

B.S.W Syllabus Grid 2016 CBCS

Semester-III

	Core Course (CC)	Ability Enhancement Compulsory Course (AECC)	Skill Enhancement (SE)	Elective(DSE)	General Elective (GE)
DSC-1 E	Gender Studies(4)		Computer Applications (4)		
DSC-1 F	Community Organisation(4)				
DSC-2 E	Social Policy(4)				
	Field Work (4)				
	Total Credits				20

DSC-1 E Gender Studies (Credits -4)

Objectives

1. To provide an overview on basic concepts related to gender
2. To introduce the learner to the history of women's struggle in India
3. To introduce the learner to violence on women and various initiatives of government and civil society organisations

Unit	Unit Title	Content
1	Gender: Basic Concepts	<ul style="list-style-type: none">• Sex and Gender• Masculinity and Femininity• Patriarchy• Sexual Division of Labour• Public Private Dichotomy
2	Approaches to Feminism	<ul style="list-style-type: none">• Liberal• Radical• Black• Dalit• Post Modern
3	History of Women's Struggle	<ul style="list-style-type: none">• Reform Movements• Nationalist Movement• Female education and voting rights

		<ul style="list-style-type: none"> • Phule, Gandhi and Ambedkar on Women's Struggle • Women social reformers and revolutionaries
4	Violence against Women	<ul style="list-style-type: none"> • Concept of Violence • Violence within Home; Girl Child Abuse • Wife Beating & Wife Battering • Female Foeticide & Infanticide • Witch Hunting • Rape; Molestation; Eve-teasing
5	Women and Law	<ul style="list-style-type: none"> • Law as an instrument of social change • Status of Women in Muslim and Christian Marriage Acts • Effect of Hindu Marriage Act on Hindu Women • Uniform Civil Code
6	Initiatives for Gender Justice	<ul style="list-style-type: none"> • National Perspective Plan, 1988 • Shramshakti Report, 1998 • National Commission For Women • National Plan of Action for the Girl Child (1991 - 2000) • National Policy for Empowerment of Women • Schemes for Women's Empowerment by state and NGOs

Reading List

- Bhatt.I. Towards Equality Report, 1974
- Bhasin, K. (2000). Understanding Gender, Delhi: Kali for Women
- Poonacha, V. (1999). Understanding Women Studies, Mumbai: Research Center for Women's Studies, SNDT University
- Eagleton Mary (2003): A Concise Companion to Feminist Theory. USA. Black Well Publishers.
- Evans Mary (1997): Introducing Contemporary Feminist Thought. Cambridge. Polity Press.
- Patel Vibhuti (2002): Womens Challenges of the New Millennium. New Delhi. Gyan Publishing House.
- Jain Devaki & Rajput Pam (2003): Narratives From The Womens Studies Family: Recreating Knowledge. New Delhi. Sage Publications.
- Murthy N Linga (2007): Towards Gender Equality: India's Experience. New Delhi.
- Agrawal Anju: Gendered Bodies: The Case of the Third Gender in India. Contribution to Indian Sociology Vol. 31, 2(01/Jan/1997).
- Talwar Rajesh: The Third sex and human rights. New Delhi. Gyan Publishing House, 1999.
- Miles Angela R & Finn Geraldine (2002). Feminism: From Pressure to Politics. Jaipur. Rawat Publications.
- Singh Surendra & Srivastava S P (2001). Gender Equality through Womens Empowerment: Strategies and Approaches. Lucknow. Bharat Book Centre.
- Nanda Serena: The Third Gender: Hijra Community In India. (Manushi Vol. 1992, 72(01/Jan/1992) Page No: 9 - 16).

DSC-1 F Community Organization (Credits -4)

Objectives

1. To provide an overview on the history, concepts and definitions of community organisation
2. To equip learners with specific knowledgebase related to process of community intervention
3. To enable the gain understanding relating community dynamics and conflicts
4. To provide a theoretical overview on community organisation
5. To help students gain skills related to strategic planning in the community organisation context

Unit	Unit Title	Content
1	Introduction	<ul style="list-style-type: none"> • History of Community Organisation in the West – post contemporary times • Community Development • Social Action to Rights -Bas • History of Community Organisation in India– post Independence situation • Community Development programmes to people’s organizations and to new social movements and citizen -groups.
2	Concept and Definitions	<ul style="list-style-type: none"> • Concepts of community, community development and community organization • Principles of community organisation • Values of community organisation
3	Process	<ul style="list-style-type: none"> • Initial phase and fact -findin • Importance of PRA/ RRA and other participatory approaches to finding the need in the community; • Social context of problem and its linkages to economic and political systems
4	Community Conflicts and Dynamics	<ul style="list-style-type: none"> • Concepts of power • Sources of power and power structure in the community – urban and rural • Leadership styles, community leadership and training of community leaders • Caste, class, gender in community organisation • Types of conflict in communities and strategies for conflict -resolution • Strategies for Consensus, Conform and confrontation • SWOT and PESTLE Analysis

5	Theories, Models and Approaches	<ul style="list-style-type: none"> • Key theorists in community organisation and their ideas • Locality Development Model • Social Planning Model • Social Action Model • Social Development Model • Current Practice Approaches in India
6	Techniques in Community work	<ul style="list-style-type: none"> • Direct action strategies • Mobilizing mass action • Building people's Organisations • Capacity building and training of committees and CBOs • Advocacy campaigns, networks, coalition and e -groups for furthe

Reading List

- Somesh, K. (2002). Methods for Community Participation. New Delhi: Vistaar Publication
- Ledwin, M. (2006). Community Development: A Critical Approach. Delhi: Rawat Publication.
- Rothman Jack: Strategies of Community Intervention. (6th) Itasca. F E Peacock Publishers, 2001.
- Ledwith Margaret: Community Development : A Critical Approach.. Jaipur. Rawat Publications, 2006.
- Rothman Jack: Strategies of Community Interventions. (6th) Itasca. F E Peacock Publishers, 2001.
- Jodhka Surinder S.: Community and identities: contemporary discourses on culture and politics in India. New Delhi. Sage Publication, 2001.
- Cohen A. P.: The symbolic construction of community. London. Routledge, 2010.
- Bauman Zygmunt: Community: seeking safety in an insecure world. United Kingdom. Polity Press, 2011.
- Raju M Lakshmi pathi & Parthasarathy R: Community organisation and social action (social work methods and practice). New Delhi. Regal Publications, 2012.
- Pawar Manohar: Social and community development practice. New Delhi. Sage Publications India Pvt Ltd, 2014.

DSC-2 E Social Policy (Credits -4)

Objectives

1. To help the learner understanding the concept of social policy, its formulation and implementation
2. To provide an overview of the theoretical concepts, values and principles underlying Social Policy.
3. To help the student gain a critical analysis of various existing policies for the marginalised.
4. To enable the learner to understand the tools of policy analysis and its use in influencing Policy.

