



University of Mumbai

Centre for Distance and Online Education

**FACULTY OF HUMANITIES
PROGRAMME: M.A Psychology**

**Guidelines for Project Work
Under**

**Choice-Based Credit, Grading and
Semester System**

Introduction

The inclusion of project work in the learning process for the completion of the course is one of the ambitious aspects in the program structure. The key objective of including project work is to incorporate the element of research work, which will test the learner's eagerness to learn and capacity to describe specific aspects of the study in his/her perspective. The previous semesters helped the learners to explore theoretical aspects, while this paper will help to test the acquired knowledge and the ability to apply the acquired knowledge to the real-life situations. This guide will provide you with the guidelines and the framework in which you are expected to submit your project.

Guidelines for the Preparation of Project Work

- **The project topic may be undertaken from any topic given in the project paper or related to psychology subject.**
- Each of the learners has to undertake a Project individually
- The learner must choose a topic and title that are precise, clear, and have a clear objective
- The Project Component will be evaluated for 75 marks and internal assessment will be conducted for 25 marks (10 marks online PPT presentation + 15 marks viva).
- The project report shall be prepared as per the broad guidelines given below:
 - The project has to be submitted in the Handwritten Format on One Side Ruled A4 Size sheets already provided in the project manual.
 - The Project should be of 30-40 pages.
 - The Project shall be submitted in PDF format and uploaded on the link that will be provided by the service provider.
 - The Size of the PDF File should be between 15MB-20MB.
- Projects should be submitted within the time frame announced by the Institute.
- Any delays in the Project submission will not be entertained.
- In case of failing in the project work, the same project can be revised for ATKT examination.
- **VIVA VOCE/PRESENTATIONS** will be conducted by the Institute



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**A Project is submitted
for the award
of
M.A. (C.B.C.S) Degree
On the subject of Psychology**

Title

Submitted by

Name of the Learner

Seat Number

Signature of the Learner

ACADEMIC YEAR 2023-24

On separate page

CONTENTS

Sr. No.	Title	Page No.

List of tables, if any, with page numbers.

List of Graphs, if any, with page numbers.

List of Appendix, if any, with page numbers.

Abbreviations used (if any):

Research Suggested Topics

1. Organizational Citizenship Behaviour
2. Leadership and motivation
3. Group dynamics
4. Effect of globalization on workplace
5. Workplace Stress and Coping Mechanisms
6. Psychological well being
7. Employee withdrawal behaviour
8. Social loafing in organization
9. Multiculturalism in organization
10. Workplace diversity
11. Work- life balance
12. Employee attitudes at workplace
13. Role of stereotype and prejudice in organization
14. Occupational stress
15. Workplace discrimination
16. Social influence
17. Media violence effect on adolescents
18. Social exclusion at workplace
19. Workplace aggression
20. Unintentional social influence in society
21. Automation and its effect on changed workforce
22. E recruitment
23. Role of learning and development in industries
24. Workplace bullying and its effects.
25. Antisocial behaviour in organization
26. Impact of social media on mental health
27. Effect of mindfulness and meditation on stress and anxiety
28. Effect of attachment styles on relationships
29. intergroup conflicts in organization
30. Self-identity vs social identity at workplace.

Note : Besides these topics any topic related to psychology can be taken for research. There should be no similar topic taken by students . Each student need to take unique topic related to psychology. Follow the Guidelines for preparation of project work.

Structure of the Project Work

- **Chapter No. 1: Introduction**

In this chapter, a brief introduction about the theme of your project, the relevance of the problem, its historical background, a brief profile of the study area, definition/s of related aspects, characteristics, scope, and the importance of the theme and significance of the study can be mentioned.

- **Chapter No. 2: Literature Review**

This chapter will provide information about previous studies/research that has been already conducted in the area. This would specify how the study undertaken is relevant and contributes to value addition in information/ knowledge/ application of the study area which ultimately helps the learner to undertake further study on the same issue. It is necessary to cite the article and mention the sources.

