#### As Per NEP 2020

#### University of Mumbai



#### Title of the program

- A- U.G. Certificate in **CULINARY ARTS**
- B- U.G. Diploma in CULINARY ARTS
- C- BACHELOR OF ARTS (CULINARY ARTS)
- D- B.A. (Hons.) in (CULINARY ARTS)
- E- B.A. (Hons. with Research) in (CULINARY ARTS)

#### Syllabus for

Semester - Sem I & II

Ref: GR dated 20th April, 2023 for Credit Structure of UG

(With effect from the academic year 2024-25 progressively)

AC – Item No. –

# As Per NEP 2020 University of Mumbai



Syllabus for					
Basket of Major, VSC, SEC					
Board of Studies in Culinary Arts					
UG First Year Programme					
Semester I to II					
Title of Paper	Credits 2				
1)Principles of Food Production-I (TH) – Sem-I	Major- Credits 2				
2) Fundamentals of Food & Beverage Service (TH) – Sem-I	Major- Credits 2				
3) Nutrition & Food Science (TH) – Sem-I	Major- Credits 2				
4) Essential Culinary Arts Indian – I (PR)-Sem-I	VSC - Credits 2				
5) Essential Culinary Arts International – I (PR)- Sem-I	SEC - Credits 2				
6) Principles of Food Production-II (TH) - Sem-II	Major- Credits 2				
7) Introduction to the Hospitality Industry (TH) - Sem-II	Major- Credits 2				
8) Food and Beverage Service Operation(PR) - Sem-II	Major- Credits 2				
9) Essential Culinary Arts Indian – II (PR)-Sem-II	VSC - Credits 2				
10) Essential Culinary Arts International – II (PR) -Sem-II	SEC - Credits 2				
From the Academic Year	2024-25				

## University of Mumbai

### (As per NEP 2020)

Sr. No.	Heading		Particulars
1	Title of program O: HMU-501A	Α	U.G. Certificate in CULINARY ARTS
	O: HMU-501B	В	U.G. Diploma in CULINARY ARTS
	O: HMU-501C	С	BACHELOR OF ARTS (CULINARY ARTS)
	O: HMU-501D	D	B.A. (Hons.) in (CULINARY ARTS)
	O: HMU-501E	E	B.A. (Hons. with Research) in (CULINARY ARTS)
2	Eligibility O: HMU-502A	Α	Passed standard XII / 10 + 2 examination (any stream) OR Passed Equivalent Academic Level 4.0
	O: HMU-502B	В	Under Graduate Certificate in <b>CULINARY ARTS</b> OR Equivalent Academic Level 4.5
	O: HMU-502C	С	Under Graduate Diploma in <b>CULINARY ARTS</b> OR Equivalent Academic Level 5.0
	O: HMU-502D	D	BACHELORS OF ARTS (CULINARY ARTS) with minimum CGPA of 7.5 OR Equivalent Academic Level 5.5
	O: HMU-502E	E	B.A. (Hons.) in (CULINARY ARTS) with minimum CGPA of 7.5 OR Equivalent Academic Level 5.5
3	Duration of program R: HMU-501	A	One Year
		В	Two Years
		С	Three Years
		D	Four Years
		E	Four Years

4	Intake Capacity R: HMU-502	60					
5	Scheme of Examination R: HMU-503	NEP 40% Internal 60% External, Semester End Examination Individual Passing in Internal and External Examination					
6	Standards of Passing R: HMU-504	40%					
7	Credit Structure Sem. I - R: HMU-505A Sem. II - R: HMU-505B	Attac	ched herewith				
	Credit Structure Sem. III - R: HMU-505C Sem. IV - R: HMU-505D						
	Credit Structure Sem. V - R: HMU-505E Sem. VI - R: HMU-505F						
8	Semesters	А	Sem I & II				
0	Ocinicators	В	Sem III & IV				
		С	Sem V & VI				
		D	Sem VII & VIII				
		Е	Sem VII & VIII				
9	Program Acadomic Lovel	A	4.5				
3	Program Academic Level	B C	5.0 5.5				
		D	6.0				
		E	6.0				
10	Pattern	Sem	ester				
11	Status	New					

12	To be implemented from
	Academic Year Progressively

From Academic Year: 2024-25

Sign of the BOS Chairman Name of the Chairman Name of the BOS Sign of the Offg. Associate Dean Name of the Associate Dean Name of the Faculty Sign of the Offg. Dean Name of the Offg. Dean Name of the Faculty

#### **Preamble**

#### 1) Introduction

Though a formal education in hotel, catering and hospitality management was available in the country for past seven decades, a more focused professional program in culinary arts was felt among industry and academia with the intent to promote Indian cuisine and culture globally.

This team along with University of Mumbai took initiative to design a three years degree in BA Culinary Arts and first batch commenced in 2016-17.

The new program was introduced with the aim to impart the much required professional skills, competencies that is required to design menu, its presentation and styling. Much importance is given to food safety standards as laid down by HACCP.

The Government of India introduced "National Education Policy-2020" with an aim to give flexibility to students in teaching - learning process to enable them towards a smooth transition for National, International education and placement. National Education Policy further gives flexibility of multiple entry and exit options to the learners.

This syllabus is further designed to balance skills based on Ability Enhancement, Value Education, Research, Community Engagement and Indian Knowledge System.

#### 2) Aims and Objectives

- a) To provide adequate knowledge, skills and exposure in the field of Culinary Arts that commensurate with the requirements of the hospitality Industry.
- b) To prepare students to explore newly created opportunities in the Culinary Profession both, at the domestic & international level.
- c) To create an additional avenue of self-employment / entrepreneurship.
- d) To promote Indian cuisine globally to international students.
- e) To gain leadership skills and imbibe a customer focused orientation through an understanding of the role of a team leader / supervisor.
- f) To inculcate attitude and discipline as per the hospitality standard.
- g) To create the environmental consciousness and its importance in hospitality world.

#### 3) Program Outcomes

- 1. Student will demonstrate skills and get exposure in the field of Global Culinary Arts that commensurate with the requirements of the Industry.
- Demonstrate Food and Beverage service techniques including menu compilation with wine pairing.
- 3. Students will develop creative artistic skills required in the field of culinary.
- Demonstrate and apply principles and techniques of safe working practices, food safety as laid down by FSSAI / HACCP standards and contribute to healthy environment.
- 5. Students will gain human and managerial skills.
- 6. Students will learn how to promote Indian cuisine globally.
- 7. Student will develop guest satisfaction centric behavior.
- 8. Students will have leadership skills and imbibe a customer focused orientation through an understanding of the role of a team leader.
- 9. Students will be oriented to attitude and discipline as per hospitality standard.
- 10. Students will develop awareness on different sectors of hospitality industry.
- 11. Students will be able to gain knowledge about different ingredients used in culinary industry and their specific characteristics.
- 12. Students will able to explore newly created opportunities in the Culinary Profession both, at the domestic and international level.
- 13. Students will create an additional avenue of self-employment.
- 14. Students will develop environmental consciousness and its importance in hospitality world.
- 15. Students will be exposed to community engagement services.

#### **Syllabus Committee Members** (BA Culinary Arts)

- 1) Chef Siraj M Shaikh BOS Chairperson, Ad-hoc Board of Studies
- 2) Mr. Joseph Furtado BOS Member
- 3) Chef Chetan Raut BOS Member
- 4) Chef Saroj Budke BOS Member
- 5) Mr. Paul Koshy
- 6) Dr. Pankaj Deshmukh
- 7) Mr. Conrad D'souza'
- 8) Chef. Yogesh Uthekar
- 9) Prof. Purva Tawade
- 10) Dr. G D Giri
- 11) Dr. Pramod Sharma
- 12) Chef Stany Lopes
- 13) Chef Vinayak Shettigar
- 14) Chef Alpan Govitrikar
- 15) Chef Ritesh Shidgane
- 16) Ms. Namrata Kharkhandi
- 17) Mr. Siddhesh Wadkar
- 18) Chef. Vini Shivkar
- 19) Chef Mandar Barje
- 20) Chef Mohammed Rehan Shaikh
- 21) Chef Aditi Govil
- 22) Chef Sudhir Pai Expert Member
- 23) Mr. Debabrata Pattanayak Expert Member

Any other	point (ii	an
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# Syllabus for Basket of Major, VSC, SEC

5) Credit Structure of the Semester (I, II,III,IV,V,VI)

#### **Under Graduate Certificate in CULINARY ARTS**

				R		A				
LEVEL	SEME STER	MAJO Mandatory	Electives	MINOR	OE	VSC, SEC (VSEC)	AEC, VEC, IKS	OJT, FP,CFP CC,RP	CUM Cr./ Sem	Degree Cum Cr.
1.5	1	Principles of Food Production- I (TH) (Credit 2)  Fundamental s of Food & Beverage Service (TH) (Credit-2)  Nutrition & Food Science (TH) (C-2)			OE-C-2 OE-C-2	Essential Culinary Arts Indian (PR) (Credit 2) VSC-2 Essential Culinary Arts International (PR) (Credit 2) SEC-2	AEC-C-2 VEC-C-2 IKS-C-2	CC-2	22	UG Certific te 44
		l		R		В			I	
	II	Principles of Food Production-II (TH) (Credit 2)		C-2	OE-C-2 OE-C-2	Essential Culinary Arts Indian (PR) (Credit 2) VSC-2	AEC-C-2 VEC-C-2	CC-2	22	
		Introduction to the Hospitality Industry(TH) (C-2)				Essential Culinary Arts International (PR) (Credit 2) SEC-2				
		Food and Beverage Service Operation (PR)(Credit 2)								
	Cum Cr.	12		2	8	4+4	4+4+2	4	44	1