Unit	Unit Title	Content
1	Field of Social Policy	<ul style="list-style-type: none">• Concept of Social Welfare• Concept of Social Policy• Evolution of Social Policy as a Field of Study• Models of Social Policy
2	Values and Theories	<ul style="list-style-type: none">• Values underlying social policy• Social planning based on the constitutional provisions (directive principles of state policy)• Theories and theoretical concepts on social policy
3	Social Policy and Planning	<ul style="list-style-type: none">• Linkage between social policy and planning• Planning as an instrument and source of policy• Planning in the era of privatisation• Role of state, civil society, corporate sector and market• Review of 5 year plans
4	Policy Cycle	<ul style="list-style-type: none">• Enactment of social policy/ policy formulation• Implementation• Policy review• Agencies involved in policy cycle
5	Social Policy Analysis	<ul style="list-style-type: none">• Contemporary social policies• Cases on Policy Analysis• Skills on social policy analysis
6	People's Participation in influencing Social Policy	<ul style="list-style-type: none">• Role of people's organisations, campaigns, networks and coalitions as part of social advocacy• Social Audit• Jansunvai• Community Score Card

Reading List

- Titmus, R.M. (1974). Social Policy, London, George Allen & Unwin Ltd.
- Spicker, P. (2010). Social Policy: Themes and approaches, i Jaipur, Rawat Publications.
- Dreze, J., and Sen, A. (2007). Indian Development, New Delhi, Oxford University Press
- Alcock Cliff: Introducing Social Policy.. London. Prentice Hall, 2000.
- Meenaghan Thomas: Social policy analysis and practice. Chicago. Lyceum Books, 2009.
- Pathak Shankar: Social policy social welfare and social development. Bangalore. Niruta Publications, 2013.
- Chandhoke Neera & Agrawal Sanjay Kumar: Social protection policies in South Asia. New Delhi. Routledge, 2013.
- Hills John & Grand Julian Le : Making social policy work : essays in honour of Howard Glennerster. Great Britain . The Policy Press, 2007.

Core Course practical – Field work (Credits-4)

Students will be placed in various government and non government organisation for field work for semester. The tasks and the criteria for their assessment is given in detail in the field work manual

Skill Enhancement Course (SE) : Computer Applications (Credits-4)

Objectives :

1. To provide an overview on MS Office, MS Excel, and MS Power Point
2. To equip learners with aspects related to basics of internet
3. To provide scope for students to do practical work on computer and gain hands-on skills related to computer applications

Unit	Unit Title	Content
1	MS Word	<ul style="list-style-type: none"> • Introduction to Computers: Hard Ware and Software • Creating, Opening, Editing and saving a document • Copy, Cut, Paste operations • Page Setup, Headers and Footers • Formatting Texts • Inserting Clip-Art, Word-Art, Auto-Shapes, Picture, Symbol, Equation • Table insertion • Accepting & rejecting comments • Spelling and Grammar check • Printer Setup and Document Printing
2	MS Excel	<ul style="list-style-type: none"> • Concept of Workbook, Worksheet, Row, Column, Cell

		<ul style="list-style-type: none"> • Creating Opening, Editing, Saving a Workbook • Changing Row and Column widths; Formatting cells; Different data types in Excel; • Entering labels and values & formulas • Use of following inbuilt functions only – SUM, PRODUCT, AVERAGE, MAX, MIN, ROUND, COUNT, COUNTIF, IF, AND, OR, NOT, DATE, TIME, NOW; • Making calculations and re-calculations • Auto fill, Fill with series; Conditional Formatting • Sorting and Filtering Data (use of Auto Filter) • Hiding Rows and Columns; • Creating Line Diagrams, Pie Charts, Bar Graphs;
3	Power Point	<ul style="list-style-type: none"> • Creating, Opening, Editing and Saving a PowerPoint presentation • Use of Wizards; • Different styles and background; Formatting Texts • Inserting Clip-Art, Word-Art, Auto-Shapes, Picture; • Applying slide-transition, applying animation to text and objects • Inserting sound and video-clips • Slide Show; Printing of slides
4	Basics of Internet	<ul style="list-style-type: none"> • Basic requirement for connecting to the Internet, ISP • Services provided by Internet – www, browser, e-mail, search engine, social networking • Networking Security – Computer Virus, Concept of Firewall, Password • HTML; Basic Page Design, Using Ordered and Unordered Lists, Using Image, Hyperlinking; Using Tables; • Web page designing using HTML (minimum 5 linked pages)
5 and 6	Lab Work	<ul style="list-style-type: none"> • MS Office- Practical • Internet Basics- Practical

Reading List

- Rajaraman, V. (2006). Fundamentals of Computers. Delhi: PHI.
- Saxena, S. (2008). MS Office in NutShell. Delhi: Vikas Publishing House

Semester IV

	Core Course (CC) Compulsory	Ability Enhancement Compulsory Course (AECC)	Skill Enhancement (SE)	Elective(DSE)	General Elective (GE)
DSC-1F	Research Methods (4)		Life Skills (4)		
DSC-1 G	Social Work Administration (4)				
DSC-1 H	Social Work Theories and Practice (4)				
Core course practical	Field Work(4)				
Total Credits					20

DSC-1 H Research Methods (Credits-4)

Objectives :

1. To introduce the learner to the field of social research
2. To help learner identify various research designs and sampling techniques
3. To introduce the learner to the idea of measurement
4. To provide basic skills in literature review, developing research proposal and tools of data collection

Unit	Unit Title	Content
1	Introduction to Social Research	<ul style="list-style-type: none"> • Meaning and characteristics of scientific method • Goals of research; • Basic elements of social research: concepts, constructs, variables, hypothesis, theories, operational definitions; • Steps in the process of research: problem selection, formulation and planning, field investigation, data entry, data processing and

		analysis, report writing
2	Research Designs	<ul style="list-style-type: none"> • Types of research: Social Surveys; Experimental design • Sampling: Purpose of sampling; Concepts related to sampling: population, universe, sampling frame and sampling unit; probability and non-probability sampling; Techniques and procedures in sample selection • Levels of measurements: nominal, ordinal, interval and ratio • Scaling techniques: Likert, Thurstone, Guttman • Reliability and Validity
3	Data Processing and Analyses	<ul style="list-style-type: none"> • Coding and data analysis plan; graphs, charts and tables • Simple frequency distribution and cross tabulation; • Univariate, bivariate, trivariate and multivariate analyses of data • Measures of central tendency and dispersion • Inferential Analyses: measures of association, tests of significance: chi square, t-test, ANOVA
4	Computer & SPSS	<ul style="list-style-type: none"> • Practice sessions on entering data; merging files; Graphs/tables; Descriptive statistics T-tests; ANOVA; Regression
5	Research Process	<ul style="list-style-type: none"> • Group Preparation: problem formulation, literature review, developing research proposal and tools of data collection • Group presentation of the proposal • Ethics in data collection; data handling and management
6	Report Writing and Presentation	<ul style="list-style-type: none"> • Writing a research report; Oral and poster presentation in class symposium

Reading List

- Rubin, A., & Babbie, E (4th Ed). (2001). Research Methods for Social Work, USA: Wadsworth, West, Brooks/Cole and Schirmer
- Ahuja, R. (2001). Research Methods, Jaipur: Rawat
- Rubin, A., & Babbie, E (4th Ed). (2001). Research Methods for Social Work, USA: Wadsworth, West, Brooks/Cole and Schirmer
- Ahuja, R. (2001). Research Methods, Jaipur: Rawat
- Field, A. (2009). Discovering Statistics Using SPSS. Sage Publishers
- Pallant, J. (2010). SPSS Survival Manual. McGraw-Hill

DSC- 1 I Social Work Administration (Credits -4)

Objectives

1. To provide an overview on the administrative aspects in social work
2. To equip learners with specific skills related to administration
3. To enable the gain advance skills and information relating to registration and management of non-profit/ social welfare organisations

Unit	Unit Title	Content
1	Introduction to Social Work Administration	<ul style="list-style-type: none">• Administrative process in Social Work• Scope and functions of administrator in social work and social welfare• Multidimensional roles of an Administrator• Basic principles of Administration• Comparative analysis of administration of government and non-government welfare agencies
2	Administrative Processes- I	<ul style="list-style-type: none">• Planning: Importance, principles of planning, steps involved in planning;• Organizing: fundamental principles of organising, its processes and steps;• Staffing: recruitment, selection, appointment, orientation, promotion, appraisal and termination.
3	Administrative Processes- II	<ul style="list-style-type: none">• Direction: importance and strategies of direction and supervision• Coordination: Principles and techniques• Reporting: Importance and steps involved in reporting;• Budgeting: Types and steps
4	Legal Framework for NGOs	<ul style="list-style-type: none">• Registration: Societies Registration Act 1860, Public Trust Act 1950• Salient Features of Foreign Contribution Regulation Act 2010, and FEMA, 2010• Income Tax Rules and Regulations• Board and Executive Relations• Financial Reporting Standards
5	Project Management	<ul style="list-style-type: none">• Need assessment/ Baseline study• Project proposal writing• Project Implementation• Monitoring• Evaluation
6	Advance Skills	<ul style="list-style-type: none">• Preparation of communication materials• Basics of fundraising• Donor management