- **Chapter No. 3: Research Methodology**

This chapter will include:

- a. **Objectives** – Research Objectives refer to the outcomes that you aim to find out while conducting the research in a concise manner. Make sure the research objectives are specific, clearly mentioned, and leave no space for any confusion, are measurable, realistic, and relevant. It is advisable to always put your objectives in bullet form.
 - b. **Methods of Data collection:** In this section, you will write the sources of the secondary data from which the data will be gathered. Secondary Data will have two parts: Journals, reports from official websites, previous research that is conducted, and Books.
- **Tabulation of data:** Once the data is collected you can present the same using tables, pie charts, graphs, etc. can help to provide a better representation. It is important to mention the source from which the diagrams, tables, and charts have been taken.
 - **Chapter No. 4: Results and Discussion**

In this chapter, the learner will talk about collected data results, information, related images, graphs, etc.

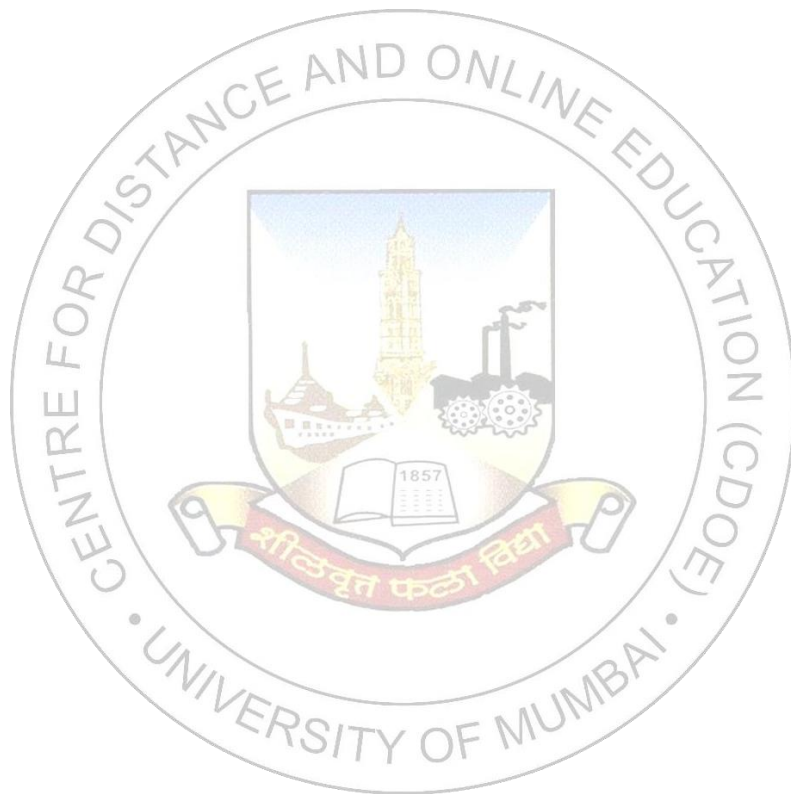
- **Chapter No. 5: Conclusions**

In this chapter conclusions will be provided along with the Limitations of the study, as well as scope for further research can be provided.

Note: If required more chapters of data analysis can be added.

- **References** – This will include the list of the books, journals, articles, magazines, newspapers, websites, etc. used while undertaking the research. The Bibliography has to be mentioned in the APA format.

- **Appendix-** It shall contain a list of supplementary material like test or scale used for research which may be helpful in providing further support for the research undertaken.



