Call for Papers
Mental Health

Sambhāṣaṇ

The World Health Organization (WHO) considers mental health an integral part of health; it is more than just the absence of mental illnesses. It is the foundation for the well-being and effective functioning of individuals. It includes mental well-being, prevention of mental disorders, treatment, and rehabilitation. Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. It is important at every stage of life, from childhood and adolescence to adulthood to middle age through old age. Our mental health is an integral part of our well-being. This aspect of our welfare determines how we're able to operate psychologically, emotionally, and socially among others.

WHO estimates that the burden of mental health problems in India is 2443 disability-adjusted life years (DALYs) per 100 00 population; the age-adjusted suicide rate per 100 000 population is 21.1. The economic loss due to mental health conditions, between 2012-2030, is estimated at USD 1.03 trillion. The Mental Health Policy, 2014 upholds a participatory and rights-based approach for quality service provisions. The Mental Healthcare Act, 2017 provides the legal framework for providing services to protect, promote and fulfill the rights of people with mental illnesses. These are in line with the United Nations Convention on Rights of People with Disabilities (UNCRPD). Raising awareness and mobilizing efforts in support of mental health is necessary for addressing the situation. Mental health promotion involves creating an environment, which promotes healthy living and encourages people to adopt a healthy lifestyle. Enabling the environment through national mental health policies and legal frameworks are imperative for effective management of mental health disorders and providing overarching directions for ensuring mental health promotion. This call for papers is to have discourses on Mental health through various subthemes:

- Mental health across the lifespan
- Mental health among vulnerable groups
- Mental health among the migrant and displaced population
- Mental health and LGBTQIA+
- Mental health and inclusion
- Mental health in academics/Education

- Mental health in the corporate sector
- Mental health in literature
- Mental health at workplace
- Social determinants of mental health
- Individual to community mental health
- Death, Dying, Grief and Mental health
- Mental health and development disorders
- Mental health and Persons with Disabilities
- Relationship, Marriage, Divorce and Mental health
- Religion and Mental health
- Spirituality and Mental health
- Mental health and Aging
- Culture and Mental health
- Migration and Mental health
- Technology and Mental health
- Covid - 19 and Mental health
- Pandemic and Mental health
- Mental health among indigenous communities
- Environment and Mental health
- Sustainability and Mental health
- Mental health and Law
- Mental health in Palliative Care
- Mental health of therapist/Mental health experts
- Mental health among unorganized sectors
- Mental health among entrepreneurs
- Mental health and Suicide
- Is Mental health a myth or reality
- Mental health: Fact, fiction or fraud
- Choices and Mental health
- Consumerism and smental health
- Mental health & yoga, vipassana and indigenous methods.
- Mental health and digital divide
- Economic depriviation and Mental health

The March 2023 issue of Sambhasan will be on the above themes. Last date for the submission of article is February 28, 2023. The style of Writing the article is given on the website: https://mu.ac.in/sambhashan

Kindly follow the instructions given on the website. Submit your article through a word file on the following email id: coeditor.sambhashan@mu.ac.in

Guidelines to follow for writing a research paper in Sambhashan:

- Original, scholarly, creative and critical papers with adequate references and empirical work (if applicable).

- All references to the author should be removed from the submission to enable the anonymous review process.

- There should be a limit from 4000-6000 words (for papers), 1500-2000 words (for commentaries) and 1000 words (for book reviews).

- Essays should follow the Times New Roman font in size 12 with double space and be submitted as a word document.

- All contributions should follow the author-date referencing system detailed in chapter 15 of The Chicago Manual of Style (17th Edition). The style guidelines are given below and can also be consulted on the journal webpages for quick reference.

- Authors should submit a statement that their contribution is original without any plagiarism. They can also, in addition, submit a plagiarism check certificate.

AUTHOR-DATE REFERENCING IS GIVEN BELOW ACCORDING TO THE CHICAGO MANUAL OF STYLE: (CHAPTER 15, 17TH EDITION)

A) BOOKS

- Book references should be listed at the end of the paper as "Works Cited" in alphabetical order.

Single Author:

Carson, Rachel. 2002. *Silent Spring.* New York: HMH Books.

Dual Authors:

Adorno, Theodor, and Max Horkheimer. 1997. *Dialectic of Enlightenment.* London: Verso.

Multiple Authors:

Berkman, Alexander, Henry Bauer, and Carl Nold. 2011. *Prison Blossoms: Anarchist Voices from the American Pa*st. Cambridge: Harvard University Press.

B) JOURNAL ARTICLE

- List should follow alphabetical order and mention the page range of the published article.

- The URL or name of the database should be included for online articles referenced.

Anheier, Helmut K., Jurgen Gerhards, and Frank P. Romo. 1995. "Forms of Capital and Social Structure in Cultural Fields: Examining Bourdieu's Social Topography." *American Journal of Sociology* 100, no. 4 (January): 859–903.

Ayers, Lewis. 2000. "John Caputo and the 'Faith' of Soft-Postmodernism." *Irish Theological Quarterly* 65, no. 1 (March): 13–31. https://doi.org/10.1177/002114000006500102

Dawson, Doyne. 2002. "The Marriage of Marx and Darwin?" *History and Theory* 41, no. 1 (February): 43–59.

C) NEWS OR MAGAZINE ARTICLE

- List should follow alphabetical order and need not mention the page numbers or range.

- The URL or name of the database should be included for online articles referenced.

Hitchens, Christopher. 1996. "Steal This Article." Vanity Fair, May 13, 1996

https://www.vanityfair.com/culture/1996/05/christopher-htichens-plagiarism-musings

Khan, Saeed. 2020. "1918 Spanish Flu cure ordered by doctors was contraindicated in Gandhiji's Principles". Times of India, April 14, 2020.

http://timesofindia.indiatimes.com/articleshow/75130706.cms?
utm_source=contentofinterest&utm_medium=text&utm_campaign=cppst

Klein, Ezra. 2020. "Elizabeth Warren has a plan for this too." Vox, April 6, 2020.

https://www.vox.com/policy-and-politics/2020/4/6/21207338/elizabeth-
warrencoronavirus-covid-19-recession-depression-presidency-trump.

D) WEBSITE CONTENT

- Website content can be restricted to in-text citation as follows: "As of May 1, 2017, Yale's home page listed . . .". But it can also be listed in the reference list alphabetically as follows. The date of access can be mentioned if the date of publication is not available.

Anthony Appiah, Kwame. 2014. "Is Religion Good or Bad?" Filmed May 2014 at TEDSalon, New York.

https://www.ted.com/talks/kwame_anthony_appiah_is_religion_good_or_bad_this_is_a
_trick_question

Yale University. n.d. "About Yale: Yale Facts." Accessed May 1, 2017.

https://www.yale.edu/about-yale/yale-facts.