		<ul style="list-style-type: none"> • Social marketing • Branding of NGOs
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Reading List

- Gupta, N.S. (1979). Principles and Practice of Management, New Delhi: Light and Life Publications
- Fowler, A., & Edwards, M. (2002). Reader on NGO Management, New York: Earthscan
- Basu Rumki: Public Administration : Concepts And Theories.. (Rev.&eng.) New Delhi. Sterling Publishers, 2001.
- Sharma Ravindra: Development And Regulatory Administration In India - Reform And Change.. Jaipur. Rawat Publications, 2002.
- Singh S N: Public Administration And The Coalition In India.. Lucknow. Bharat Book Centre, 2003.
- Palekar S A: Public Personnel Administration.. Jaipur. Abd Publishers, 2005.
- Jain Ashok V & Unni Saraswathi: Development administration. Pune. Sheth Publishers, 2000.
- Maheswari Shriram: Administrative Theory : An Introduction.. (2nd) Delhi. Macmillan India Ltd, 2003.
-
- Frederickson H. George & Smith Kevin B.: Public administration theory primer. Cambridge. West View Press, 2003.
-
- Jain Ashok V & Unni Saraswathi : Development administration. Pune. Sheth Publishers, 2000.

DSC-1 J Social Work Theory and Practice (Credits -4)

Objectives:

1. To introduce the learner to the theoretical base for social work practice
2. To help learner identify with functional, interactionist, radical, and post modern perspectives in social work
3. To introduce the learner to integrate theory with practice social work

Unit	Unit Title	Content
1	Theoretical Base for Social Work Practice	<ul style="list-style-type: none"> • What is a Theory • Behavioral and social theories • Social workers: the 'doers' vs 'thinkers' dilemma

		<ul style="list-style-type: none"> • Stages of theory development in social work • Objective vs subjective approach in social work
2	Functionalist Perspective of Social Work	<ul style="list-style-type: none"> • Social system theory • Behavioural theories • Defining the problem in functional perspective • Aims and methods of intervention in the functionalist perspective
3	Integrated Social Work Practice Model	<ul style="list-style-type: none"> • The context for emergence of ISWP • Four systems • Stages of intervention in ISWP • Case studies on ISWP • Critique of ISWP
4	Radical Social Work	<ul style="list-style-type: none"> • Socialist tradition in social work • Collective action • Organizing for power • Conflict perspective in action • Assessment, aims and methods in radical social work
5	Post Modern Social Work	<ul style="list-style-type: none"> • Plurality of knowledge, dynamics of power relations, and creative practice • Middle Ground: Modernist concern with cohesion and effectiveness vs post-modernist concern for plurality and uncertainty • Pragmatism in Social Work
6	Integrating Theory with Practice	<ul style="list-style-type: none"> • Exploring an Issue • Understanding/ documenting the practice models • Locating a social work perspective • Reflective writing and practice

Reading List

- Howe, D. (2009). A Brief Introduction to Social Work Theory Basingstoke: Palgrave Macmillan
- Maclean, S and Harrison, R (2015). Social Work Theory: A Straightforward Guide for Social Work Students
- Thompson, N. (2005). Understanding Social Work: Preparing for Practice Basingstoke: Palgrave
- Fawcett, B. (2006). 'Postmodernism', in M. Gray and S. A. Webb (Eds.), Social Work Theories and Methods, London, Sage Publications
- Fook, J. (2002). Social Work: Critical Theory and Practice, London: Sage Publications
- Maclean, S and Harrison, R (2015). Social Work Theory: A Straightforward Guide for Social Work Students
- Oko, J. (2008). Understanding and Using Theory in Social Work, Exeter: Learning Matters

Core Course practical – Field work (Credits-4)

Students will be placed in various government and non government organisation for field work for semester. The tasks and the criteria for their assessment is given in detail in the field work manual

Skill Enhancement S E (Compulsory course)

Life Skills Education

Objective:

1. To introduce the learner to life skills
2. To help the learner understand the connection between emotional, social and thinking skills
3. To train the students in conducting life skills workshop with various stakeholders

Unit	Unit Title	Content
1	Need and Importance of Life Skills Education	<ul style="list-style-type: none">• Introduction to <i>Life Skills</i> Concept• Benefits and the application of Life Skills• Matching Life Skills with one's behaviour• Components of Life Skills (Social- Thinking- Emotional)
2	Emotional Skills	<ul style="list-style-type: none">• <i>Understanding oneself in the world around:</i> Discovering and Understanding the Inner-Self, Exploring One's Self Identity, Staying in tune with Self, Self Esteem;• <i>Managing one's emotions/ feelings-</i> Identify common emotions• <i>Coping with Stress-</i> Sources of stress, Coping Strategies
3	Social Skills	<ul style="list-style-type: none">• <i>Interpersonal Relationships-</i> Web of Relationships, Family and Friendships, Healthy Relationships,• Transactions with people around us (Negotiation), Assertiveness,• Peer Resistance; <i>Effective Communication-</i> Verbal and Non Verbal communication (body language)• Talking, Hearing vs Listening, Clarity and Optimal communication• <i>Empathy-</i> Understanding of other people's circumstances, Extending support to others
4	Critical Thinking Skills	<ul style="list-style-type: none">• <i>Critical Thinking-</i> Attributes of Critical Thinkers• Thinking through and analysis of

		<p>situations/challenges</p> <ul style="list-style-type: none"> • Processing of Information (Logic & Ethics) • Developing an in-depth understanding about a concept • Facilitating informed action
5	Creative Thinking Skills	<ul style="list-style-type: none"> • Significance of Creative thinking skills • Techniques to develop creative thinking • Strategies for creative thinking • <i>Decision Making</i>- Decision making skills and process, Setting goals, Key to making an optimal decision • <i>Problem Solving</i>- Problem Solving Approach, Management of Conflicts, Finding Solutions
6	Assessment of Soft Skills	<ul style="list-style-type: none"> • Understanding Assessment Process • Pre-Intervention Assessment • Post Intervention Assessment • Testing and Certification • Continuing education and practising life skills

Reading List

- Karen, D. G., & Eastwood A. (2008). (8th Edn.), Psychology for living- adjustment, growth and behavior today, New Delhi: Pearson Education Inc.
- McGregor, D. (2007). Developing thinking; developing learning - A guide to thinking skills in education. New York, USA: Open University Press.
- Cottrell, S. (2005). Critical thinking skills: Developing effective analysis and argument. New York: Palgrave Macmillan Ltd.
- Central Board of Secondary Education (2010). Teacher's manual on Life Skills for classes - IX-X [Manual], Delhi.