## **Under Graduate Diploma in CULINARY ARTS**

				Orcan	Structure Ser	II III Q IV				
				R		C				
VEL	SEME STER	MAJOI Mandatory	Elective s	MINOR	OE	VSC, SEC (VSEC)	AEC, VEC, IKS	OJT, FP,CF P,CC, RP	CU M Cr./ Sem	Degre um
	III	(8) Indian and International Ethnic Cuisines (TH)(C-2) Beverage Studies (TH)(C-2) Intermediate Bakery & Confectionery		(4) (C-2)- (C-2)	(2) (C2)	VSC-2 Intermediate Culinary Arts - Indian & International (Quantity-PR) (C-2)	AEC-2	FP-2 (C-2) CC-2 (C-2)	22	UG Diplor 88
		(PR) (C-2) Food Science, Safety & Hygiene (TH)(C-2)		R		D				
	IV	(8)  Regional Indian Cuisine and Larder - (TH) (C-2)  Menu Developmen t and Function Catering (TH)(C-2)  Hospitality Financial Accounting (TH) (C-2)  Larder and Short Order Cookery (PR)		(4) (C-2) (C-2)	2) (C-2)	SEC-2 Experimental and Innovative Cuisine (PR) (C-2)	AEC-2	CEP-2 (C-2) CC-2	22	
	Cum Cr.	(C-2) 28		10	12	6+6	8+4+2	8+4	88	<u> </u>  -

### **Under Graduate Degree in BACHELOR OF ARTS (CULINARY ARTS)**

				Credit	Structure S	em V & VI				
				R		E				
LEVEL	SEME STER	MAJO Mandatory	Elective s	MINOR	OE	VSC, SEC (VSEC)	AEC, VEC, IKS	OJT, FP,CFP,CC, RP	CU M Cr./	Degree/C um Cr.
5.5	V	(10) Advanced Culinary Arts - Indian -(PR) (C-2)  Advanced Culinary Arts International - (PR)(C2)  Advanced Pastry Arts (PR)(C-2)  Entrepreneurs hip in Hospitality - (TH) (C-2)  Event Planning & Management (PR) (C-2)	4 (C-2) (C-2)	4 (C-2) (C-2)		VSC-2 Food Styling, Presentation and Food Photography (PR) (C-2)		FP,CFP,CC,   Cr / IIm Cr		
				R		F				
	VI	Advanced Food Production (TH) (C-2)						OJT-20	22	
	Cum Cr.	40	4	14	12	14	8+4+2	8+4+2+20	132	
	Exit opti	on: Award of UG	Degree in N	lajor with 1	32 credits O	R Continue with I	Major and N	linor		

# Syllabus BACHELOR OF ARTS (CULINARY ARTS)

(Sem - I)

PRII	NCIPLES OF FO	OOD PRODUCTION - I						
1	Course	Principles of Food Production - I						
2	Vertical	Major ( Mandatory )						
3	Types	Theory						
4	Credit	2 Credits (1 Credit = 15 Hours for Theory in Semester)						
5	Hours Allotted	30 Hours						
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)						
7	OBJECTIVES: O	bjective of this course is						
	1. To define	aims of cooking, draw organization chart of classical kitchen						
	brigade and list	the duties of kitchen staff						
	2. To list ingre	edients, tools and equipment used in bakery and the methods of						
	bread and cook	cies making						
	3. To list the l	kitchen, tools, equipment and fuels used in commercial kitchen.						
	4. Preparation	n, methods and list the methods of cooking food.						
8	COURSE OUTCO	DME: - After completion of the below units, a student will be able						
	to:							
	1. Know the ain	ns of culinary art and skill, draw organization chart of classical						
	kitchen brigad	de and list the duties of kitchen staff						
	2. List ingredier	nts, tools and equipment used in kitchen and the methods of						
	bread and co	okies making and						
	3. Apply principles of food science and techniques of safe working practices,							
	food safety as laid down as per standards and contribute to healthy							
	sustainability	environment.						
	in the Advand	nd innovate culinary skills to explore newly created opportunities ce Culinary & Bakery Arts, both at the domestic & international reate an additional avenue of self-employment						

9 - Modules	Sub unit	Topic	tal hrs
Module 1	1.1	INTRODUCTION TO CULINARY ARTS	
	1.1.1 1.1.2	Aims and Objectives of Cooking Food Level of skills & experience Attitude & Behavior in the kitchen Career avenues open to chefs.	
	1.1.3 1.1.4 1.1.5 1.1.6 1.1.7	Classical Kitchen Brigade Organizational Structure of the Kitchen - Types & sections of a kitchen Modern Staffing in Various Category Hotels Duties & Responsibilities of Various Chefs Coordination of Kitchen with Other Departments	
	1.2	INTRODUCTION TO INDIAN COOKING	
	1.2.1 1.2.2 1.2.3 1.2.4 1.2.5	Introduction Philosophy of Indian Food Influences of the Invaders & Travelers on Indian Cuisine Equipment used in Indian Cooking Regional & Religious Influences on Indian Cuisine	
	1.3	TYPES & SECTIONS OF A KITCHEN	
	1.3.1 1.3.2 1.3.3 1.3.4 1.3.5 1.3.6 1.3.7 1.3.8 1.3.9 1.3.10 1.3.11	Commissary Butchery Main Kitchen (Indian, Western & Chinese) Garde Manger Satellite Kitchen Bakery & Confectionery Pantry Kitchen Stewarding Show Kitchen Cafeteria Kitchen Walk-in cooler, walk-in freezer & Blast Chiller	
	1.4.	TOOLS, EQUIPMENT & FUELS USED IN THE KITCHEN	
	1.4.1 1.4.2 1.4.3 1.4.4	Identification, Classification, & Uses of Equipment Capital and Operational Equipment Types & Uses of various knives, care & maintenance of knives, how to choose a knife Fuels used in the kitchen	
	1.5	PREPARATION AND MIXING OF INGREDIENTS, METHODS OF COOKING & COOKING TEMPERATURES	

	1.5.1	Mothodo of proporation
		Methods of preparation  Methods of cooking
	1.5.2	Microwave Cooking, Thermal Conductivity, Induction
	1.5.3	Cooking
	1.5.4	Heat Transfer & its relationship to Food Preparation
	1.5.4	British Thermal Unit (BTU) Heat Fusion
		, ,
		Heat Removal-Cooling Freezing of Foods  The aviant of Foods
		Thawing of Foods
		Re-heating of Food
	0.4	Effects of Heat on Foods  INTRODUCTION TO INCREDIENTS
Module 2	2.1	INTRODUCTION TO INGREDIENTS
		DAIRY PRODUCTS
	2.1.1	Introduction of dairy products
	2.1.2	Types of dairy products (Milk, Cream, Butter,
	2.1.3	Cheese)
		Manufacturing, processing and market forms of
	2.1.4	different dairy products (Milk, Cream, Butter,
		Cheese)
		Uses and Storage of dairy products
	2.2	RICE, CEREALS AND PULSES
	2.2.1	Introduction, Classification of Cereals and Pulses
	2.2.2	Varieties of Rice and By products
	2.2.3	Nutritive Value of Various Cereals
	2.2.4	Sprouts and Uses
	2.3	EGGS
	2.3.1	Selection of Eggs
	2.3.2	Structure of Eggs
	2.3.3	Uses of Eggs
	21.3.4	
	2.4	VEGETABLES & FRUITS
	2.4.1	Classification of Vegetables & Fruits
	2.4.2	Colour Pigments in Vegetables and Effects of Heat,
		Acid and Alkali on each of them
	2.4.3	Cuts of vegetables
	2.4.4	Nutritional value of vegetables & Fruits
	2.4.5	Storage of vegetables
		By-products of fruits
	2.4.6	FLAVOURINGS & HERBS
	2.5	
	2.5.1	Uses of flavorings & herbs
	2.5.2	Common Herbs & Spices
	2.5.3	Storage of herbs and spices.
	2.5.4	Use of spices & herbs in preparation of dishes /
		meals.

2. 6	FATS & OILS
2.6.1	Types of fat and oils
2.6.2	Animal fat
2.6.3	Butter, ghee
2.6.4	Vegetable fat
2.6.5	Cooking oil
2.6.6	Margarine
2.6.7	Nutritional value of fats and oils
2.6.8	The choice of fats and oils
	Storage of fats and oils
	Use of fats and oils in food preparation

10	Text Book :- Principle of Food Production
	<ol> <li>Basic Cookery – Daniel R. Stevenson</li> <li>Modern Cookery for Teaching &amp; Trade –Thangam Philip Vol1, &amp; Vol 2.</li> <li>Professional Cooking – Wayne Gisslen – Wiley Publication</li> </ol>

#### 11 **Reference Books :- Principle of Food Production** 1. Theory of Cookery – Krishna Arora 2. Bery materials & methods, A. R. Daniel 3. Basic Pastry Work Techniques, L. G. Nicollello & J. Dinsdall 4. Bread, Eric Treuille & Ursula Ferrigrio 5. The World Encyclopedia of Cheese – Juliet Harbutt 6. The Complete Guide to the Art of Modern Cookery – Escoffier 7. Professional Charcuterie - David Harvey-8. Food & Beverage Management – Davis & Stone 9. Food Preparation & Cooking – Stanly Thorues 10. Food Production Operations – Parvinder S. Bali 11. The New Catering Reperoire – Vol 1 12. Understanding Cookery – Lundberg Donald & Kotchever 13. Food Commodities, Bernard Davis, 14. Ingredients - Loukie Werle & Jill Cox – H. Fullman 12 Internal External-Semester End Examination- 60 % Continuous **Individual Passing in** Assessment: 40% Internal and External Examination: 40 %

13	Continuous Evaluation through: Quizzes, Class	Sr. No	Examination	Module	Time	Total Marks 20
	Tests, presentation, project, role play,	1	Class Test	Unit I or on Completed syllabus	30 min	10
	creative writing, assignment etc. (at least 3)	2	Assignments / Case Study / Presentations / Project / Group Discussion / Ind. Visit. / Tutorial	Module – 1 & 2	As per topic	10

# 14 Format of Question Paper: for the final examination

Semester End Examination	Question No	_ · ·		Time 1 Hrs	Total Marks 30			
	Q. 1	Define / Terminologies / Match the Column / Fill in the Blanks / Multiple Choice Questions (1 Marks each)	1 & 11		15			
	Q. 2	Short Notes / Problem. Attempt any Three Questions out of four. (a, b, c & d). (5 Marks each)	1 & 11		15			
	Q. 3	Essay Type Questions (Attempt any one out of two)	I		15			
	Q. 4	Essay Type Questions (Attempt any one out of two)	II		15			
Note:	of two)  1. To appear examination minimum prescribed attendance is compulsory.  2. All questions are compulsory,  3. Individual Passing in Internal and External Examination is compulsory.  4. Certified Journal is compulsory for appearing at the time of Practical Exam.							

