

**As Per NEP 2020**

University of Mumbai



**Syllabus for Basket of OE/Value-added Certificate Course**

**Ad-hoc Board of Studies in Centre for Extra-Mural Studies**

**UG Programme**

**Semester**

**I**

**Title Paper**

**Credits**

**Ancient Spiritual Traditions of  
Tibet and Mongolia**

**4**

**From the Academic Year**

**2025**

| <b>Sr. No.</b> | <b>Heading</b>                                                                                                                                                                                                              | <b>Particulars</b>                                                                                                                                                                                                                                          |
|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b>       | <b>Description the course :<br/><br/>Including but Not limited to :</b>                                                                                                                                                     | <b>Ancient Spiritual Traditions of Tibet and Mongolia</b><br>It is an introductory course to understand the Mongolian spiritual traditions like shamanism and impact of Tibetan Buddhism on Mongolia<br>Eligibility: H.S.C (12 <sup>th</sup> Standard) Pass |
| <b>2</b>       | <b>Vertical :</b>                                                                                                                                                                                                           | Skill Enhancement                                                                                                                                                                                                                                           |
| <b>3</b>       | <b>Type :</b>                                                                                                                                                                                                               | Theory + Practical                                                                                                                                                                                                                                          |
| <b>4</b>       | <b>Credit:</b>                                                                                                                                                                                                              | 4 credits ( 1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester )                                                                                                                                                                    |
| <b>5</b>       | <b>Hours Allotted :</b>                                                                                                                                                                                                     | 90 Hours                                                                                                                                                                                                                                                    |
| <b>6</b>       | <b>Marks Allotted:</b>                                                                                                                                                                                                      | 100 Marks                                                                                                                                                                                                                                                   |
| <b>7</b>       | <b>Course Objectives:</b> ( List some of the course objectives )<br>1. To understand Rise and Expansion of the Mongol Empire:<br>2. To understand spiritual practices like Shamanism<br>3. To understand Buddhism in Mongol |                                                                                                                                                                                                                                                             |

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| 8 | <p><b>Course Outcomes:</b> ( List some of the course outcomes )</p> <ol style="list-style-type: none"> <li>1. To understand Shamanism</li> <li>2. To trace the rise and development of Buddhism in Mongolia</li> <li>3. To understand the intricate relations between Tibet and Mongolia in sphere of Buddhism</li> </ol>                                      |
| 9 | <p><b>Modules:-</b> Per credit One module can be created</p>                                                                                                                                                                                                                                                                                                   |
|   | <p><b>Module 1</b> Rise and Expansion of the Mongol Empire</p>                                                                                                                                                                                                                                                                                                 |
|   | <ol style="list-style-type: none"> <li>1. General Introduction:</li> <li>2. Chinggis Khan and his successors</li> <li>3. The Mongolian Yüan-Dynasty (1271-1308): Kublai Khan, a Shaman and promoter</li> <li>4. The Division of the Mongol Empire: Asian Politics around 1300</li> </ol>                                                                       |
|   | <p><b>Module 2</b> Mongolian Shamanism-I</p>                                                                                                                                                                                                                                                                                                                   |
|   | <ol style="list-style-type: none"> <li>1. Foundation of Mongolian Shamanism:</li> <li>2. Development of Mongolian Shamanism</li> <li>3. World Conception of Mongolian Shamanism</li> </ol>                                                                                                                                                                     |
|   | <p><b>Module 3</b> Mongolian Shamanism</p>                                                                                                                                                                                                                                                                                                                     |
|   | <ol style="list-style-type: none"> <li>1. The Relationship between Shamanism and the State:</li> <li>2. The Rituals of Mongolian Shamanism</li> <li>3. Female Shamans in Modern Mongolia</li> <li>4. The Co-existence of Religions on Mongolian Territory:</li> </ol>                                                                                          |
|   | <p><b>Module 4:</b>Buddhism in Mongolia</p> <ol style="list-style-type: none"> <li>1. The First Contact of Buddhism and spread of Buddhism in Ancient Mongolia</li> <li>2. The Influence of Tibetan Buddhism on Mongolian Culture and Statecraft</li> <li>3. Mongolian Seasons in the Mirror of History</li> <li>4. Mongolian Arts and Craftmanship</li> </ol> |

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| <b>10</b> | <b>Text Books:</b> <ol style="list-style-type: none"> <li>1. Gangden Thekchenling Monastery: Buddhism in Mongolia. Historical Survey. Ulan Bator 1891, Centre of Mongolian Buddhists</li> <li>2. Gangchen Kyishong: The Mongols and Tibet. A Historical Assessment of Relations between the Mongol Empire and Tibet, DIR, Dharamsala 2009</li> </ol>                                                                                                                                                                                                                                                                                                          |                                                                                                         |
| <b>11</b> | <b>Reference Books:</b> <ol style="list-style-type: none"> <li>1. Heissig, Walther: The Religions of the Mongols. Berkeley 1980, University Press of California</li> <li>2. Loseries, Andrea: The Integration of Buddhism in Mongolia. The Echo of Seasonal Moods. In: Chatterjee, Suchandra (Ed.): Transhimalayan Buddhism. Reconnecting Spaces, Sharing Concerns. New Delhi 2013: 55-74. Maulana Abul Kalam Azad Institute of Asian Studies</li> <li>3. Andrea Loseries's Omnibus Series-3. Ars Tibetica et Mongolica. De;hi 2024. Buddhist World Press</li> <li>4. Purev Otgony &amp; Purvee Gurbadaryn: Mongolian Shamanism. Ulaan Baatar 2005</li> </ol> |                                                                                                         |
| <b>12</b> | <b>Internal Continuous Assessment: 40%</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>External, Semester End Examination : 60% Individual Passing in Internal and External Examination</b> |
| <b>13</b> | <b>Continuous Evaluation through:</b><br>Quizzes, Class Tests, presentation, project, role play, creative writing, assignment etc.( at least 3 )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Written Exam                                                                                            |
| <b>14</b> | <b>Format of Question Paper:</b> for the final examination <ul style="list-style-type: none"> <li>• Each question on Each Module.</li> <li>• Each question carries equal Marks</li> <li>• First three questions will be full length question with internal options</li> <li>• Last question will be short notes with internal options.</li> </ul>                                                                                                                                                                                                                                                                                                             |                                                                                                         |

Sign of the BOS  
 Chairman  
 Dr. Madhavi Narsalay  
 Name of the BOS

Sign of the  
 Offg. Associate Dean  
 Name of the Associate Dean  
 Name of the Faculty

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 Name of the Faculty