Semester- V

Core Course	Skill Enhancement (Both Courses are Compulsory)	Elective (DSE-1) (Any One) Credits-4	Elective (DSE-2) (Any One) Credits -4	General Elective (Any One) Credits- 4
	Development and Communication(4)	Health and Nutrition (4)	Social Exclusion and Inclusion (4)	Work with older adults (4)
	Field Work (6)	Child and Youth Studies (4)	Global and Indian Social Movements (4)	Social Entrepreneurship (4)
	Total Credits			22

1. Development and communication (Credits-4)

Objectives:

1. To introduce the learner to the field of communication
2. To help the learner understand the relationship between communication, development and social work
3. To help the gain communication skills for social work practice in different settings

Unit	Unit Title	Content
1	Introduction to Communication	<ul style="list-style-type: none"> • Definition of communication • Purpose, Types, Level, Means, and Barriers in communication • Historical development of Communication in society • Contemporary dimension of communication
2	Development Communication	<ul style="list-style-type: none"> • Meaning of development communication • Relevance of communication to development • Different communication theories and critique • Development paradigms and disparities • Functions and priorities of Media in addressing development issues
3	Communication Aids-1	<ul style="list-style-type: none"> • Photo Language, Posters, Stories, Flash cards, Games, Short films;

		<ul style="list-style-type: none"> • Strengths and limitation of each of the aids • Selecting the appropriate media as per the needs
4	Communication Aids-2	<ul style="list-style-type: none"> • Puppets, tamasha, nautanki, street theatre, and street play • Strengths and Limitations of each aids • Relevance of Folk media to development
5	Mass Media	<ul style="list-style-type: none"> • Meaning and relevance of mass media • Introduction to different forms of mass media • Radio – Developmental programmes on Radio, Community radio, use of radio for development • T.V – impact of TV on different groups; Role of TV in development • Newspaper - Important role of newspaper, Critical analysis of papers - newspaper reporting, Newspapers and development issues
6	Globalization, Media and Development	<ul style="list-style-type: none"> • Local cultural needs and development • National & International media organisations & policies addressing imbalances in development • Globalization of Media • Democratization of Communication • Changing face of Indian Media

Reading List:

- Kumar, K.J. (2006). Mass Communication in India , 3rd Edition, Mumbai: Jaico Publishing
- Singh, D. (2004). Mass Communication and Social Development, Delhi: Adhyayan Publishers
- Parasar, A (2005). Impact of Internet on Society, Jaipur: Aavishkar Publishers
- Singh, S P. (2005). Media Psychology, Jaipur: Sublime Publications

Field work (compulsory) (credits-6)

Students will be placed in various government and non government organisation for field work for semester. The tasks and the criteria for their assessment is given in detail in the field work manual

Elective (DSE-1) Choose any one) (Credits-4)

1. Health and Nutrition (Credits-4)

Objective :

1. To gain knowledge of health situation of vulnerable in India with respect to the holistic concept of health.
2. Develop an understanding of concept, content and skills require for planning community health education on various diseases in India.
3. Understand the importance of nutrients, balance diet and low cost meal in the context of malnutrition in India.
4. To appreciate the efforts of government in promoting nutritional programme in India.

Unit	Unit Title	Content
1	Introduction to Health	<ul style="list-style-type: none"> • Definition of health • Concept of health • Dimensions of health • Determinants of health in India • Role of the Social Worker in Health settings
2	Health Education	<ul style="list-style-type: none"> • Methods of Health Education • Principles of Health Education • Communication in Health using IEC •
3	Community Health	<ul style="list-style-type: none"> • Definition of Community Health • Community Diagnosis and Community Treatment • Planning and organising for Community health Programmes • National Health Programmes in India
4	Introduction to Nutrition	<ul style="list-style-type: none"> • Concept and functions of food • Types of Nutrients like Protein, Carbohydrate, Fats, Vitamins, Iron, Calcium and Minerals their source and functions • Food pyramid and Balanced diet • Meal planning on locally available low cost food for improving one's diet
5	Malnutrition in India	<ul style="list-style-type: none"> • Definition and types of malnutrition • Vicious cycle and factors affecting malnutrition • Anaemia Programme, Iodine and Vitamin A deficiency programmes. • Various other nutritional programmes in India
6	Skills Lab	<ul style="list-style-type: none"> • Preparing Health Education Materials • Preparing Community Health Map • Preparing Health Programme Proposal • Preparing Low Cost Nutritious Meals and Demonstration

Reading List:

- Swaminathan , M. (2002). Advance Text Book on Food and Nutrition, Volume I & II , The Bangalore Printing and Publishing Company Limited, Bangalore
- Park. K. (2011). Preventive and Social Medicine (21st ed.) Bhanot, Jabalpur
- Desai S B & Joshi Bharti: Social work and community health. New Delhi. Alfa Publications, 2012.
- Akram Mohammad: Sociology of health. Jaipur. Rawat Publications, 2014.

2. Child and Youth Studies (credits-4)

Objectives

1. To develop an overall understanding on children and their rights
2. To help the learner understand the key legislations on children and on the aspects of working with children from rights-based perspective
3. To enable the learner to understand the concept of youth and development
4. To provide an overview of youth policy and working strategies

Unit	Unit Title	Content
1	Introduction to Children and their Rights	<ul style="list-style-type: none">• Definition of Child• Childhood across different cultures from multi-disciplinary perspective• Situational Analysis of Children in India• Understanding Child Rights• National Laws and Policies related to Children
2	Key Legislation on Children	<ul style="list-style-type: none">• Legislation on Child Labour• Right to Education• Children in Need of Care and Protection• Children in Conflict with Law• Family Law and Children
3	Working with Children from Rights Based Perspective	<ul style="list-style-type: none">• Working with Children in Multidisciplinary settings• Rights Based Programming• Working with various Legal Institutions• Skills and Strategies of Work with the Legal System• Working towards Justice for children in the JJ system
4	Youth and Development	<ul style="list-style-type: none">• Construction of Youth hood• Heterogeneity of Youth• Formation of personal and social identity• Position of youth in development process

		<ul style="list-style-type: none"> • Globalisation and its impact on youth
5	Youth Policies	<ul style="list-style-type: none"> • National Policy for Youth Development • Key International Policies • National Youth Programmes • Nehru Yuva Kendra • Role of Ministry of Youth and Sports Development
6	Working with Youth	<ul style="list-style-type: none"> • Community and Peer Support Programs • Youth Centers • Linked School and Health Facilities • Volunteering and overseas work opportunities • Youth in development and political work

Reading List

- Bajpai, A. (2003). Child rights in India: Law, policy and practice. New Delhi: Oxford University Press
- Hansaria, V. (2010). Juvenile Justice System along with Juvenile Justice (Care and protection of children) act, 2000 and Rules, 2007, Delhi: Universal Law Publishing
- Franklin, B. (2002) The New Handbook of Children's Rights, NY: Routledge
- Youth Net (2002). Intervention Strategies that Work for Youth. Arlington, VA: Family Health International
- Driskell David: Creating Better Cities With Children And Youth : A Manual For Participation.. London. Earth Scan Publishers, 2002.
- Varghese Varghese K: Cultural Diversity And Aspirations Of Indian Youth.. (1st) Kerala. Rajagiri College Of Social Science, 2002.
- Dullmann Kerstin & Mattam Mathew: Youth Stepping Stone To Adulthood.. Pune. Cyda Publications, 2003.
- Singh Renuka: Problems Of Youth.. New Delhi. Serials Publications, 2005.
- Lukose Ritty A: Liberalisation's children : gender, youth and consumer citizenship in globalizing India. Hyderabad. Orient Blackswan Pvt Ltd, 2009.

Elective (DSE-2) (Credits-4) (Choose any one)

DSE-2 Social Exclusion and Inclusion (credits-4)

Objectives

1. To enable students to understand the concept of Social Inclusion and Exclusion in the context of the various issues of marginalization.
2. To understand the profile of the excluded groups and the factors responsible for their exclusion and marginalisation.

3. To understand macro-micro level interventions by the State, NGO and Peoples organizations for inclusive development of the marginalized

Unit	Unit Title	Content
1.	Concepts	<ul style="list-style-type: none"> • Social exclusion • Social exclusion in the Indian context • Types and indicators of social exclusion • Marginalisation, Oppression, Social Stratification, Fundamentalism (Religion, Caste, Class, Gender). • Interdependence of various systems such as Social-Cultural, Economic and Political in determining Social Exclusion • Interdisciplinary approaches to the study of social exclusion.
2.	Exclusion based on Caste	<ul style="list-style-type: none"> • Caste and ethnicity based exclusion and discrimination. • Concept of Dalit, Demographic profile, Rural-urban divide, Dalit literature • Forms of exclusion and discrimination • untouchability, atrocity, and other forms of discrimination • exclusion in the spheres of – economy, civil and cultural and political
3.	Exclusion of Tribal	<ul style="list-style-type: none"> • Tribals and exclusion • Profile of the Scheduled Tribes, primitive tribes, denotified tribes, ex-criminal tribes in India.