FUNDAMENTALS OF FOOD AND BEVERAGE SERVICE								
1	Course	Fundamentals Of Food And Beverage Service						
2	Vertical	Major ( Mandatory )						
3	Types	Theory						
4	Credit	2 Credits (1 Credit = 15 Hours for Theory in Semester)						
5	Hours Allotted	30 Hours						
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)						
7	<ol> <li>OBJECTIVES: Objective of this course is</li> <li>To state the sectors of Food and Beverage Industry</li> <li>To draw the Organization chart of Food and Beverage Department of a hotel</li> <li>To describe the duties and responsibilities of various positions in F&amp;B Department</li> <li>To state the features of various ancillary departments of Food and Beverage</li> <li>To list various equipment used in F&amp;B Department, their specifications and maintenance.</li> <li>To list various types of service and explain their features</li> <li>To state the techniques in organizing dining room operations</li> </ol>							
8	COURSE OUTCOME:- After completing the below unit students will be able to:  1) State the sectors of Food and Beverage Industry  2) Draw the Organization chart of Food and Beverage Department of a hotel  3) Describe the duties and responsibilities of various positions in F&B Department  4) State the features of various ancillary departments of Food and Beverage  5) List various equipment used in F&B Department, their specifications and maintenance.  6) List various types of service and explain their features  7) State the techniques in organizing dining room operations							

9 - Modules	Sub Module	Topic	Total Hrs 30
Module 1	1.1	Introduction To Hotel And Catering Industry	15 Hrs
	1.1.1 1.1.2 1.1.3	Role of catering establishment in travel / tourism industry Sectors of food service industry (Classification) - primary and secondary - commercial and welfare - captive, non-captive and semi-captive markets 1.3 Employment Opportunities.	
		The concept of and contributors to a Meal Experience	
	1.2	Departmental Organization & Staffing	
	1.2.1 1.2.2 1.2.3 1.2.4	Organization of F & B Department of a Hotel Typical hierarchy of a dining room brigade (English & French) Attributes & Competencies of F & B Personnel Duties and responsibilities of F & B Staff  • F & B Manager  • Banquet manager  • Outlet Manager (All day dining/In-Room Dining/Specialty Restaurant)	
		<ul> <li>Senior captain/ Captain/ Supervisor</li> <li>Steward</li> <li>Sommelier</li> <li>Trancheur</li> <li>Hostess</li> <li>Cashier</li> </ul>	
	1.2.5	<ul> <li>Room Service Order Taker</li> <li>Busboys</li> <li>Departmental Relationship of F&amp; B with other Departments</li> </ul>	
	1.3	Operational & Auxiliary Areas of Food & Beverage Department	
	1.3.1 1.3.2 1.3.3 1.3.4 1.3.5 1.3.6	<ul> <li>Coffee shop (all day dining)</li> <li>Snack bar / counter service</li> <li>Specialty restaurant / theme restaurant</li> <li>Banquet operations / off premise catering</li> <li>In-Room Dining (Room Service)</li> </ul>	
	1.3.7 1.3.8 1.3.9 1.3.10 1.3.11 1.3.12	<ul> <li>Discotheque / night club</li> <li>Mini Bar</li> <li>Vending Machines</li> <li>Dispense Bar &amp; Public Bar</li> <li>Pantry / Still room</li> </ul>	
	1.3.13 1.3.14 1.3.15 1.3.16	<ul><li>Hot Plate</li><li>Kitchen stewarding</li><li>Silver room / plate room</li><li>Linen room</li></ul>	

Module 2	2.1	FOOD AND BEVERAGE SERVICE EQUIPMENT	15 Hrs
	2.1.1 2.1.2	<ul> <li>Classification of equipment. (Familiarization of equipment)</li> <li>Criteria for selection and requirements</li> <li>Tableware &amp; Service ware (Glassware, crockery &amp; china, Hollow ware, flatware, tongs) Special equipment</li> <li>Miscellaneous equipment and wares with their uses Care &amp; maintenance of equipment</li> <li>Furniture (Tables, Chairs, Trolleys, Dumb waiter, hostess desk</li> <li>Linen</li> <li>Table d'hôte and A la carte menus</li> </ul>	
		Side Work : Mis-en-place, Mis-en-Scene	
	2.2	DINING SERVICES METHODS, TECHNIQUES & STYLES	
	2.2.2 2.2.3 2.2.4 2.2.5	a) Table service • Silver service/ English service • American/ Plated • Family , Russian , Butler , Gueridon b) Bar Counter c) Assisted Service – Carvery Buffet d) Self Service Cafeteria - Straight flow , Free-flow - Echelon - Supermarket e) Single point service ■ Take-away ■ Drive through ■ Fast food ■ Vending ■ Kiosk ■ Food court ■ Bar f) Specialized (in-situ) - Tray , Trolley , Home delivery , Lounge , In Room , Drive in	
	2.3	Dining Room Operations	
	2.3.1 2.3.2 2.3.3 2.3.4 2.3.5 2.3.6 2.3.7 2.3.8	Typical Restaurant / Coffee Shop Layout The Concept of stations, numbering the tables and covers at a table Reservation Systems in Restaurants Records & Registers maintained by a Restaurant Rules to be observed while laying and waiting at the table. Dos & don't s of wait staff in a dining room operations Organizing the staff for service – The Team Approach and the Individual Service Approach	

#### 10

#### Text Book :- Fundamentals Of Food And Beverage Service

- 1. Food & Beverage Service A Training Manual Sudhir Andrews
- 2. Food & Beverage Service Bobby George
- 3. Napkin Folding James Ginders (Harmony Books)
- 4. The Practical Guide to Napkins & Napkin Folding Rick Beech Hermes House
- 5. The Steward Peter Dias

#### 11 Reference Books :- Fundamentals Of Food And Beverage Service

- 1. Food & Beverage Service R. Singaravelavan Oxford University Press
- 2. Food & Beverage Service Dennis Lillicrap, John Cousins Bookpower
- Food & Beverage F & B Simplified Vara Prasad & R. Gopi Krishna Pearson
- 4. Food & Beverage Service Vijay Dhawan
- 5. The Waiter John Fuller & A.J. Currie Shroff Publishers

12	Internal Continuous Assessment: 40%	Individual Passing in Internal and External Examination: 40 %					
13	Continuous						
	Evaluation through:  Quizzes, Class Tests, presentation, project,	Sr. No	Examination	Module	Time	Total Marks 20	
	role play, creative writing, assignment etc.( at least 3)	1	Class Test	Unit I or on Completed syllabus	30 min	10	
		2	Assignments / Case Study / Presentations / Project / Group Discussion / Ind. Visit. / Tutorial	Module – 1 & 2	As per topic	10	

Semester End Examination	Question No	Paper Pattern (Theory question paper pattern: Attempt any two from four questions.)	Module	Time 1 Hrs	Total Marks 30
	Q. 1	Define / Terminologies / Match the Column / Fill in the Blanks / Multiple Choice Questions (1 Marks each)	1 & 11		15
	Q. 2	Short Notes / Problem. Attempt any Three Questions out of four. (a, b, c & d). (5 Marks	1 & 11		15

Essay Type Questions

Essay Type Questions

(Attempt any one out

(Attempt any one out

Note:

1. To appear examination minimum prescribed attendance is compulsory.

Ш

15

15

2. All questions are compulsory,

of two)

of two)

Q. 3

Q. 4

- 3. Individual Passing in Internal and External Examination is compulsory.
- 4. Certified Journal is compulsory for appearing at the time of Practical Exam.

NUTRITION & FOOD SCIENCE							
1	Course	Nutrition & Food Science					
2	Vertical	Major ( Mandatory )					
3	Types	Theory					
4	Credit	2 Credits (1 Credit = 15 Hours for Theory in Semester)					
5	Hours Allotted	30 Hours					
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)					
7	<ul> <li>To mate and be and be atting</li> <li>To state atting</li> <li>To state food</li> </ul>	of this course is –  ake students aware about nutritional facts about various products alanced diet and various new trends in diet.  ate the relation between food and various factors influencing habits  ate the breakup of protein carbohydrate and fat component of derstand the basic need of vitamins and minerals.					
8	COURSE OUTCOME:  After completion of this course student will be able  • To state the relation between food and various factors influencing eating habits and classification of nutrition  • To state the breakup of protein carbohydrate and fat component of food  • To state the basic need of vitamins and minerals.  to demonstrate the skill, technique, science in nutrition & food science and able to create avenue for self-employment to cater new trends in diet						

9	Modules		
Modules	Sub unit	Tonio	Total
Modules		Topic	Hrs 30
Module 1	1.1	NUTRITION	15
			hrs.
	1.1	Nutrition	
	1.1.1	Introduction	
	1.1.2	Definition	
	1.1.3	Relation of Food & Health	
	1.1.4	Malnutrition, under nutrition, over nutrition, diet, kilo	
	1.1.5	calories, health.	
	1.1.6	Classification of Nutrients	
		-Food & Its Functions	
		-Psychological Functions	
		- Physiological Functions - Social Functions	
		- Social Functions - Factors affecting food intake & Food Habits	
		- Factors affecting food intake & Food Habits - Geographical Reasons	
		- Economical Reasons	
		- Religious Reasons	
		- Social Reasons	
	1.2	CARBOHYDRATES	
	1.2.1	Introduction	
	1.2.2	Classification & Composition	
	1.2.3	Functions, Daily Requirements & Sources	
	1.2.4	Uses In Food Preparation (Gelatinization, Gel	
		Formation, Dextrinization, Gluten Formation &	
		Caramalization)	
	1.3	PROTEINS	
	1.3.1	Classification & Composition	
	1.3.2	Functions, Requirements & Sources	
	1.3.3	Excess & Deficiency	
	1.3.4	Uses in food preparation	
	1.3.5	Effect of Heat (Denaturation, Coagulation)	
	1.3.6	Gel Formation	
Mandad O	1.3.7	Foaming	45
Module 2	2.1	FATS & OILS	15
			hrs.
	2.1.1	Classification & Composition	
	2.1.2	Functions, Requirements & Sources	
	2.1.3	Factors causing deterioration	
	2.2	VITAMINS, MINERALS, WATER & COLLOIDS	
	2.2.1	Introduction, Classification	

