

SECTION I: THEORETICAL PERSPECTIVES

- 25 **Experience of Emotional Distress and Loneliness among Youth: Reflections from University of Delhi.**

MEENU ANAND AND SATHYANAND THEKKEDATH

- 44 **Reflections on Geriatric Loneliness: An Interdisciplinary Encounter.**

LAKSHMI MUTHUKUMAR

- 56 **Understanding Loneliness: Exploring Social, Economic and Psychological Dimensions.**

SANJAY RANADE AND SNEHA SUBHEDAR

- 74 **A Social Lens to Loneliness among Elderly in India: Examining Changing Family Systems, Roles and Social Interactions.**

WILBUR GONSALVES AND RINA PATEL

- 85 **Beyond Margins: Loneliness, Exile and the Fragmented Identity of the Aged.**

VATIKA SIBAL AND HADLEY QUADROS

104 **When Loneliness Looms Large in Workplace.**

SHREYA KURNOOL AND LATA DYARAM

114 **Understanding Hikikomori: The Silent Epidemic of Social Withdrawal.**

ARPITA NAIK

129 **The Philosophical Analysis of the Concept of Loneliness from the Lenses of J. Krishnamurti.**

JIVITESH PATIL

**SECTION II: COMMUNALISM, ISOLATION AND
UNVEILING OF CONTEMPORARY REALITIES:
PERSPECTIVE FROM ACTIVISTS:**

145 **Exiled at Home: Reflections of an Activist**

IRFAN ENGINEER

153 **Behind the Pixels: Social Silencing and Isolation of Indian Muslims in the Online Public – A Report Summary**

HASINA KHAN, POUSHALI BASAK, GEETA THATRA

SECTION III: BOOK REVIEW, REPORT REVIEW AND OBITUARY

BOOK REVIEW:

- 170 **Subjective Well-Being in the Indian Context: Concept, Measure and Index** by Tithi Bhatnagar, Springer Nature Singapore Pte Ltd. 2023, Pp 245 INR 3937 (hardcover), ISBN 978-9819965250.

AISHE DEBNATH

- 175 **The Exquisite Loneliness: What loners, Outcasts, and the Misunderstood can Teach us about Creativity** by Richard Deming, New York, Viking. Penguin Random House LLC, Oct. 03, 2023, Pp 336. \$14.99 (e-Book), ISBN 9780593492529.

MADHURA HATE

- 181 **Together: The Healing Power of Social Connections in a Sometimes Lonely World** by Vivek Murthy (2020), Harper Wave Pp. 352.

KEERTI DEWAL

REPORT REVIEW:

- 187 **Is Loneliness an Epidemic? The US Surgeon General's Advisory on Strengthening Social Connection by Mobilizing the Entire Nation.**

ALOKANANDA RUDRA

OBITUARY:

- 194 **Let Imagination Take over Power: Tribute to Shri Kumar Shahani.**

OMKAR BHATKAR