	Communities	<ul style="list-style-type: none"> • Displacement, fragmented labour ,migration Poverty, landlessness, Indebtedness, Alcoholism, Bonded Labour
4.	Exclusion of Minorities	<ul style="list-style-type: none"> • The profile of the minority groups in India. • Fundamentalism, Communalism, Nationalism and exclusion of minorities • Social exclusion the spheres of economy, education, culture, politics • Manifestation - Communal Riots, unemployment • Contribution of Minorities to National Development •
5.	Exclusion of LGBT communities	<ul style="list-style-type: none"> • LGBT people as social minority group members • Eexclusion and discrimination in the area of • Identity, Sexuality, Marriage, Employment, Access to Public facilities, HIV/AIDs • The legal act section 477
6.	Inclusive policies and programmes	<ul style="list-style-type: none"> • Constitutional provisions- Ministry of Social Justice & Empowerment- Policies and Programs-National Commission for SC, Reservation Policy, Prevention of Atrocity Act

		<ul style="list-style-type: none"> • Constitutional Provisions- Ministry of Minority Affairs, National Commission for Minorities, Sacchar Committee Report- Govt. Policies and Programs, Minority Act • Gay pride movements • HIV/AIDS programmes focusing on LGBT communities • RTI, PIL, Jansunwai, e-governance, campaigns • Interventional Strategies- NGO, Civil Society, Peoples Movement for different groups SC, ST, Dalits, Minorities, LGBT and Refugees.
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Reading List

- Hills, J. le Grand, J. and Piachaud, D (eds.) (2002) *Understanding Social Exclusion*, Oxford University Press, Oxford.
- Sukhadeo Thorat and Narender Kumar (2008), *B.R Ambedkar Perspective on Social and Inclusive Policies*, Oxford University Press, New Delhi
- Sen, A. (2000) *Social Exclusion: Concepts, Application and Scrutiny*. Social Development Papers No. 1, Asian Development Bank, Manila.
- Mandar, H. 2007. Promises to Keep: Investigating Government's response to Sachar Committee recommendations. New Delhi: Centre for Equity Studies. National Council of Applied Economic Research. 2010.
- 31% Muslims live below poverty line: NCAER survey. Retrieved from <http://timesofindia.indiatimes.com/india/31-Muslims-live-below-poverty-line-NCAERsurvey/articleshow/5734846.cms>

- National Human Rights Commission Report on the Prevention and Atrocities against Scheduled Castes Ranganath Mishra Commission Report, Ministry of Minority Affairs. 2007.
- Report of the National Commission for Religious and Linguistic Minorities. Retrieved from http://www.minorityaffairs.gov.in/sites/upload_files/moma/files/pdfs/volume-1.pdf
- Sachar Committee Report. 2006. Social Economic and Educational status of the Muslim community of India: A Report. Prime Minister’s High Level Committee, Cabinet Secretariat, Government of India. Retrieved from http://mhrd.gov.in/sites/upload_files/mhrd/files/sachar_comm.pdf
- Singh, Amit Kumar. 2013. Mounting Discrimination Declining Hope: Dilemma of an Indian Muslim. Retrieved on 12th March 2014 from https://www.academia.edu/8655001/Repression_despair_and_hope
- Singh, Manmohan. 2009. PM’s address at the Chief Ministers’ Conference on Implementation of the Forest Rights Act 2006, November 4, 2009. Accessed from <http://www.pmindia.nic.in/speech/content4print.asp?id.842.pdf>
- Smita Narula, Broken People: Caste Violence Against India’s Untouchables (Human Rights Watch, 1999). Tata Institute of Social Sciences. 2012.
- TISS report points to anti-Muslim bias of police, The Hindu, Mumbai June 24, 2012, Retrieved on 14th May 2014 from <http://www.thehindu.com/news/national/tiss-report-pointsto-antimuslim-bias-of-police/article3563333.ece>
- PeW Research. 2014. India’s Muslims have the lowest living standard in the country. Retrieved from <https://news24web.wordpress.com/2014/11/>

ii) Global and Indian Social Movements

Objectives

1. To study the theories of social movements
2. To understand the context for the social movement
3. To study the response of the state to the social movements
4. To study various global and Indian social movements

Unit	Unit Title	Content
1	Theories of social movements	<ul style="list-style-type: none"> • Nature, Definitions, • Typologies, Approaches • Understanding the politics of protest • New social movement.

		<ul style="list-style-type: none"> • Post modernism and social movement
2	The context for social movements	<ul style="list-style-type: none"> • Social ,economic and political contexts for social movements • Cultural drifts • Social Disorganization: • Social Injustice:
3	Social Movement and the State	<ul style="list-style-type: none"> • Strategies adopted by the social movements • Strategies employed by the state to address the movements
4	Pre independence social movements in India	<ul style="list-style-type: none"> • Swadeshi Movements ,Satyagraha • Breast cloth controversy women's movement, • Peasant movement , Labour movement
5	New Social Movements in India	<ul style="list-style-type: none"> • Self respect movement of Periyar in south India • Narmada Bachav Andolan, • Chipko movement save silent valley movement • Women's movement Anti superstition movement etc • Dalit movement , namantar andolan • Student's movement • Trade union movement • The role of rebel music in the social movements in India
6	Significant new national and international movements	<ul style="list-style-type: none"> • Civil rights movement, • Black lives matter movement, • Anti apartheid movement • The role of the rebel music in the social movements

Reading list .

- Rao, M.S.A.: Social Movements in India, Vol.I and II, Manohar, Delhi, 1978.
- Shah Ghanshyam: Social Movements and the State, Sage, New Deli, 2002. 3
- James Petras, Henry Vettmeyer: Social Movements and State Power, Pluto Press, London, 2005.
- Guru Gopal 2004: Dalit cultural movement and dalit politics in Maharashtra , vikas Adhyayan Kendra, Mumbai
- Mayo Marjorie 2005: Global citizens: Social movements and challenge of globalisation ,Canadian scholar press

- Singh R 2001: Social movements old and new: A post modernist critique, Sage publication , New Delhi

General Electives (Choose any one)

1. Working with Older Adults

Objectives

1. To study the concepts related to ageing
2. To study the theoretical perspectives for working with older adults
3. To understand various issues related to older adults
4. To study various policies, programmes and schemes for the older adults

Unit	Unit Title	Content
1	Developmental stage of Late Adulthood	<ul style="list-style-type: none"> • Concept of Ageing • Changes (Physical, Mental and Emotional) and special needs of Older persons. • Concepts of Active /Healthy Ageing and Quality of Life. • d. Myths and Assumptions about Ageing
2	Demographic Profile of the Older Adults and its Implications	<ul style="list-style-type: none"> • Demographic Scenario of the Older persons • Population Ageing • c. Implications of the changing demography of ageing
3	Theoretical Approaches/Perspectives for Working with the Older Adults	<ul style="list-style-type: none"> • Disengagement Theory • Activity theory • Continuity Theory (Psycho-dynamic, Ecological, Lifespan) • Relevance and Critique of the above theories
4	Issues and Factors Affecting the Older Adults	<ul style="list-style-type: none"> • Issues faced by the Older Persons- Health, Financial, Physical, Emotional and Legal • b. Factors affecting ageing- Globalization, Migration, Disability, Gender, rural-urban, Politics
5	Initiatives, Policies, Schemes and Provisions for Older Adults	<ul style="list-style-type: none"> • UN Polices and Programs for Older Adults • National Policy on Ageing in India • Constitutional and legal provisions for

		<p>Older adults in India</p> <ul style="list-style-type: none"> • Benefits and facilities provided by various ministries at centre and state governments. • e. Role of NGOs in working with the Older adults in India.
6	6. Services, Schemes and Skills for working with the Older Adults	<ul style="list-style-type: none"> • Residential and non- residential (Day Care services, support groups and home based care) • Welfare schemes (Financial and Social Security, housing and transport), • Community care and engagement with the Older Adults. • Skills sets- Specific Mental Health Disorders, Building Healthy Self Concept, Stress Management, Financial Planning, Preparation of Will and Testament, Work with care givers, Palliative Care

Readings

Dhar, C.R. (2004). *Greying Of India : Population Aging In The Context Of India*. New Delhi: Sage Publications.