		222	Vitamina (A. D. E. IV. 9. D. complay) (Courses and			
		2.2.2	Vitamins (A, D, E, K & B complex) (Sources and			
		2.2.3	functions)			
		2.2.4	Minerals (Ca, P, Na, K, Fe, I, FI) (Sources and			
			functions)			
			Water – Function and sources			
			Preventing nutritional loss during cooking			
		2.3	BALANCED DIET			
		2.3.1	Introduction			
		2.3.2	Recommended Dietary			
			- Allowances			
			- RDAs for Specific Nutrients Basic Food			
			Groups			
			- Cereals & Millets Group			
			- Protein or body building Group			
			- Protective Food Group			
		2.3.3	- Secondary Protective Food Group			
			Food Pyramid			
			- Bread, Grains, Cereals & Pasta from the			
			base			
			- Fruits & Vegetables			
			- Beans, Eggs, Lean Meat & Fish			
			- Dairy Products			
			- Fats & Sweets			
		2.4	SPECIAL NUTRITIONAL REQUIREMENTS			
		2.4.1	Introduction and need of special diet			
		2.4.2	Special Nutritional Requirements			
			- Gluten free			
			- Sugar free			
			- Vegan			
			- Anti-Allergen Diet (mushroom, nuts, lactose,			
			sea-food)			
			- High Protein			
			- Low fat			
10	Text Bo	ook :- Nutr	rition And Food Science			
	1. 0	Catering So	cience & Food Safety - Sumitra Deshmukh & Dr Asmita			
	Т	Thakur				
2. Food Poisoning & Food Hygiene - Hobbs, Betty & Roberts, Di			ning & Food Hygiene - Hobbs, Betty & Roberts, Diane			
			ene& Sanitation - Rodey S			
	5. 1	354 i iy gio				
11	Refere	nce Books	:- Nutrition And Food Science			
1. Food Hygiene for Food Handlers - Trickett, Jill						
	2. Food Safety in the Hospitalty Industry - Knowles Tim					
		•	t Food Poisoning - Scott Elizabeth &Sockett Paul			
			ood Safety Manual - Loken Joan			
			•			
	5. The	Prevention	n of Food - Commercial law Publishers			
	1					

12	Internal Contin Assessment: 4	10%	Indiv	rnal-Semester End ridual Passing in I nination : 40 %				
13	Continuous Evaluation thro Quizzes, Clas	_	Sr. No	Examination	Module		Time	Total Marks 20
	presentation, project, role play, creative writing, assignment etc.(		1	Class Test	Unit I or Complete syllabus	_	30 min	10
	at least 3)		2	Assignments / Case Study / Presentations / Project / Group Discussion / Ind. Visit. / Tutorial	Module - 1 & 2	-	As per topic	10
14	Format of Que	stion Pape	r: for	the final examinati	on			
	Semester End	Question No	(Th	Paper Pattern (Theory question paper			Time	Total Marks
	Examination		_	tern: Attempt any m four questions.		ul e	1 Hr.	30
				· · · · · · · · · · · · · · · · · · ·	,			
		Q. 1	the / Mu	ine / Terminologies Column / Fill in the ultiple Choice Ques Marks each)	Blanks	& 		15
		Q. 2	Atte out	Short Notes / Problem. Attempt any Three Questions out of four. (a, b, c & d). (5 Marks each)				15
		Q. 3		say Type Questions empt any one out o		I		15
		Q. 4		Essay Type Questions (Attempt any one out of two)				15
	Note:	compu 2. All que 3. Individe compu 4. Certifie	ear examination minimum prescribed attendance is Isory. stions are compulsory, ual Passing in Internal and External Examination is					

1	Cours	se	Essential Culinary Arts – Indian Cuisine - I					
2	Vertic	al	Vocational Skill Course ( VSC )					
3	Types	8	Practical					
4	Credi	t	2 Credits (1 Credit = 30 Hours for Practical in Semeste	er)				
5	Hours	s Allotted	60 Hours					
6	Marks	s Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - Marks)	· 30				
7	OBJECTIVE: Objective of this course is to familiarize the student with the basics of Indi International Cuisine and 1. To know the art of Indian Culinary 2. To learn the basic principle & science of culinary to create various cui 3. Familiarization of tools and equipment and their used in kitchen. 4. To Learn about the Ingredients and their roll and function in Indian Cu 5. To Know the basic cutting skill and food production. 6. To learn the technique and art to make Indian culinary Cuisine							
8	On coof the 1) U to 2) W u:	above me nderstand create val fork and id sed in India emonstrate	of this course students will be able to demonstrate the prontioned dishes in their journals and will be able to the art of basic culinary skill, principle & science or crious cuisine.  Identify Ingredients, tools, equipment, roll and function	of culinary and their				
9 - Pra	ctical		Essential Culinary Arts – Indian Cuisine - I					
Objectives /Topic			Particulars	Total Hrs 60				
Session-1 - Indian - Hygien		- Indian ki - Hygiene	tion to Indian Cookery itchen Equipment - Identification, Description, Uses - Kitchen etiquettes, Practices & knife handling and security in kitchen					
Practical - Session-2 a		and herbs	ization and identification of Indian spices, vegetables s ation and Selection of Ingredients - Qualitative and we measures					
Described 5 m		Familian	instinus and identification Manatables					

**ESSENTIAL CULINARY ARTS - INDIAN CUISINE - I** 

- Familiarization and identification Vegetables

Classification of VegetablesCuts of Vegetables & Poultry

Practical

Session-3

Practical	Basic Indian Gravies
Session-4	
3622011-4	White Gravy
	Green Gravy
	Brown Gravy
	Onion Tomato Masala
- · · ·	Makhani Gravy
Practical	Sukha Aloo
Session-5	Dal Fry
	Boiled Rice
	Chapati
Practical	Chicken Masala
Session-6	Bhindi Masala
	Dal Tadka
	Yellow Rice
Practical	Egg Curry
Session-7	Aloo Gobi Masala
	Pulao Rice
	Plain Paratha
Practical	Mutton Curry
Session-8	Aloo Mutter
	Saffron Pulao
	Triangular Paratha / Shahi Tukra
Practical	Mix Veg Curry
Session-9	Mutton Sukha
0000101110	Jeera Pulao
	Phulka / Rice Kheer
Practical	Masala Fried Fish
Session-10	Moong Dal Palak
00331011 10	Aloo Gobi ki Tahari
	Doodhi Halwa
Practical	Alooshak
Session-11	Steam Rice
3622011-11	
	Gujrati Dal
	Poori Obside and
Described	Shrikhand
Practical	Makti Chi Usal
Session-12	Malwani Chicken
	Khamang Kakdi
	Kombadi Vade
	Puran Poli
Practical	Yakhani Pulao
Session-13	Mutton Rogan Josh
3000.011 10	Navratan Korma
	Kashmiri Saffron Phirani
	Tasimin Canton Finan

12	12. A Culinary Tour of India, Singh, Yogesh, IK International  Internal 40% & External 60% Semester End Examination Individual Passing in Internal and External Examination: 40 %						
11	<ol> <li>Modern Cookery Vol I &amp; Vol II, Thangam E. Philip</li> <li>Reference Books:- Culinary Arts (Cookery Books)</li> <li>Food Commodities, Bernard Davis,</li> <li>Food Production Operations – Parvinder S. Bali-</li> <li>History of Indian Cuisine Vol 1 &amp; Vol 2, Shirke, Gajanan, Shroff Pub.</li> <li>Classsic Indian Recipe Book, Husain, Shehzad, Anness Publishing</li> <li>Prasad: Cooking with Indian Masters, Kalra, J Inder Singh, Allied Publishers</li> <li>Ice Cream, Sophie Hale</li> <li>Professional Chef, American Culinary Institute, John Liley &amp; sons</li> <li>The Art &amp; Science of Culinary Preparation, Jerald W.</li> <li>Theory of Catering, Kinton Ceserani,</li> <li>Theory of Cookery, Krishna Arora,</li> <li>Cruising Cuisine, Kay Pastorius,</li> </ol>						
	2)	Lab Manual  Modern Cookery for Teaching and Trade, Thangam E. Philip,					
Practi Sessi	ical ion-16	Poha Upma Misal Pav Thalipeeth Sheera Coconut Chutney Lasun Chutney					
Practical Session-14  Practical Session-15		Idli Medu Wada Dal Wada Sambhar Coconut Chutney Coriander Chutney  Masala Dosa Uttappam Pongal Sambar Podi Masala (Gun Powder)					

13 Format for Practical Examination Pattern: for the final examination

#### PRACTICAL EXAMINATION PATTERN:

# ESSENTIAL CULINARY ARTS – INDIAN CUISINE - I (PRACTICAL):- Scheme of Examination: (50 marks)

- Candidate will be given a menu comprising of 3/5 dishes/ products.
- Indent sheet and plan of work sheet to be filled by the candidate of the menu / Dishes he gets.
- He / she supposed to collect indents, prepare and present the dishes in the menu within stipulated time.
- Cleaning and securing equipments and working area is also to be done within stipulated time.
  - Assessment will be done as follows –

	Colour Consistency Taste Texture Viva-voce, Personal Of Sheet & Personal Of Sheet & Securing Of Sheet & Securing							
Colour	Consistency	Taste	Texture	voce,	Journal	Sheet & plan	&	Total
05	05	05	05	10	05	10	05	50

ES	ESSENTIAL CULINARY ARTS – INTERNATIONAL CUISINE - I							
1	Course	Essential Culinary Arts – International Cuisine - I						
1	Vertical	Skill Enhancement Course ( SEC )						
2	Types	Practical						
3	Credit	2 Credits (1 Credit = 30 Hours for Practical in Semester)						
4	Hours Allotted	60 Hours						
5	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)						

#### **OBJECTIVE**:

Objective of this course is to familiarize the student with the basics of Indian & International Cuisine and

- 1. To know the art of Culinary
- 2. To learn the basic principle & science of culinary to create various cuisine.
- 3. Familiarization of tools and equipment and their used in kitchen.
- 4. To Learn about the Ingredients and their roll and function in International Cuisine
- 5. To Know the basic cutting skill, stocks, sauces and food production.
- 6. To learn the technique and art to make International culinary Cuisine

