

As Per NEP 2020

University of Mumbai



Syllabus for Basket of Minor	
Board of Studies in Psychology	
UG First Year Programme	
Semester	II
Title of Paper	Credits
I) Psychology: History and Fields	2
II)	
III)	
From the Academic Year	2024-25

Minor Paper: Psychology: History and Fields

Sr. No.	Heading	Particulars
1	Description the course: Including but Not limited to:	This course introduces a learner to history of the field of psychology and various theoretical and applied fields of the discipline. Psychology is a very interesting and rich History beating various forces that has resulted in the current state of the discipline understanding. These aspects helps a learner to have a complete knowledge about why the discipline looks like the way it looks like. The course further explains various fields, theoretical as well as applied, to the learner. These are the current developments that academicians and practitioners work in. The learners will enjoy and certainly broad and their hope of understanding about Psychology.
2	Vertical:	Major/ Minor / Open Elective / Skill Enhancement / Ability Enhancement/Indian Knowledge System
3	Type:	Theory
4	Credit:	2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester)
5	Hours Allotted:	30 Hours
6	Marks Allotted:	50 Marks
7	Course Objectives: 1. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology 2. To understand the various fields of psychology	
8	Course Outcomes: 1. Describe history of psychology as scientific discipline. 2. Describe behaviors fields of psychology 3. Evaluate modern perspectives in psychology 4. Appraise historical role of nature-nurture debate and culture in development of psychology 5. Summarize major historical events and fields of psychology.	

9	Modules:-	
	Module 1: The History of Psychology (15 Hours)	
	1. Contribution of early pioneers. Three influential approaches 2. Nature vs nurture controversy. Culture and psychological process 3. The field of psychology today – modern perspectives. 4. History of Psychology in India.	
	Module 2: Fields of Psychology (15 Hours)	
10	1. Types of psychological professionals, educational background and training 2. Field of theoretical psychology 3. Field of applied psychology 4. Areas of specialization in psychology and Interaction of psychology with other fields	
	Text Books: 1. Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt. Ltd.	
11	Reference Books: 1. Henley, T. (2019). Hergenhahn's An introduction to History of Psychology. Cengage. Eighth edition. 2. Abascal, J.R., Brucato, L., & Chauhan, D. (2001). Stress Mastery: The Art of Coping Gracefully. Indian subcontinent adaptation 2012, New Delhi: Dorling Kindersley India pvt ltd. 3. Bam, B.P. (2008). Winning Habits: Techniques for Excellence in Sports. New Delhi: Pearson Power, Dorling Kindersley India pvt ltd.	
12	Internal Continuous Assessment: 40% 20 marks	External, Semester End Examination 60% Individual Passing in Internal and External Examination 30 marks
13	Continuous Evaluation through: (20 marks) a) Question Paper Pattern for Class Test Examination (10 Marks) 1. Fill in the Blanks/ match pairs/ MCQ/True False (All are compulsory): 5 Marks 2. Short Notes (Any Three out of Five) 5 Marks	

	b) Completion of following activities as a part of CIE (10 Marks) Classroom Presentations/ Assignments /Movie Review / Essay Submission/ Book review/ Field Visit Report / Educational Activity Report/ Presentation / Role play/ creative writing assignment: 10 Marks	
14	(B) External / Semester End Examination Marks: 30 Time: 1 Hours Each question is for 15 marks. Two out of Three questions to be attempted. Q.1 Fill in the blanks (Based on all units). Marks 15 Q.2 Essay Type Questions (Based on Unit I). Marks 15 Q.3 Essay Type Questions (Based on Unit II). Marks 15	

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