Rajan, I. (2006). *Population Aging And Health In India*. Mumbai: CEHAT Publications.

Ramamurti, P.,V & Jamuna, D (2004). *Handbook Of Indian Gerontology*. New Delhi: Serials Publications.

ii) Social Entrepreneurship(credits-4)

Objectives:

1. To provide an overview on concepts related to social entrepreneurship
2. To introduce the learner to the marketing concepts
3. To provide skills related to business plan preparation and fundraising for social enterprises

Unit	Unit Title	Content
1	Idea of Social Entrepreneurship	<ul style="list-style-type: none"> • Introduction to social entrepreneurship: definition, need, role • Theory and conceptual issues • The social entrepreneurship ecosystem • Case studies on successful social entrepreneurs
2	Foundations of Social	<ul style="list-style-type: none"> • Foundations of entrepreneurship • Traits and characteristics of a Successful

	Entrepreneurship	<p>Social Entrepreneur</p> <ul style="list-style-type: none"> • Social entrepreneurial motivation and competency development
3	Business Plan Writing	<ul style="list-style-type: none"> • Business plan: designing a competitive model • Conducting a feasibility analysis • Crafting a winning business plan • Deciding on forms of ownership
4	Marketing	<ul style="list-style-type: none"> • Marketing considerations • Pricing strategies • Creating a successful financial plan
5	Fundraising for Social Enterprises	<ul style="list-style-type: none"> • Sources of funds: equity and debt • Crowd funding, and angel investors • New venture team and planning
6	Talking with Social Entrepreneurs	<ul style="list-style-type: none"> • Interaction with leading and successful social entrepreneurs in the city <p>** Visits can be done to know the functioning of leading social enterprises in the city. An inter collegiate business plan competition can be arranged as part of the course</p>

Reading List

- Scarbrough, N. (2014). Essentials of Entrepreneurship and Small Business Management, 7/E. Prentice Hall
- Martin, R & Osberg, S. (2007). Social Entrepreneurship: The Case for Definition. Stanford Social Innovation Review. Pp 29-39.
- Osberg, S. (2009). Framing the Change and Changing the Frame: A New Role for Social Entrepreneurs. *INNOVATIONS -Social Entrepreneurship: Shifting Power Dynamics*. Skoll World Forum & MIT Press
- CASE. (2008). Developing the Field of Social Entrepreneurship: A Report from the Center for Advancement of Social Entrepreneurship. Durham: Duke University
- Germak, A & Singh, K. (2010). Social Entrepreneurship: Changing the Way Social Workers Do Business. *Administration in Social Work*, 34:79-95.
- Goodley, T. (2002). Defining and Conceptualizing Social Work Entrepreneurship. *Journal of Social Work Education*, 38 (2) 291-302.

Semester -VI

Skill Enhancement (Both Courses are Compulsory)	Elective (DSE-1) (Any One)	Elective (DSE-2) (Any One)	General Elective (Any One)
Academic Writing (4)	Human Rights (4)	Rural and Urban Studies (4)	Disability (4)
Field Work (6)	Education and Development(4)	Informal Labour and Informal Sector (4)	Basic Counselling Skills (4)
Total Credits			22

1. Course title: Academic writing (4)

Objectives :

- 1. To study the sources of information and organising the information sources**
- 2. To understand the library information services**
- 3. To understand the information retrieval systems**
- 4. To learn the skills in writing papers for seminars and for publications**

Unit	Unit Title	Content
1	Information Sources & Organization of Information Sources	<ul style="list-style-type: none"> • Overview of Information Sources; Types of Information Sources; Reference Sources; E-Resources • Organization of Library Material: Concept, Need and Purpose; Processing of Library Material: Classification and Cataloguing; Arrangement and Maintenance of Library Material
2	Library and Information Services	<ul style="list-style-type: none"> • Library and Information Services for the Users; Traditional Library Services: Responsive and Anticipatory • Modern Library Services
3	Information Retrieval Systems	<ul style="list-style-type: none"> • Information Retrieval System: Concept and Scope; Information Retrieval Tools: Catalogue, Index, Subject • Search Techniques: Basic and Advanced • Web Based Search

4	Academic Writing	<ul style="list-style-type: none"> • Overarching Principles of Academic Writing: Thesis Statement, Concision, Objectivity • Style: Voice, Punctuation, Sentence Structure, Vocabulary; • Basic grammar rules • APA Guidelines
5	Writing skills	Independent/ Group Reading and Writing Practice
6	Presentation skills	Seminar Presentation

Reading List

- Chowdhary, G.G. & Chowdhary, S. (2001). Searching CD ROM and Online Information Sources. London, LA, 2001.
- Cleveland, D.B. & Cleveland, A.D. (2001). Introduction to indexing & abstracting, 3rd Edn., Colorado, Libraries Unlimited
- Craven, Jenny (ed.) (2008). Web accessibility: practical advice for the library and information professional. London, Facet Publishing
- Katz, W. A.(1978). Introduction to Reference Work. Vol 1 & 2. New York, McGraw Hill
- Prajapati, C. L. (2005). Conservation of documents: problems and solutions. New Delhi, Mittal Publication
- Quick reference APA Style sheet: <http://www.apastyle.org/learn/quick-guide-on-references.aspx>
- Quick reference writing practice guide: www.owl.english.purdue.edu

Skill Enhancement-2 (credits-6)

Core Course practical – Field work (Credits-6)

Students will be placed in various government and non government organisation for field work for semester. The tasks and the criteria for their assessment is given in detail in the field work manual

Elective –(DSE-1) (Choose any one)

1. Human Rights

Objectives :

1. To introduce the learner to the history and classification of human rights

2. To introduce the learner to human rights movements, NGOs and quasi- judicial institutions in India
3. To introduce the learner to the criminal justice system and legal concepts
4. To provide para legal skills for social workers

Unit	Unit title	Content
1.	History of Human Rights	<ul style="list-style-type: none"> • Origin and Evolution of the Notion of Rights; • Concept of Natural Rights; American Declaration of Independence and the Bill of Rights; • the French Declaration of Human Rights of Man Human Rights as Natural Rights; • Universality of Human Rights.
2.	Classification of Human Rights and	<ul style="list-style-type: none"> • Classification of Human Rights: Positive and Negative, • Three Generations; Indian Constitution and Human Rights; • Universal Declaration of Human Rights
3.	Human rights Violation	<ul style="list-style-type: none"> • Racial discrimination • Freedom from torture • Human rights in armed conflicts and rights of the refugee
4.	Human Rights Movements, NGOs	<ul style="list-style-type: none"> • Nationalist Movement and Struggle for Democratic Rights; • Indian Civil Liberties Union (1934); Re-emergence of Civil Liberties Movement in 1970s; • NGOs in the field of Human Rights- Role and Strategies; NHRI: • Paris Principles; Establishment of NHRIs; Evolution of NHRC in India; its Functions; • Complaint Mechanisms

5.	Quasi- Judicial Institutions in India	<ul style="list-style-type: none"> Other Quasi- Judicial Institutions: Commission for minorities; Commission for Schedule Caste; Commission for Schedule Tribes; Commission for Nomadic and De - notified Tribes; Commission for Women and Children
6	Skills workshop	Skill Lab: Drafting Writ Petitions, Affidavit, PIL, RTI, FIR, Bail Application, etc.