#### **COURSE OUTCOME:**

On completion of this course students will be able to demonstrate the preparation of the above mentioned dishes in their journals and will be able to-

7

6

- 1. Demonstrate the art of basic culinary skill, principle & science of culinary to create various cuisine.
- 2. Work and identify Ingredients, tools, equipment, roll and function and their used in International Cuisine
- 3. Demonstrate cutting skill, technique, stocks, sauces and food production etc. and able to create avenue for self-employments

Objectives / Topic         Particulars         Total Hrs 60           Practical Session 01         Familiarization and identification of International spices, herbs, and equipment used.         Familiarization and identification of International spices, herbs, and equipment used.           Practical Session 02         Cuts of vegetables & Poultry/ Meat (Demo/Practical)           Practical Session 03         Stocks and Mother Sauces (Demo)           Practical Session 04         Egg Cookery (Demo/Practical)           Practical Session 05         Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing           Practical Session 06         Consommé Julienne           Session 07         Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard           Practical Puree de Lentil Hungarian Goulash Fish Fingers with tartare Sauce Herb Rice Greek Salad         Fractical Session 07           Practical Session 08         Spaghetti Bolognaise Waldrof Salad Garlic Bread Italian Pannacotta           Practical Roasted Pumpkin soup Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding         Roast Chicken With Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding           Practical Session 10         Gabbage Chowder Fish Meunière Mashed Potato Grilled Vegetables Crème Brulee         Fish Meunière Mashed Potato Grilled Vegetables Crème Brulee           Practical Session 11         Chicken Parmigiana Eggplant Provençale Salad Caprese Bread & Butter Pudding	9- Practical	Essential Culinary Arts - International Cuisine - I	
Session 01	/Topic		
Practical Session 02 Practical Session 03 Practical Session 03 Practical Session 04  Practical Session 05 Practical Session 05 Practical Session 06 Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing Practical Session 06 Practical Session 06 Practical Session 07 Practical Session 07 Practical Session 07 Practical Session 07 Practical Practical Practical Practical Practical Session 07 Practical Practical Practical Session 08 Spaghetti Bolognaise Waldrof Salad Garlic Bread Italian Pannacotta  Practical Roasted Pumpkin soup Roast Chicken with Jus Roast C		·	
Session 02 Practical Session 03 Practical Session 04 Practical Session 05 Cream of Tomato Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing Practical Session 06 Consommé Julienne Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard Practical Practical Practical Practical Practical Practical Session 07 Cream of Tomato Consommé Julienne Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard Practical Puree de Lentil Hungarian Goulash Fish Fingers with tartare Sauce Herb Rice Greek Salad Crème de Volaille Session 08 Spaghetti Bolognaise Waldrof Salad Garlic Bread Italian Pannacotta Practical Roasted Pumpkin soup Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding Practical Session 10 Fish Meunière Mashed Potato Grilled vegetables Crème Brulee Practical Session 11 Gazpacho Chicken Parmigiana Eggplant Provençale Salad Caprese		, i	
Practical Session 03 Practical Session 04  Practical Session 04  Practical Session 05  Practical Session 05  Practical Session 05  Practical Session 05  Practical Session 06  Practical Session 06  Practical Session 06  Practical Session 06  Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard  Practical Session 07  Practical Puree de Lentil Hungarian Goulash Fish Fingers with tartare Sauce Herb Rice Greek Salad  Practical Session 08  Practical Session 08  Practical Session 09  Roast Chicken with Jus Roast Pumpkin soup Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding  Practical Session 10  Practical Session 10  Practical Session 10  Grilled vegetables Crème Brulee  Practical Session 11  Gazpacho Chicken Parmigiana Eggplant Provençale Salad Caprese		Cuts of vegetables & Poultry/ Meat (Demo/Practical)	
Session 03 Practical Session 04 Practical Cream of Tomato Session 05 Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing Practical Consommé Julienne Session 06 Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard Practical Purce de Lentil Session 07 Practical Purce de Lentil Session 07 Fish Fingers with tartare Sauce Herb Rice Greek Salad Session 08 Spaghetti Bolognaise Waldrof Salad Garlic Bread Italian Pannacotta Practical Roasted Pumpkin soup Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding Practical Cabbage Chowder Fish Meunière Mashed Potato Grilled vegetables Crème Brulee Practical Gazpacho Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
Practical Session 04   Cream of Tomato Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing		Stocks and Mother Sauces (Demo)	
Session 04 Practical Cream of Tomato Session 05 Chicken ala King Petit Pois Mashed Potatoes Coleslaw with Vinaigrette dressing  Practical Consommé Julienne Session 06 Poulet Sauté Chasseur Glazed Carrot Pommes de Terre Lyonnaise Caramel Custard  Practical Puree de Lentil Session 07 Hungarian Goulash Fish Fingers with tartare Sauce Herb Rice Greek Salad  Practical Crème de Volaille Session 08 Spaghetti Bolognaise Waldrof Salad Garlic Bread Italian Pannacotta  Practical Roasted Pumpkin soup Session 09 Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding  Practical Cabbage Chowder Fish Meunière Mashed Potato Grilled vegetables Crème Brulee  Practical Gazpacho Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
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Italian Pannacotta  Practical Roasted Pumpkin soup Session 09 Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding  Practical Cabbage Chowder Session 10 Fish Meunière Mashed Potato Grilled vegetables Crème Brulee  Practical Gazpacho Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
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Session 09 Roast Chicken with Jus Roast Potatoes Char Grilled Vegetables Diplomat Pudding  Practical Session 10 Fish Meunière Mashed Potato Grilled vegetables Crème Brulee  Practical Session 11 Gazpacho Session 11 Gazpacho Chicken Parmigiana Eggplant Provençale Salad Caprese			
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Grilled vegetables Crème Brulee  Practical Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese	Session 10		
Crème Brulee  Practical Gazpacho Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
Practical Gazpacho Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
Session 11 Chicken Parmigiana Eggplant Provençale Salad Caprese			
Eggplant Provençale Salad Caprese			
Salad Caprese	Session 11		
· ·			
Bread & Butter Pudding		· ·	
		Bread & Butter Pudding	
Practical Crème Dubarry	Practical	Crème Dubarry	

Session 12	Poulet ala Kiev					
	Bouquetier de Legumes					
	Garlic Mashed Potato					
	Blini					
Practical	French Onion soup					
Session 13	Corn & Spinach Au Gratin					
	Baked Fish with Provençale Sauce					
	Pommes de Terre Anna					
	Fruit Triffle					
Practical	Cioppino					
Session 14	Poulet sauté Marengo					
	Pommes de Terre Robert					
	Caponata					
	Panzanella salad					
Practical	Cream of Peas Soup					
Session 15	Lamb Ragout					
	Scalloped Potato					
	Paste in Tomato Sauce					
	Baked Custard					
Practical	Breakfast Menu					
Session 16	Grill Tomato					
	Sausage / Baked Beans					
	Bacon , Hash brown,					
	Poach Egg / Bread					
	Waffle					
10 Text Book :-	10 Text Book :- Culinary Arts ( Cookery Books)					

- 1) Lab Manual
- 2) Modern Cookery for Teaching and Trade, Thangam E. Philip,
- 3) Modern Cookery Vol I & Vol II, Thangam E. Philip
- 4) Food Commodities, Bernard Davis,

#### Reference Books:- Culinary Arts (Cookery Books)

- 1. Food Production Operations Parvinder S. Bali-
- 2. Ice Cream, Sophie Hale
- 3. Professional Chef, American Culinary Institute, John Liley & sons
- 4. The Art & Science of Culinary Preparation, Jerald W.
- 5. Theory of Catering, Kinton Ceserani,
- 6. Theory of Cookery, Krishna Arora,
- 7. Cruising Cuisine, Kay Pastorius,
- 8. Advance Professional Cooking Wayne Gisslen
- 9. Advance Culinary Foundation Wayne Gisslen

Internal 40% & External 60% Semester End Examination 12 Individual Passing in Internal and External Examination: 40 % 13 Format for Practical Examination Pattern: for the final examination

#### PRACTICAL EXAMINATION PATTERN:

Essential Culinary Arts – International Cuisine - I (PRACTICAL):- Scheme of Examination: (50 marks)

- Candidate will be given a menu comprising of 3/5 dishes/ products.
- Indent sheet and plan of work sheet to be filled by the candidate of the menu / Dishes he gets.
- He / she supposed to collect indents, prepare and present the dishes in the menu within stipulated time.
- Cleaning and securing equipments and working area is also to be done within stipulated time.
  - Assessment will be done as follows –

	Extern	al Evalu	Inter					
Colour	Consistency	Taste	Texture	Viva- voce, Personal Grooming	Journal	Indent Sheet & plan of work	Cleaning & Securing	Total
05	05	05	05	10	05	10	05	50



## Syllabus

# BACHELOR OF ARTS (CULINARY ARTS) (Sem.- II)

PRIN	PRINCIPLES OF FOOD PRODUCTION - II								
1	Course	Principles of Food Production - II							
2	Vertical	Major ( Mandatory )							
3	Types	Theory							
4	Credit	2 Credits (1 Credit = 15 Hours for Theory in Semester)							
5	Hours Allotted	30 Hours							
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)							
7	<ul> <li>OBJECTIVE:</li> <li>The Objective of this course is</li> <li>1. to familiarize the student towards analysis of food, stocks, soups, salads, eggs, fish and basic Indian cuisine</li> <li>2. to list the methods of preparation of soups,sauces,stocks,salads and Fish as mentioned in the syllabus.</li> <li>3. to state basic principles of baking sponges and pastries to list various masala combinations as mentioned in their learning material</li> </ul>								
8	COURSE OUTCOME: On completion of this course students will be able to demonstrate the preparation of the above mentioned dishes in their journals and will be able to  1) to analysis of food, stocks, soups, salads, eggs, fish and basic Indian cuisine  2) List ingredients, tools and equipment used for various meat, masalas, gravies and bakery products  3) Apply principles of food science and techniques of safe working practices, food safety as laid down as per standards and contribute to healthy sustainability environment.  4) Experiment and innovate culinary skills to explore newly created opportunities in the food production & bakery arts, both at the domestic & international cuisine and create an additional avenue of self-employment.								

