



Indian Council of
Social Science Research

Western Regional Center

J.P. Naik Bhavan, University of Mumbai, Vidyanagari Campus, Kalina, Mumbai-400098

Email: wrcmumbai@gmail.com, Website: <https://mu.ac.in/departments-of-icssr-wrc>

8th International Yoga Day

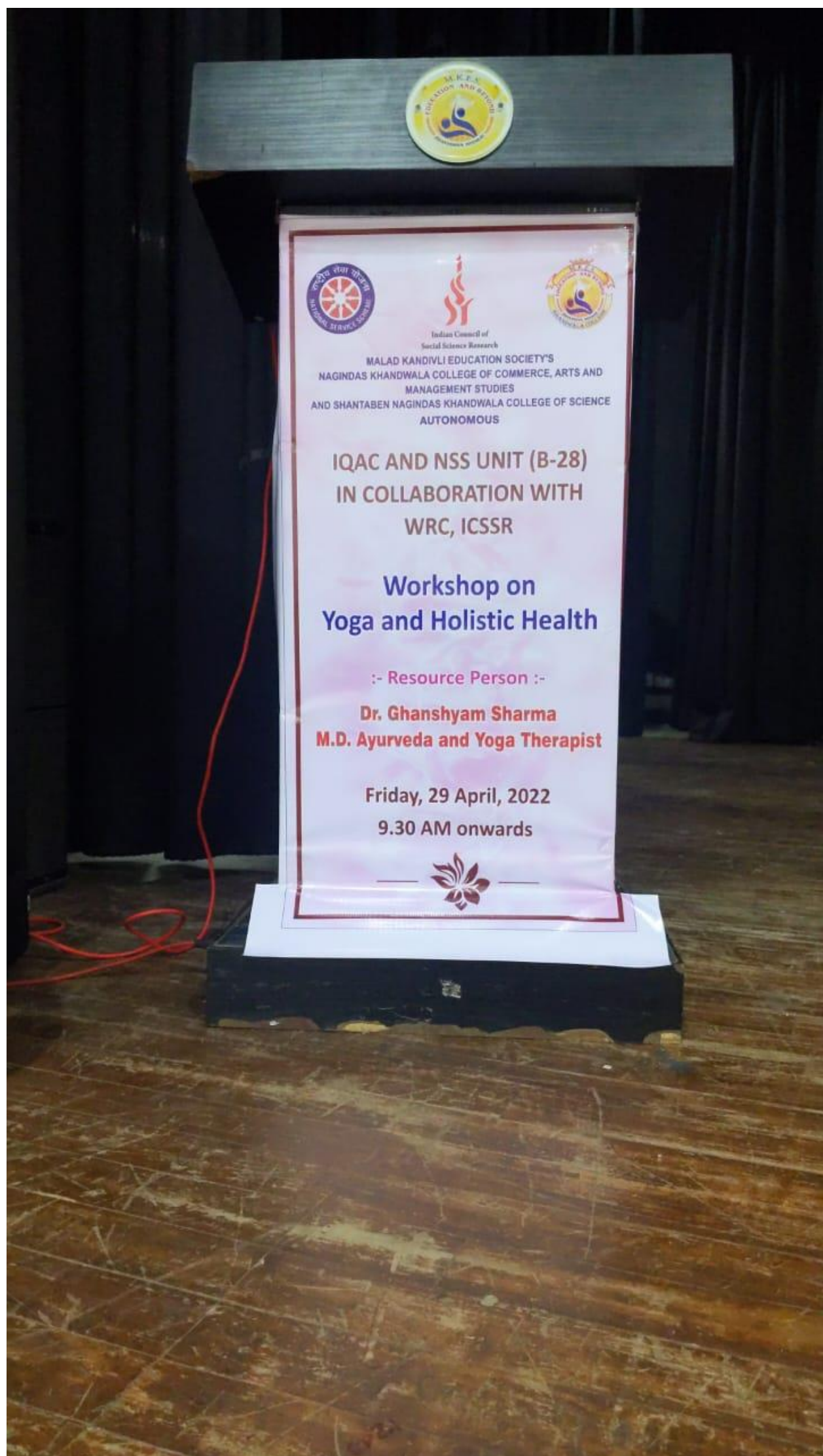
29th April, 2022

A collaborative workshop on Yoga and Holistic Health was organized by WRC-ICSSR in collaboration with Nagindas Khandwala College of Commerce and Arts and Management Studies on 29th April, 2022.

The activity consisted of a lecture session by Dr. Ghanshyam Sharma (M.D. Ayurveda and Yoga Therapist) on 'Yoga and Holistic Health'. The lecture session was followed by Yoga Workshop.

Some images are below:











Smita Shukla

(Prof. Smita Shukla)
Hon. Director