Reading List:

- SAHRDC. (2006). Introducing Human Rights: New Delhi: South Asia Human Rights Documentation Centre
- Gonsalvez, R., Menezes, R., and Hiremath, V. (2005). Criminal Law: Law for Activist Series. Mumbai: ICHRL & HRLN
- Waldron.J.J. (1984). Theories of Rights, Oxford: Oxford University press.
- Finnis, J. (1980). Natural Law and Natural Rights. Oxford: Clarendon Press
- Seghal, B.P.S. (1995). Human Rights in India: Problems and Prospects. Delhi: Deep & Deep
- Mathew P.D. (1998). Legal Education Series. Delhi: Indian Social Institute.
- Iyer, K. (1984), Human Rights and the Law. Indore: Vedpal Law House.

ii) **Education and Development (credits-4)**

Objectives :

1. To provide an overview of education system and issues in India
2. To introduce the learner to literacy movement and perspectives in adult education in India
3. To help the learner connect education with development

Unit	Unit title	Content
1.		<ul style="list-style-type: none"> Education system in India: pre-independence,

	Review of Education in India	<p>post -independence,</p> <ul style="list-style-type: none"> • Government agencies coordination education in the country; • National education policy; • Analysing the formal education system, magnitude and characteristics.
2.	Educational goals	<ul style="list-style-type: none"> • understanding the learner needs, characteristics, socioeconomic, cultural influence on the learner • Shift of education from few to all; • The components & basic elements of education: teacher, curriculum, knowledge, skills, attitude
3	Structure of Education System and Issues	<ul style="list-style-type: none"> • Structure: pre private process and structures; • Various school boards in India; • Municipal school, zilla parishad, ashram schools; Higher education; • Vocational education; Issues in education related to access, retention, achievement, urban divide
4.	Literacy movement and Perspectives in adult education	<ul style="list-style-type: none"> • Perspectives on adult literacy; Global literacy movement; • national level adult education programmes; • Thoughts of Paulo Freire, Mahatma Phule, Dr.Ambedkar,Dr.Amartya Sen, and Mahatma Gandhi on learning; • concept of life-long learning, open and distance learning, massive online courses and learning
5.	Education and Development	<ul style="list-style-type: none"> • Education and development: concept, theories and issues; • <i>Education as a Paradigm in Development Theory</i>; • Theories of modernization and human capital; theories of underdevelopment and its relation to education; • Educational planning and administration; • Case studies from India, Africa and Latin America

6.	Right to education	<ul style="list-style-type: none"> • Inclusive education, • Right to education, • educatin of the marginalised
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Reading List

- Mohanti, J. (1992). Current Issues in Education. New Delhi: Cosmo Publications
- Chavan, S. (2003). Education for All: Promises and Progress. New Delhi: Rajat Publications
- Rajan, K.R. (1991). Mass Literacy: The Ernakulam Experiment. Cochin: Ernakulam District Literacy Society
- Freire, P. (2002). Pedagogy of the Oppressed. London: Penguin Books
- Adams, D. (2002). Education and National Development: Priorities, Policies, and Planning. Education in Developing Asia, Vol. 1. Manila: Asian Development Bank and The University of Hong Kong

Elective (DSE-2) Choose any one)

i) Rural Urban studies (Credits-4)

Objectives:

1. To help the learner understand the principles and approaches of rural development
2. To enable the learner to understand the problems in Indian agriculture sector and rural development programmes in India
3. To orient students on concepts such as rural finance, micro finance, self-help groups and women empowerment, etc
4. To provide an overview on the field of urban studies
5. To introduce the learner to the urban theories and perspectives
6. To introduce the learner on the key themes related to urban life
7. To provide an overview on slums, urban planning, policies and programmes

Unit	Unit title	Content
		<ul style="list-style-type: none"> • Concept of a village, Types of rural areas

1.	understanding rurality	<ul style="list-style-type: none"> • Social stratification in the context of rurality • Understanding Tribal communities • Problems in Indian Agriculture Sector • Trends in Agriculture Growth in India since independence; • Green Revolution and its effects; • Food security in India; Public distribution system and poverty eradication; • New Agricultural policy; Agriculture price policy; . • Farm size and productivity relationships; • Problems of Small sized holdings, fragmentation, Non viability; cooperative farming; Land reforms in India
2	Local self government ,Rural Development Programmes in India	<ul style="list-style-type: none"> • Salient feature of 73rd Amendment; • Decentralization and Panchayati Raj in India: Old Panchayats Vs New Panchayats; Powers and functions of the Zilla Parishad, Block/ Taluka panchayat, Gram Panchayat, and Gramsabhas • Income and employment generation programmes; Integrated rural development programme (IRDP); • Training of Rural youth for Self-Employment (TRYSEM); Food for work programme (FWP); • National Rural Employment Guarantee Act (NREGA); Javahar Rozghar Yojana (JRY); • Indira Awas Yojana (IAY),NRHM
3.	Micro Finance, Self-Help Groups and Women Empowerment	<ul style="list-style-type: none"> • Micro finance: Concept, Elements, Importance and Brief History; • Concept and Importance of women empowerment; • Gender Mainstreaming for Empowerment: Self-help Groups and Self-help Promotion; • Structure of Self-help groups; • Activities of SHGs; Savings and Credit as an Instrument of Self-help promotion; • Experiences of GRAMEEN and SEWA • Problems of Rural indebtedness; • Need for rural credit; institutional and non-institutional credit; • Role of Commercial Banks in Rural Credit; Regional Rural Banks; • Aims of NABARD; Importance and role of Co-

		<p>operatives in Rural Development;</p> <ul style="list-style-type: none"> • Growth and Progress of cooperatives; cooperative movement in India; • Principles of Cooperatives; Role of Rural Cooperative Credit Societies; • The Structure of cooperative credit societies; Terms and Conditions of Finance-Re-payment
4.	Introduction to Urban Studies	<ul style="list-style-type: none"> • Urbanisation and Urbanism. Growth of urban areas in India. • Understanding Urban communities. • Types of Urban communities land ,housing , basic services • Key Themes related to Urban Life • Population Trends; Economy; Health; Elementary Education; • Water; Sanitation; T • ransport; Energy; Gender; Quality of Life
5.	Urban Planning, Policies and Programmes	<ul style="list-style-type: none"> • Urban Planning: Urbanisation Trends and Their Implications; • Urban conditions; Institutions and Initiatives of government- JNNURM, SJSRY, etc; • Urban Planning: City Development Plan and Financial Plan; Financing Urban Infrastructure
6	Slums and Development	<ul style="list-style-type: none"> • Slums and Development: Types of Slums, Slum Policies and Schemes in India; Slums Redevelopment and its Political Economy; • Poverty, Urban Environment and Civil Society Interventions

Reading List

- Gottdiener, M., and Leslie, B. (2005). *Key Concepts in Urban Studies*. London: Sage Publications.
- Lin, J., and Mele, C. (2005). *The Urban Sociology Reader*. London: Routledge
- GOI. (2005). 'Urban Infrastructure', Economic Survey 2004–5, Ministry of Finance, New Delhi.
- Jain, A.K. (2005). *Vision for Delhi 2021: A Restructured City*, Delhi Development Authority, Delhi

ii) Informal labour and Informal Sector (Credits -4)

Objectives:

1. To develop a perspective on informal sector and the migrant labourers in India
2. To help the learner understand the legislations and social security measures
3. To enable the learner the interconnections between labour, market and civil society

