



National Symposium

on

Issues and Challenges of Today's Youth: A Psychological Outlook

Organized by

Department of Applied Psychology and

Counselling Centre,

University of Mumbai,

On 17th and 18th December, 2018

Youth, as a stage, is marked by greater transition than other stages of development in anyone's life. Psychologists have looked at it as a stage of crisis to one of immense potentialities and dynamism. This is the period of life when youth are required to find answer to the question "Who am I?" so as to resolve ongoing crisis within themselves, and to lead to a relatively well-defined adulthood. Interestingly, youth have also

been a target of stereotypes and biases, viewed from the societal lens as rebellion to the normative or cultural ethos. This stage is characterized by the self as empowered or disembarked, from exploring one's varied identities, individuation into different trajectories of life and engagement in a private personal space to the sense of self-doubt, inferiority, to body image issues. This age group which is the springboard of energy and ideas, has also been marked with areas of concern such as educational and career related stress, issues in romantic relationships, addictions, risk taking behaviours, cyber abuse and social media addiction, depression etc. These concerns pose a threat to their optimal development, functioning and wellbeing. Working with young people who are struggling, vulnerable yet striving, trying and growing, demands focus on their emotional and adjustment issues which stem up in this process. The plethora of themes which evolve makes an interesting case for discourse and knowledge sharing. It's in this spirit, this National

Symposium plans to bring together psychologists who have been engaged with youth through research or otherwise in order to deliberate upon issues and challenges of today's youth, and to find out the ways in which their energy can be channelized to socially acceptable and creative possibilities.

Venue: *Pherozeshah Mehta Bhavan,
Auditorium, University of Mumbai, Kalina
Campus.*

Time: 9.00 am to 4.30 pm

Registration Fees

Delegates: Rs. 1000/-

Students: Rs. 500/-

(No accommodation will be provided for outstation delegates)

Last Date of Registration:

December 7th, 2018.

Process of Registration:

1. Students/Delegates can come and register directly in the Department of Applied Psychology, C.D. Deshmukh Bhavan, University of Mumbai, Vidyanagri, Santacruz (E), Mumbai- 400098. You are requested to carry the original copy of your filled in registration form. **Contact Person: Dr. Praful Pawar, Ph. No: 9423149236**

OR

2. Students/Delegates can also register through online process. By emailing their details requested in the registration form to: praful30@psychology.mu.ac.in
Students/Delegates who register online should use net banking to pay the registration fees

Bank Name: Allahabad Bank

Name of Account: - Finance and account officer, University of Mumbai

Bank Branch: Kalina

IFSC Code: ALLA0210186

Account No: 20059535315

Please note: Registration through email will not be complete if it does not have the transaction id and other details requested in the registration form.

Lunch on both the days and participation certificates would be provided to registered delegates and registered students.

Chairperson: Prof. Dr. Gautam Gawali

Conveners:

Dr. Umesh L. Bharte

Dr. Wilbur Gonsalves

Dr. Priscilla Paul

Organization Committee:-

Dr. Satishchandra Kumar Dr. Priscilla Paul

Dr. Vivek Belhekar Dr. Umesh L. Bharte

Dr. Wilbur Gonsalves Dr. Naresh Tambe

Dr. Praful Pawar Dr. Zillur Rehman



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Registration Form:

Name:

Mr./Ms./Dr. _____

Age: _____ **Gender:** _____

(M/F) _____

Designation: _____

Tel. No/ Mob. No.: _____

Email id: _____

Amount Paid: _____

Particulars of Net Banking (If applicable):

Transaction Id: _____

Bank Name: _____

Date: _____

Signature of Student/Delegate

Date: _____ **Place:** _____