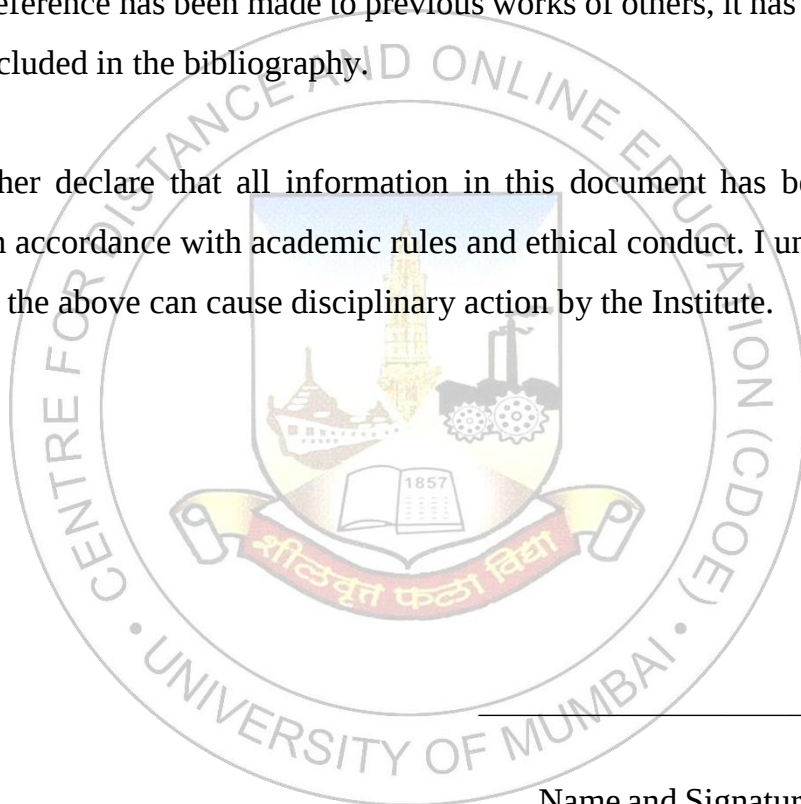
Declaration by the learner

I, the undersigned Miss / Mr. _____ *Name of the learner* _____ hereby,
declare that the work embodied in this project work titled “ _____
_____ *Title of the Project* _____ ”,

forms my contribution to the research work and it is a result of my research work and
has not been previously submitted to any other University for any Degree/ Diploma.

Wherever reference has been made to previous works of others, it has been indicated as
such and included in the bibliography.

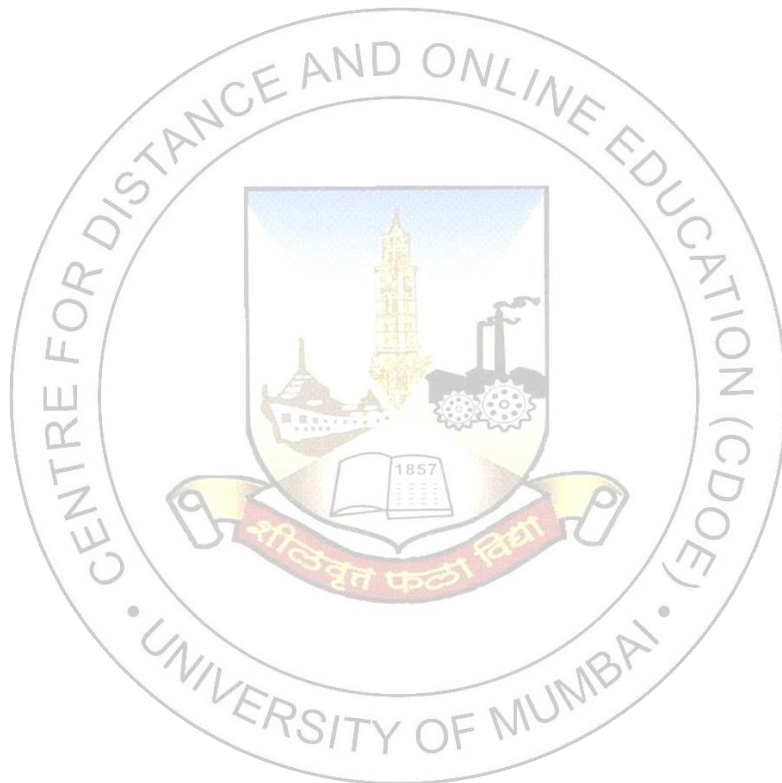
I, here further declare that all information in this document has been obtained and
presented in accordance with academic rules and ethical conduct. I understand that any
violation of the above can cause disciplinary action by the Institute.



Name and Signature of the learner

Evaluation /Gradation/Passing Criteria

- The Project Component will be evaluated for 75 marks and internal assessment will be conducted for 25 marks (10 marks for the quality of online PPT presentation on zoom / Google meet + 15 marks for answers to question based on online presentation)
 - Minimum Marks required for Passing is 40 percent.
 - Projects should be submitted within the time frame announced by the Institute
 - Any delays in the Project submission will not be entertained
 - In case of failing submission of project, the same title can be submitted at the time of repeaters examination.
-





Title of the Project: _____

