

TYBA

Paper IX Project work on

PHILOSOPHY OF YOGA

SUGGESTED TOPICS FOR PROJECTS

1. Yoga Metaphysics
2. Yoga Epistemology
3. Yoga Ethics
4. Yoga Cosmology
5. Yoga Theology
6. Yoga and Psychology
7. Yoga and Health
8. Yoga and Education
9. Yoga and Gender
10. Yoga and Relation with Science
11. Yoga and Humanism
12. Yoga and Secularism
13. Traditional Philosophies of Yoga (eg, Patanjali)
14. Modern Philosophies of Yoga (eg. Vivekananda, Aurobindo, Jnaneshwar)
15. Yoga as Philosophy of Embodiment
16. Corporate Yoga

Projects can be in the form of

1. Description and Analysis of Texts
2. Field Work
3. Reports on practical sessions/ workshops/courses attended
4. Poster Presentations