Unit	Unit Title	Content
1.	Introduction to Informal Sector	<ul style="list-style-type: none"> • Defining Informal sector: Magnitude, Concepts, • Historical evolution, Globalization and the informal sector; • Characteristics of informal sector: • Socio economic profile of the workers, Employment pattern, Wage pattern, • Skill formation, informal sector from a gender perspective
2.	Migrant Informal Workers in Urban Areas	<ul style="list-style-type: none"> • Factors causing migration; • Types of migration; • Profile and the problems of the informal work force in the Urban areas: • Self-employed, working in Small scale Industry, Home based industry, Construction industry, solid waste management industry
3.	Migrant Informal	<ul style="list-style-type: none"> • Profile and the problems of the informal work

	Workers in Rural Areas	<p>force in the rural /coastal/forest areas:</p> <ul style="list-style-type: none"> • Self-employed; agriculture/pastoral work • Informal workers in the mining and allied industry- mines, quarries, sand dredging fishing industry and in the salt pans
4.	Legislations	<ul style="list-style-type: none"> • National labour commission reports, Legislations for the informal workers; Employees provident fund and the miscellaneous provisions act 1952; Employees state insurance Act 1948; maternity benefit Act 1971; Workmen compensation Act 1923; Payment of gratuity Act 1971
5.	Labour, Market and Civil Society	<ul style="list-style-type: none"> • Role of the financial institutes: • informal sector-banks, credit societies, government corporations, ministry of small scale industry; Organizing the informal work force: NGOs, Trade Union, Cooperative movements
6.	Case studies	<ul style="list-style-type: none"> • Nirman,Learn • Sewa ,Disha • Strimukti Sanghatna, SWACH alliance • Weigo,

Reading List

- ILO (2002). Decent Work and the Informal Economy, Report VI. Geneva: International Labour Office
- Dutt, R., & Sundharam. (2006). Indian Economy. New Delhi: S.Chand &Co
- Desai, V. (2001).Small Scale Industries and Entrepreneurship. Mumbai: Himalaya publishing house
- EIIS (2003). Report of the National Commission on Labour (2002-1991-1967), Economic Indian Informal Services

General Electives (GE)

1. Disability Studies

Objectives :

1. To provide an overview on disability and different approaches to the study of disability
2. To introduce the learner to the magnitude, causes and types of disability
3. To help the student understand the role of social workers in rehabilitation of Person With Disability (PWD)

Unit	Unit title	Content
1.	Introduction	<ul style="list-style-type: none">• Definition of disability.• PWD in Rehabilitation context.• Social Construction of Disability.<ol style="list-style-type: none">a. Attitudes, Stigma, Discrimination.b. Disabling and Enabling Environment.
2.	Different Approaches to Disability	<ul style="list-style-type: none">• Medical, legal, socio-political, human right, psychological, social model and other emerging models
3.	Magnitude, Causes and Types of Disability-I	<ul style="list-style-type: none">• Visual Impairment.• Hearing Impairment; Deaf blind.• Locomotor Disability.• Cerebral Palsy.• Multiple Sclerosis.• Intellectual disability/mental retardation
4.	Magnitude, Causes and Types of Disability-II	<ul style="list-style-type: none">• Learning disability.• Mental illness including psycho social disability.• Autism.• Disability due to burns and accidents
5.	Rehabilitation	<ul style="list-style-type: none">• Level of rehabilitation: Prevention, promotion, tertiary• Different areas of work: medical, education, psychological adjustment, vocation, employment.• Rehabilitation programmes such as art therapy, dance therapy, drama therapy, music therapy.

		<ul style="list-style-type: none"> • Role of Social Worker in rehabilitation of Person With Disability
6.	Inclusive policies	<ul style="list-style-type: none"> • Right to education and inclusive policy for disabled • Government policies programs, and schemes for the disabled

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Reading List

- Renu, A. (2012). Disability Studies in India: Global Discourses, Local Realities. Routledge
- Albrecht, G., Seelman, K., and Bury, M (ed) 2001, Handbook of Disability Studies, New Delhi: Sage Publication
- Karna, G. (2001). Disability Studies In India: Retrospect and Prospectus, New Delhi; Gyan Publishing House
- Oliver, M., and Sapey, B. (2006). Social Work with Disabled People, New York: Palgrave MacMillan

iii) **Basic counselling skills**

Course Objectives

- To develop an understanding of the key elements involved in the counseling process
- To develop an insight on the Different Skills of Counseling
- To develop an understanding of the role of other professionals in the field and the role of the social worker as a member of the interdisciplinary team.
- To develop attitudes that will enhance the intervention process

Unit	Unit title	Topics
1.	Definition and concept of counseling	<ul style="list-style-type: none"> • Understanding of ‘counseling’ – various definitions • Aim & goals of Counseling, • Qualities Of Counselor

2.	Principles and ethics in counseling	<ul style="list-style-type: none"> • Being trustworthy: honoring the trust placed in the practitioner (also referred to as fidelity) • Autonomy: respect for the client’s right to be self-governing • Beneficence: a commitment to promoting the client’s well-being • Non-maleficence: a commitment to avoiding harm to the client • Justice: the fair and impartial treatment of all clients and the provision of adequate services • Self-respect: fostering the practitioner’s self-knowledge and care for self
3.	Stages and process of counseling	<ul style="list-style-type: none"> • Preparation and client motivation • Diagnosis or Responding • Personalizing • Decision Making • Evaluation, Follow up and Termination
4.	Introduction to the different approaches to counseling	<ul style="list-style-type: none"> • Psycho Dynamic Approach • Relation Oriented Approach, • Cognitive Behavioral Approach , • Post Modern Approaches and Integrative Approach
5.	Techniques and tools and skills of a counselor	<p>Basic Communication Skills –</p> <ol style="list-style-type: none"> a. Acquainting Skills, b. Observing Skills c. Attending Skills d. Listening skills e. Questioning f. Responding skills g. Interpreting and Feedback h. Confrontation i. Personalizing j. Reframing k. Skills in evaluating l. Summarization <p>:</p>
6.	Counseling in different settings	<ul style="list-style-type: none"> • Counseling in Health Settings • Pediatric (Infancy/Child) Counseling • Adolescent Counseling • Geriatric Counseling • Crisis Intervention & Trauma Counseling Students would be made familiar with the concept of ‘trauma.’

		<ul style="list-style-type: none"> • Substance Abuse and Counseling • Rehabilitation Counseling • Feminist Approaches to Counseling • Career Guidance and Counseling
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Reading list

- Capuzzi, David & Douglas, R. Gross Counselling & Psychotherapy: Theories & Interventions.. Merrill Prentice Hall, Ohio, US (2003)
- Dave Mearns & Brian Thorne Person Centred Counselling in Action.. Sage Publication. N.Delhi (1988)
- Gerard Egan. - The Skilled Helper: Model, Skills & Methods for Effective Helping (2nd Ed.).
- Gibson, Robert L. & Mitchell, Marianne H.Introduction to Counselling & Guidance (6th Ed.) Prentice Hall of India Pvt. Ltd. N. Delhi. (2005)
- Gregory & Smelter. Psychiatry: Essentials of Clinical Practice. Ch. 4. Brooks/ Cole Publishing Co. California
- Humphrey, Geraldine M.& Zimpfer, David G.(2008) Counselling for Grief & Bereavement 2nd Ed. Sage Pub.N.Delhi
- Les Parrott III - Counseling & Psychology (2nd Ed.). Thomson Brooks/Cole. US, UK (2003) Patterson C.H. - Theories of Counselling & Psychotherapy.. Harper & Row Pub. N.York (1986)
- Robert Carson et al Abnormal Psychology & Modern Life. 10th Ed
- Samuel, T. Glading, Merrill - Counselling: A Comprehensive Profession (4th Ed.) an imprint of Prentice Hall, Ohio US (2000)
- Worden, William J. (2001) Grief Counselling & Grief Therapy: A Handbook for the Mental Health Practitioner. Third Ed. Routledge. London