9 - Modules	Sub unit	Topic	Total Hrs 30
Module 1	1.1	BASIC PREPARATION OF STOCKS	15 hrs
	1.1.1	Introduction of Stock & Glazes	
	1.1.2	Uses of Stock & Glazes	
	1.1.3	Classification of Stock	
	1.1.4	Elements of Stocks & its Characteristics	
	1.1.5	Precautions to be taken while preparing Stock	
	1.1.6	Storage of Stocks	
	1.2	THICKENING AGENTS AND SAUCES	
	1.2.1	Introduction to thickening agents	
	1.2.2	Starches as Thickening Agent	
	1.2.3	Definition of Roux	
	1.2.4	Types of Roux (white, blond, brown)	
	1.2.5	Other thickening agents	
	1.2.6	Definitions of sauces	
	1.2.7	Classifications of sauces	
	1.2.8	Preparation of Mother Sauces & Derivatives	
	1.2.9	Various uses of sauces	
	1.3	SOUPS	
	1.3.1	Classification of soups	
	1.3.2	International Soups	
	1.3.3	Precautions taken while preparing Soups.	
	1.4	SALADS	
	1.4.1	Introduction	
	1.4.2	Composition of a Salad	
	1.4.3	Types of Salad	
	1.4.4	Salad Dressing	
	1.4.5	Salient Features of Preparing Good Salads	
	1.4.6	International salads	
	1.5	EGGS & FISH	
	1.5.1	Introduction	
	1.5.2	Cooking of eggs for breakfast	
	1.5.3	Identification & Classification of Fish	
	1.5.4	Cuts of Fish	
	1.5.5	Darne	
	1.5.6	Trançon	
	1.5.7	Fillet	
	1.5.8	Suprême Delice	
	1.5.9		
	1.5.10 1.5.11	Goujon	
	1.5.11	Goujonettes	
	1.5.12	Paupiette En tresse	
	1.5.14		
		En Loregnette Pavé	
	1.5.16 1.5.17		
	1.5.17	Cravate (plaited)	
	1.3.16	Cooking of Fish	

Module 2	2.1	INTRODUCTION TO MEATS	15 hrs
	2.1.1	Lamb, Pork, Beef, Veal & Furred Game	
	2.1.1	Introduction	
	2.1.2	Cuts of lamb, beef, veal and pork (with diagram)	
	2.1.3	Processing of a Whole Animal	
	2.1.4	Classification of Meats	
	2.1.5	Composition of Meat,	
	2.1.6	Cuts of Meats	
	2.1.7	Yield Tests	
	2.1.8	Methods of cooking meats	
	2.1.9	Some Classical Preparations of meats	
	2.2	INTRODUCTION POULTRY & GAME	
	2.2.1	Introduction to Meat, Poultry and Game	
	2.2.2	Poultry and Game	
	2.2.3	Cuts of Poultry	
	2.2.4	Physical & Chemical Characteristics of Poultry	
	2.2.5	Trussing Methods	
	2.2.6	Handling and storage of meat	
	2.2.7	Methods of cooking poultry	
	2.2.8	Some Classical Preparations of Poultry	
	2.3	INTRODUCTION TO BAKING BASIC BREADS, SPONGE, CAKE & PASTRY	
	2.3.1	Introduction	
	2.3.2	Tools, Equipment & Key Ingredients required in Baking	
	2.3.3	Understanding different types of bread	
	2.3.4	Understanding different methods in bread making	
	2.3.5	Basic faults in bread making	
	2.3.6	Principles Behind Making of Sponge	
	2.3.7	Points to be Kept in Mind While Making Sponges & Cakes	
	2.3.8	Pastry Techniques and Principles	
	2.3.9	Different types of Pastry	
	2.3.10	Basic method of making pastry	
	2.3.11	Various Types of Cookies &	
	2.3.12	Different method of making Cookies	
	2.3.13	Safe food Handling practices	
	2.4	MASALAS, PASTES & INDIAN GRAVIES	
	2.4.1	Introduction to regional masalas, pastes & gravies	
	2.4.2	Blending of Spices & Concept of Masalas	
	2.4.3	Concept of Dry & Wet Masalas	
	2.4.4	Pastes used in Indian Cooking	
	2.4.5	Basic Indian of Gravies	
	2.5	CULINARY TERMS	
	2.5.1	International culinary terms	
	2.5.2	Indian culinary terms	
	2.5.3	Bakery culinary terms	

10	Text Book :- Principle	Of Fo	od Production			
	<ol> <li>Basic Cookery – Daniel R. Stevenson</li> <li>Modern Cookery for Teaching &amp; Trade – Thangam Philip Vol1, &amp; Vol 2.</li> <li>Professional Cooking – Wayne Gisslen – Wiley Publication</li> </ol>					
11	Reference Books :- Pr	rincipl	e Of Food Product	ion		
	<ol> <li>Theory of Cookery -</li> <li>Bery materials &amp; median</li> <li>Basic Pastry Work -</li> <li>Bread, Eric Treuille</li> <li>The World Encyclop</li> <li>The Complete Guid</li> <li>Professional Charco</li> <li>Food &amp; Beverage M</li> <li>Food Preparation &amp;</li> <li>Food Production Op</li> </ol>	ethods Fechni & Ursu bedia co e to thouterie - Ianage Cooki	, A. R. Daniel ques, L. G. Nicollell ula Ferrigrio of Cheese – Juliet H e Art of Modern Cod - David Harvey- ement – Davis & Sto ng – Stanly Thorues	arbutt okery – Escoff one s		
12	Internal Continuous		External-Semester	End Examin	ation- 6	0 %
	Assessment: 40% Individual Passing in Internal and External Examination : 40 %					
			⊏xamır	nation : 40 %		iiai
13	Continuous					
13	Continuous Evaluation through: Quizzes, Class Tests, presentation,	Sr. No	Examination	Module	Time	Total Marks 20
13	Evaluation through: Quizzes, Class					Total Marks

14	Format of Question Paper: for the final examination					
	Semester End Examination	Question No	Paper Pattern (Theory question paper pattern: Attempt any two from four questions.)	Module	Time 1 Hrs	Total Marks 30
		Q. 1	Define / Terminologies / Match the Column / Fill in the Blanks / Multiple Choice Questions (1 Marks each)	I & II		15
		Q. 2	Short Notes / Problem. Attempt any Three Questions out of four. (a, b, c & d). (5 Marks each)	1 & 11		15
		Q. 3	Essay Type Questions (Attempt any one out of two)	I		15
		Q. 4	Essay Type Questions (Attempt any one out of two)	II		15
	Note:	compul 2. All ques 3. Individu compul 4. Certifie	stions are compulsory, ual Passing in Internal a	nd Externa	al Examir	nation is

INT	INTRODUCTION TO THE HOSPITALITY INDUSTRY				
1	Course	Introduction to the Hospitality Industry			
2	Vertical	Major ( Mandatory )			
3	Types	Theory			
4	Credit	2 Credits (1 Credit = 15 Hours for Theory in Semester)			
5	Hours Allotted	30 Hours			
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)			
7	<ul><li>2. To unders</li><li>3. To learn a</li><li>4. To unders</li></ul>	stand career opportunities in Hospitality Profession stand the organization chart of different categories of hotels about the working of Hotel Industry stand the various departments in hotels and their functions.			
8	5. To learn about service industry.  COURSE OUTCOME:  After completing this course student will be able to:  1) State the career opportunities in Hospitality Profession  2) Draw the organization chart of different categories of hotels  3) Describe the working of Hotel Industry  4) State various departments in hotels and their functions  5) Define service industry				

9 - Modules	Sub Module	Topic To Hrs		
Module 1	Module 1 1.1 PERSPECTIVES ON CAREERS IN HOSPITALITY			
	1.1.1	Definitions of Hotel		
	1.1.2	History of hotel Industry		
	1.1.3	Hospitality management program		
	1.1.4	Planning a career		
	1.1.5	The manager's role in the hospitality industry		
	1.1.6	Employment as an important part of education		
	1.1.7	Profiting from work experience		
	1.1.8	Service is the difference		
	1.1.9	Value consciousness		
	1.1.10	Technology		
	1.1.11	Empowerment		
	1.1.12	Concern with security		
	1.1.13	Concern with food safety & sanitation		
	1.1.14	Sustainability		
	1.1.15	Diversity		

	1.2	ORGANISATION STRUCTURE OF THE HOTEL	
	1.2.1	Hotels – Classification of Hotels, Plans.	
	1.2.2	Organization structure / Chart of a Hotel	
	1.2.3	The concept of revenue earning & support	
		departments in a hotel.	
	1.2.4	Cruise line	
Module 2	2.1	ACCOMMODATION DEPARTMENT	15 hrs
	2.3.1	Organization chart of Front Office.	
	2.3.2	Responsibilities of each section of the Front Office.	
	2.3.3	Types of rooms.	
	2.3.4	Activities involved in the guest cycle (from check-in	
		to check-out)	
	2.3.5	Organization chart of Housekeeping.	
	2.3.6	Responsibilities of each section of housekeeping	
		department.	
	2.3.7	The concept of public areas in Housekeeping.	
	2.2	OTHER DEPARTMENTS IN THE HOTEL	
	2.2.1	Food Production	
	2.2.2	Food & Beverage Department	
	2.2.3	Accounts	
	2.2.4	Security Department	
	2.2.5	Engineering / Maintenance Department	
	2.2.6	Sales & Marketing Department	
	2.2.7	Human Resource Department	
	2.2.8	Spa & Health Club	
	2.2.9	Purchasing & Receiving Department, Stores	
		management	
	2.2.10	Laundry	
	2.3	HOSPITALITY AS A SERVICE INDUSTRY	
	2.3.1	Definition of service	
	2.3.2	Type of service	
	2.3.3	Rendering personal service	
	2.3.4	Task	
	2.3.5	Interpersonal skills	
	2.3.6	Managing the service transactions	
	2.3.7	The product view of service	
	2.3.8	The process view: empowerment	
	2.3.9	Service culture	
	2.3.10	Employee as a product: importance of people	
	2.3.11	Service as a sustainable competitive advantage	
	•		•

