Semester End Examination: 60% Individual Passing in Internal and External Examination: 40%															
13	Continuous Evaluation through:	Continuous Internal Evaluation (CIE) Marks: 20 a) Question Paper Pattern for Class Test Examination (10 Marks) <table border="1"> <thead> <tr> <th>Question No.</th><th>Particular</th><th>Marks</th></tr> </thead> <tbody> <tr> <td>1</td><td>Fill in the Blanks/ match pairs/ MCQ/True False (All are compulsory)</td><td>5</td></tr> <tr> <td>2</td><td>Short Notes (Any <u>one</u> out of three)</td><td>5</td></tr> </tbody> </table> b) Completion of following activities as a part of CIE (10 Marks) <table border="1"> <thead> <tr> <th>Sr. No.</th><th>Particular</th><th>Marks</th></tr> </thead> <tbody> <tr> <td>1</td><td>Classroom Presentations/ Assignments /Movie Review / Essay Submission/ Book review/ Field Visit Report / Educational Activity Report</td><td>10</td></tr> </tbody> </table>	Question No.	Particular	Marks	1	Fill in the Blanks/ match pairs/ MCQ/True False (All are compulsory)	5	2	Short Notes (Any <u>one</u> out of three)	5	Sr. No.	Particular	Marks	1	Classroom Presentations/ Assignments /Movie Review / Essay Submission/ Book review/ Field Visit Report / Educational Activity Report	10
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14	Format of Question Paper: for the final examination External / Semester End Examination Marks: 30 Q.1 Fill in the blanks (Based on all units). Marks 10 Q.2 Essay Type Questions (Attempt Any One out of Two Based on Unit I). Marks 10 Q.3 Short Notes/Problem (Attempt Any Two out of Four Based on Unit II). Marks 10																

Sd /-

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Prof. Dr. Vivek
Belhekar
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