As Per NEP 2020

University of Mumbai



Syllabus for Basket of OE/Value add	ed certificate course				
Ad-hoc Board of Studies in Centre for Extra-Mural Studies					
UG Programme					
Semester	I				
Title of Paper	Credits				
Cultural Tapestry of the Balkans: Exploring the Ancient Traditions of Bulgaria, Macedonia, and Serbia	4				
From the Academic Year	2025-2026				

Sr. No.	Heading	Particulars			
1	Description the course : Including but Not limited to :	 Cultural Tapestry of the Balkans: Exploring the Ancient Traditions of Bulgaria, Macedonia, and Serbia Introduction to Ancient Traditions in the Balkans Overview of both shared and unique traditions among these three nations viz. Bulgaria, Macedonia, and Serbia. Eligibility: H.S.C (12th Standard) Pass 			
2	Vertical:	Skill Enhancement Course			
3	Type:	Theory + Practical			
4	Credit:	4 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester)			
5	Hours Allotted :	90 Hours			
6	Marks Allotted:	100 Marks			
7	 Course Objectives: (List some of the course objectives) Understanding the rich cultural heritage of Bulgaria, Macedonia, and Serbia. Exploration of the rich cultural heritage of Bulgaria, Macedonia, and Serbia. Study significant works of literature from each country, with a focus on how they reflect cultural and national identities. Understand the impact of historical events, such as the breakup of Yugoslavia and the rise of nationalism, on the social and cultural fabric of the region. 				

- **8 Course Outcomes**: (List some of the course outcomes)
 - To interpret the role of the Balkans as a crossroads of civilizations, blending Eastern and Western influences
 - Critically Assess Literary Works and Their Cultural Significance
 - Demonstrate Knowledge of Balkan History and Culture.
 - Apply Knowledge to Real-World Contexts.
- 9 Modules:- Per credit One module can be created

Module 1: Introduction to Ancient Traditions in the Balkans:

- 1. Understanding the rich cultural heritage of Bulgaria, Macedonia, and Serbia
- 2. Exploration of the rich cultural heritage of Bulgaria, Macedonia, and Serbia.
- 3. Overview of both shared and unique traditions among these three nations.
- 4. Role of the Balkans as a crossroads of civilizations, blending Eastern and Western influences.

Module 2 Bulgaria:

- 1. Spiritual Philosophy and Religious Beliefs:
- 2. History and culture of Ancient Civilizations
- 3. Contributions to Peace, Prosperity, and Nature
- 4. Modern Significance of Balkan Traditions

Module 3 Macedonia

- 1. Spiritual Philosophy and Religious Beliefs:
- 2. History and culture of Ancient Civilizations
- 3. Contributions to Peace, Prosperity, and Nature
- 4. Modern Significance of Balkan Traditions

Module 4 Serbia.

- 1. Spiritual Philosophy and Religious Beliefs:
- 2. History and culture of Ancient Civilizations
- 3. Contributions to Peace, Prosperity, and Nature
- 4. Modern Significance of Balkan Traditions

10 Text Books:

- 1. Lang, D. M. (1976). The Bulgarians: From Pagan Times to the Ottoman Conquest. London: Thames and Hudson.
- 2. Dvornik, F. (1956). The Slavs: Their Early History and Civilization. Boston: American Academy of Arts and Sciences.
- 3. Pavlowitch, S. K. (2002). Serbia: The History Behind the Name. London: Hurst & Company.
- 4. Pribichevich, S. (1982). Macedonia: Its People and History. University Park: Pennsylvania State University Press

11 Reference Books:

- 1. Mishev, Dimitur (2002). The Bulgarians in the Past: Pages from the Bulgarian Cultural History. Adamant Media Corporation.
- 2. Tzvetkova, Juliana (2015). Culture Smart: The Essential Guide to Customs & Culture. Amazon Us/INDPB.
- 3. Lausevic, M. (2007). Balkan Traditional Music. Oxford: Oxford University Press.
- 4. Mazower, M. (2002). The Balkans: A Shor
- 5. "Bulgaria: A History" by R. J. Crampton

12	Internal Continuous Assessment: 40%	External, Semester End Examination: 60% Individual Passing in Internal and External Examination
13	Continuous Evaluation through: Quizzes, Class Tests, presentation, project, role play, creative writing, assignment etc.(at least 3)	Written Exam

14 Format of Question Paper: for the final examination

- Each question on Each Module.
- Each question carries equal Marks
- First three questions will be full length question with internal options
- Last question will be short notes with internal options.