# 10 Text Book :- Introduction To Hospitality Industry

- **1.** Introduction to the Hospitality Industry Clayton W., Tom Powers & Denis Reynolds– Wiley Publications
- 2. Management in the Hospitality Industry Clayton W., Tom Powers Wiley Publications
- 3. Hotel Management & Operations O' Fallon & Rutherford Wiley Publications Discovering

#### 11 Reference Books :- Introduction To Hospitality Industry 1- Hospitality & Tourism – Jack D. Ninemeier & Joe Perdue – Pearson Education 2- Supervision in the hospitality industry: leading human resources, Walker, John R. and Miller, Jack E., John Wiley & Sons 3- Check In Check Out, Arora, R.K., APH Publishers 4- Customer Interaction Excellence in Hospitality, Shirke, Gajanan, Shroff Publishers 5- Hospitality Management, Shirke, Gajanan, Shroff Publishers Marketing of Hospitality and Tourism Service, Kumar, Prasanna, TMH 12 External-Semester End Examination- 60 % Internal Continuous **Individual Passing in** Internal and External Examination: 40 % Assessment: 40% 13 Continuous **Evaluation** Sr. **Examination** Module Time Total through: Marks No Quizzes, Class 20 Tests, 1 30 10 Class Test Unit I or on presentation, Completed min project, role play, syllabus creative writing, 10 2 Assignments / Module -As assignment etc. 1 & 2 Case Study / per (at least 3) Presentations / topic Project / Group Discussion / Ind. Visit. / Tutorial

# 14 Format of Question Paper: for the final examination

Semester End Examination	Question No		Paper Pattern (Theory question paper pattern: Attempt any two from four questions.)	Module	Time 1hrs	Total Marks 30
	Q. 1		Define / Terminologies / Match the Column / Fill in the Blanks / Multiple Choice Questions (1 Marks each)	1 & 11		15
	Q. 2		Short Notes / Problem. Attempt any Three Questions out of four. (a, b, c & d). (5 Marks each)	1&11		15
	Q. 3		Essay Type Questions (Attempt any one out of two)	I		15
	Q. 4		Essay Type Questions (Attempt any one out of two)	II		15
Note:	1. 2. 3. 4. 5.		To appear examination minimum compulsory. All questions are compulsory, Individual Passing in Internal and compulsory. Certified Journal is compulsory fo Practical Exam.	External E	Examina	ition is

FOOI	AND BEVER	AGE SERVICE OPERATION			
1	Course	Food and Beverage Service Operation			
2	Vertical	Major ( Mandatory )			
3	Types	Practical			
4	Credit	2 Credits (1 Credit = 30 Hours for Practical in Semester)			
5	Hours Allotted	60 Hours			
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)			
7	<ul> <li>OBJECTIVE: The Objective of this course is – <ol> <li>To develop basic skills required to serve in a restaurant/ F&amp;B Service Operations</li> <li>To Familiarization with Food &amp; Beverage Service Equipment &amp; their Usage</li> <li>To learn Glassware &amp; crockery ,Napkin Folds</li> <li>To understand Stocking of Side Stations</li> <li>To Dining Room Practices &amp; Operating Procedures</li> </ol> </li> </ul>				
8	COURSE OUTCOME: After completion of this course student will be able  1) to demonstrate Food & Beverage types of Service, Equipment & their Usage 2) to demonstrate the Stocking of Side Stations 3) to do to demonstrate the skill, technique, method in Dining Room Practices Service & Operating Procedures in guest service and able to create avenue for self-restaurant business				

9 - Practical	Particulars	Total Hrs 60
1	TYPE OF SERVICE  a) Coffee shop b) Specialty restaurant c) Bar. d) Room Service e) Banquets f) Snack bar (any fast food or QSR) g) Kiosk After visiting the above mentioned outlets the student is required to submit a report.	
2	Role play on the attributes, attitude & etiquette of a food service personnel	
3	Standard phrases used in food & beverage service outlets (Role play)	
4	Familiarization with Food & Beverage Service Equipment & Special Equipment & Special Equipment, Miscellaneous Wares & other restaurant fixtures	
5	Napkin Folds Students are required to be familiar with minimum 15 napkin folds (glass & table)	
6	Stocking of Side Stations	
7	Wiping of glassware and wiping of crockery	
8	<ol> <li>Dining Room Practices &amp; Operating Procedures</li> <li>Procedures for Meeting, Greeting &amp; Seating of the Guests</li> <li>Carrying &amp; balancing the salver/tray</li> <li>Laying and relaying of tablecloth</li> <li>Water service</li> <li>Carrying &amp; Placing Plates &amp; Glassware at the table</li> <li>Presenting Menus to a Guest</li> <li>Handling and using service fork &amp; service spoon (service gear)</li> <li>Laying of a la carte cover</li> <li>Removal of additional cover set an occupied table</li> <li>Changing and replacing an ashtray</li> </ol>	

	11. Role play on do's & dont's in a restaurant
9	Accepting & Confirming a Telephonic Reservation of a Guest
10	Text Book :- Food And Beverage Service Operation
	<ol> <li>Dining Room &amp; Banquet Management – Strianese &amp; Strianese – Delmar Cengage Learning</li> <li>Food &amp; Beverage Service, Sudhir Andrews</li> <li>Food and Beverage Management, Bernard Davis</li> </ol>
11	Reference Books :- Food And Beverage Service Operation
	<ol> <li>Professional Food &amp; Beverage Service Management- Brian Varghese</li> <li>The Book Of Wine, Stuart Walton,</li> <li>The New Wine Companion, David Burroughs and Norman Bezzant</li> <li>Waiter and Waitres Training Manual, Sandra J. Dalmer</li> </ol>
12	Internal 40% & External 60%, Semester End Examination Individual Passing in Internal and External Examination : 40%
14	Format for Practical Examination Pattern : for the final examination  PRACTICAL EXAMINATION PATTERN :-  FOOD AND BEVERAGE SERVICE OPERATION (PRACTICAL)  Conduct of Practical (50 marks)
	Assessment will be done as follows –

In	ternal Evaluat	Evaluation External Evaluation				
Journal	Personal Grooming	Work Sheets	Activity 1	Activity 2	Viva - Voce	Total Marks
05	05	10	10	10	10	50

ESSE	NTIAL C	CULINARY ARTS – INDIAN CUISINE - II				
1	Course	Essential Culinary Arts – Indian Cuisine - II				
2	Vertical	Vocational Skill Course ( VSC )				
3	Types	Practical				
4	Credit	2 Credits (1 Credit = 30 Hours for Practical in Semester)				
5	Hours Allotted	60 Hours				
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)				
7	OBJECTIVE: Objective of this course is to familiarize the student with the basics of Indian & International Cuisine and 1. To know the art of Indian Culinary 2. To learn the basic principle & science of culinary to create various cuisine. 3. Familiarization of tools and equipment and their used in kitchen. 4. To Learn about the Ingredients and their roll and function in Indian Cuisine 5. To Know the basic cutting skill and food production.					
8	6. To learn the technique and art to make Indian culinary Cuisine  COURSE OUTCOME:  On completion of this course students will be able to demonstrate the preparation of the above mentioned dishes in their journals and will be able to  1) Understand the art of basic culinary skill, principle & science of culinary					

9 - Practical	- II	
Activities	Particular	Total Hrs -60
Practical Session-1	Palak Paneer	
	Chicken Korma	
	Vegetable Pulao	
	Tomato Koshimbir	
	Phulka	
	Seviya Kheer	
Practical Session-2	Paneer Makhanwala	
	Murgh Makhani	
	Jeera Rice	

	Dal Malda ani	
	Dal Makhani	
	Triangular Paratha	
	Gajar Halwa	
Practical Session-3	Batata Bhaji	
	Chicken Kolhapuri	
	Bhaat	
	Varan	
	Khamang Kakdi	
	Shrikhand	
Practical Session-4	Beans Foogath	
	Goan Fish Curry	
	Ragi Bhakari	
	Red Rice	
Dunatical Cassian 5	Karanji/Nevri	
Practical Session-5	Aloo Mutter	
	Egg Masala	
	Boiled rice	
	Dal Tadka	
	Chapati	
	Sheera	
Practical Session-6	Aloo Jeera	
Fractical Session-0		
	Mutton Saagwala	
	Barista Pulao	
	Masala Dal	
	Phirani	
Practical Session-7	Rasam	
	Cabbage Thoran	
	Chicken Chettinad	
	Tamarind Rice	
	Pal Payassam	
Practical Session-8	Baingan nu Shaak	
	Moong Dal Khichadi	
	Dahi Kadhi	
	Methi Thepla	
	Lapsi	
Practical Session-9	Chole	
1 14011041 36331011-3	Fish Amritsari	
	Sarso ka Saag	
	Wadi Chawal	
	Bhatura / Kheer	
Practical Session-10	Chicken Biryani	
	Nargisi Kofta Curry	
	Kulcha	
	Bhurani Raita	
B	Gile Firdaus	
Practical Session-11	Rajma Masala	
	Murgh Methi Malai	
	Green Peas Pulao	
<u> </u>	<u> </u>	

	Puri	
	Rice Kheer	
Practical Session-12	Matki Usal	
	Tambda Rassa	
	Masaale Bhaat	
	Bhakari	
	Basundi	
Practical Session-13	Bengali Fish Curry	
	Panch Mishali Tarkari	
	Boiled Rice	
	Patishapta	
Practical Session-14	Smoked Pork with Bamboo shoots	
	(Optional)	
	Thupka	
	Assamese Fish Curry	
	Manipuri Kangsoi	
	Steamed Rice	
	Manipuri Sawhchiar (Sticky Rice Cake)	
Practical Session-15	Pav Bhaji	
	Mutton Kheema	
	Tawa Pulao	
	Dahi Bhalla	
	Falooda	
Practical Session-16	Rasam	
	Malabari Fish Curry	
	Boiled Rice	
	Poriyal	
40 T. 4 D. 4 D. 1	Ada Payasam	

### 10 Text Book :- Culinary Arts

- 1. Lab Manual
- 2. Modern Cookery for Teaching and Trade, Thangam E. Philip,
- 3. Modern Cookery Vol I & Vol II, Thangam E. Philip

### 11 Reference Books:- Culinary Arts

- 1. Food Commodities, Bernard Davis,
- 2. Food Production Operations Parvinder S. Bali-
- 3. History of Indian Cuisine Vol 1 & Vol 2, Shirke, Gajanan, Shroff Pub.
- 4. Classsic Indian Recipe Book, Husain, Shehzad, Anness Publishing
- 5. Prasad: Cooking with Indian Masters, Kalra, J Inder Singh, Allied Publishers
- 6. Ice Cream, Sophie Hale
- 7. Professional Chef, American Culinary Institute, John Liley & sons
- 8. The Art & Science of Culinary Preparation, Jerald W.
- 9. Theory of Catering, Kinton Ceserani,
- 10. Theory of Cookery, Krishna Arora,
- 11. Cruising Cuisine, Kay Pastorius,
- 12. A Culinary Tour of India, Singh, Yogesh, IK International

# 12 Internal 40% & External 60%, Semester End Examination Individual Passing in Internal and External Examination : 40%

13 Format for Practical Examination Pattern: for the final examination

### PRACTICAL EXAMINATION PATTERN:-

# ESSENTIAL CULINARY ARTS – INDIAN CUISINE - II (PRACTICAL):-

Scheme of Examination: (50 marks)

- Candidate will be given a menu comprising of 3/5 dishes/ products.
- Indent sheet and plan of work sheet to be filled by the candidate of the menu / Dishes he gets.
- He / she supposed to collect indents, prepare and present the dishes in the menu within stipulated time.
- Cleaning and securing equipment's and working area is also to be done within stipulated time.
  - Assessment will be done as follows –

	External Evaluation					rnal Evalu	uation	
Colour	Consistency	Taste	Texture	Viva- voce, Personal Grooming	Journal	Indent Sheet & plan of work	Cleaning & Securing	Т
05	05	05	05	10	05	10	05	50

ESSE	ESSENTIAL CULINARY ARTS – INTERNATIONAL CUISINE - II					
1	Course	Essential Culinary Arts – International Cuisine - II				
2	Vertical	Skill Enhancement Course ( SEC )				
3	Types	Practical				
4	Credit	2 Credits (1 Credit = 30 Hours for Practical in Semester)				
5	Hours Allotted	60 Hours				
6	Marks Allotted	50 Marks (Internal Exam - 20 Marks,/ External Exam - 30 Marks)				

	OBJECTIVE:					
	Objective of this course is to familiarize the student with the basics of Indian & International Cuisine and					
	1) To know the art of Culinary					
	<ol><li>To learn the basic principle &amp; science of culinary to create various cuisine.</li></ol>					
7	3) Familiarization of tools and equipment and their used in kitchen.					
	4) To Learn about the Ingredients and their roll and function in International Cuisine					
	5) To Know the basic cutting skill, stocks, sauces and food production.					
	6) To learn the technique and art to make International culinary					
	Cuisine					
	COURSE OUTCOME:					
	On completion of this course students will be able to demonstrate the					
	preparation of the above mentioned dishes in their journals and will be					
	able to					
8	1. Demonstrate the art of basic culinary skill, principle & science of					
	culinary to create various cuisine.					
	2. Work and identify Ingredients, tools, equipment, roll and function and their used in International Cuisine					
	3. Demonstrate cutting skill, technique, stocks, sauces and food					
	production etc. and able to create avenue for self-employments					

9 - Practical	Essential Culinary Arts – International	l Cuisine – II
Objective / Activities	Particular	Total Hrs - 60
	OL: D:	
Practical Session - 1	Shrimp Bisque	
	Poulet Sauté Champignon	
	Buttered Broccoli	
	Duchesse Potato	
	Crème Brûlée	
Practical Session - 2	Consommé Royale	
	Fish Meuniere	
	Tossed Salad	
	Garlic Bean Almandine	
	Chocolate Mousse	
Practical Session - 3	Mulligatawny Soup	
	Fillet de Pomfret Orly	
	French Fries	
	Ceasar Salad	
	Dry Fruit Pudding	
Practical Session - 4	Cream of Mushroom	
	Irish Stew	
	Butter Braised Cabbage	
	Tossed Salad	
	Jelly	

D :: 10 : 5		
Practical Session - 5	Puree de Epinard	
	Coq Au Vin	
	Vegetable au Gratin	
	Jacket Potatoes	
	Fruit Salad with Crème Anglaise	
Practical Session - 6	Chicken Broth	
	Pomfret Colbert	
	Penne Arrabbiata	
	Panzanella Salad	
_	Crème Caramel	
Practical Session - 7	Cock-a-leekie soup	
	Scotch Eggs	
	Hoppin John	
	Cajun Spiced Potato Wedges	
	Rum & Raisin Pudding	
Practical Session - 8	Potage aux pois	
	Prawns cocktail	
	Roesti	
	Fish Avec sauce paloise	
_	Coffee mousse	
Practical Session - 9	Bouillabaisse	
	Poulet sauté Maryland	
	Ratatouille	
	Potato Iyonnaise	
	Chocolate Churros	
Practical Session - 10	Fresh Pasta- Demo	
	Ravioli	
	Spaghetti	
	Fettuccini	
	Pesto, Carbonara, Alfredo, etc.	
Described Oscarios 44	Zabaglione	
Practical Session - 11	Roasted Bell pepper & Basil Soup	
	Shepherd's Pie	
	Masculine Green Salad	
	Fruit Salad with Honey Lime Dressing	
Practical Session - 12	Diplomat Pudding	
Practical Session - 12	Borscht  Boost/Chicken Strongerett	
	Boeuf/Chicken Stroganoff	
	Olivier Salad	
	Herb Rice	
Dractical Cassian 42	Apple Cake	
Practical Session - 13	Soupe Vichyssoise	
	Scotch Eggs	
	Colesiaw salad	
	Garlic & Herb Roasted Potato	
Described Osselve 44	Dates Pudding	
Practical Session - 14	French Onion Soup	
	Grilled Fish with Hollandaise Sauce	

		Wilted Spinach						
		Parsley Potatoes						
		Crème Brûlée						
Pract	ical Session - 15	Chicken Burger						
		Vegetable Burger						
		Chicken Mayo Sandwich						
		Chilli Cheese Toast						
		Vegetable Pizza						
Pract	ical Session - 16	Seafood Chowder						
		Veg Ragout						
		Creamy Polenta						
		Russian Salad						
		Bavarois Ala Crème						
10	Text Book :- Cu	linary Arts						
	1) Lab Manual							
	2) Modern Cod	okery for Teaching and Trade, Thangam E. Phil	ip,					
	3) Modern Cod	okery Vol I & Vol II, Thangam E. Philip						
	′	ofessional Cooking – Wayne Gisslen						
	,	Ilinary Foundation - Wayne Gisslen						
	o) Navarice of	minary i bundation wayne dissich						
11	REFERENCE B	OOKS:- Culinary Arts ( Cookery Books)						
	1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.							
	1. Food Comm	odities, Bernard Davis,						
	Food Production Operations – Parvinder S. Bali-							
	3. Ice Cream, Sophie Hale							
	4. Professional Chef, American Culinary Institute, John Liley & sons							
	5. The Art & Science of Culinary Preparation, Jerald W.							
	6. Theory of Catering, Kinton Ceserani,							
	7. Theory of Cookery, Krishna Arora,							
	8. Cruising Cuisine, Kay Pastorius,							
12	Internal 40% & External 60%, Semester End Examination							
	Individual Passing in Internal and External Examination: 40%							

13 Format for Practical Examination Pattern: for the final examination

#### PRACTICAL EXAMINATION PATTERN:-

# ESSENTIAL CULINARY ARTS – International Cuisine – II (PRACTICAL):- Scheme of Examination: (50 marks)

- Candidate will be given a menu comprising of 3/5 dishes/ products.
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External Evaluation					Inter	nal Evalu	ation
Colour	Consistency	Taste	Texture	Viva- voce, Personal Grooming	Journal	Indent Sheet & Plan of work	Cleaning & Securing
05	05	05	05	10	05	10	05

### **Letter Grades and Grade Points:**

Semester GPA/ Programme CGPA Semester/	% of Marks		a-Sign/ er Grade Result	Grading Point
Programme				
9.00 - 10.00	90.0 - 100	0	(Outstanding)	10
8.00 - < 9.00	80.0 - < 90.0	A+	(Excellent)	9
7.00 - < 8.00	70.0 - < 80.0	Α	(Very Good)	8
6.00 - < 7.00	60.0 - < 70.0	B+	(Good)	7
5.50 - < 6.00	55.0 - < 60.0	В	(Above Average)	6
5.00 - < 5.50	50.0 - < 55.0	С	(Average)	5
4.00 - < 5.00	40.0 - < 50.0	Р	(Pass)	4
Below 4.00	Below 40.0	F	(Fail)	0
Ab (Absent)	-	Ab	(Absent)	0

The performance grading shall be based on the aggregate performance of internal assessment and semester end examination.

Sign of the BOS Chairman Name of the Chairman Name of the BOS Sign of the Offg. Associate Dean Name of the Associate Dean Name of the Faculty

Sign of the Offg. Dean Name of the Offg. Dean Name of the Faculty

## Appendix B

# **Justification for B.A. (Culinary Arts)**

1.	Necessity for starting the course:	NEP-2020
2.	Whether the UGC has recommended the course:	Yes
3.	Whether all the courses have commenced from the academic year 2023-24	Yes
4.	The courses started by the University are self-financed, whether adequate number of eligible permanent faculties are available?:	Yes
5.	To give details regarding the duration of the Course and is it possible to compress the course?:	Three Year
6.	The intake capacity of each course and no. of admissions given in the current academic year:	60
7.	Opportunities of Employability / Employment available after undertaking these courses:	Hotels, Merchant Ships, Cruise Ships Hospitality Industry, Airline Industry, Event Management, Facility Management, Self- Employments, Industrial Catering, Institutional Catering, Retail Managements

Sign of the BOS Chairman Name of the Chairman Name of the BOS Sign of the Offg. Associate Dean Name of the Associate Dean Name of the Faculty Sign of the Offg. Dean Name of the Offg. Dean Name of the Faculty